
Care Of The Soul

Soul Therapy

Caring For the Most Important Part of You

Healing Guidance for Patients, Families and the People Who Care for Them

Care of Souls

The Moral Education of a Husband and a Doctor

A Practical Guide to Emotional and Spiritual Growth

Care of the Soul in Medicine

Soul Mates

A Guide to Creating a Personal Spirituality in a Secular World

Soul Care for Caregivers

The Soul's Religion

The Great Conversation

The Soul of Care

Care for the Soul

International Handbook of Holistic Education

The Soul Midwives' Handbook

Foundations for Soul Care

Dark Nights of the Soul

The Soul of Christmas

Revisioning Christian Nurture and Counsel

Soul Keeping

Journey of the Soul

Chicken Soup for the Soul: Making Me Time

101 Stories of Love, Sacrifice, and Bonding

Religion, Moral Philosophy and Madness in Early Modern England

Cultivating Life as an Act of Love

Care of the Soul, Twenty-fifth Anniversary Ed

The Re-enchantment of Everyday Life

Pastoral Care and Spiritual Direction

The Soul's Code

A Guide for Cultivating Depth and Sacredness in Everyday Life

On Care For the Soul

Nature and the Care of the Soul

Cultivating a Pastor's Heart

Chicken Soup for the Soul: Family Caregivers

Exploring the Intersection of Psychology Theology

Cultivating a Profoundly Spiritual Way of Life

The Dark Night of the Soul

Discovering Soul Care

Care of the Soul In Medicine

BELTRAN DOWNS

Soul Therapy Zondervan

This book explores the relationship between the practices of pastoral care and the practices of spiritual direction with the aim of enabling pastoral caregivers to draw upon the guiding principles, resources, and techniques of spiritual direction within the Christian tradition. With an emphasis on both "practice" and "presence", the book reclaims the tradition of "soul care" for the pastoral ministry, thereby complementing the medical, or crisis intervention, model of pastoral care with a wellness/growth model of pastoral care. Listening for the Soul: -- Challenges clergy to take seriously the relationship between pastoral care and spiritual direction.-- Integrates theological and psychological insights with issues of spiritual life and formation.-- Includes a chapter on the spiritual formation of children.-- Provides practical guidance for integrating spiritual direction with pastoral care.-- Tends to the pastoral caregivers own needs for spiritual deepening.-- Includes reflection, questions and case studies to enable the text to function on both the individual reader and classroom levels.

Caring For the Most Important Part of You Ballantine Books

On these two tapes Moore takes the listener through an actual lecture & workshop weekend on the soul conducted at The Open Center in New York, where he discusses his ideas on work, money, futility, creativity & answers questions from the audience
Healing Guidance for Patients, Families and the People Who Care for Them
 Harper Perennial

Care of the Soul, Twenty-fifth Anniversary
 EdA Guide for Cultivating

 Depth and Sacredness in Everyday Life
 Harper Perennial

Care of Souls InterVarsity Press

A moving memoir and an extraordinary love story that shows how an expert physician became a family caregiver and learned why care is so central to all our lives and yet is at risk in today's world. When Dr. Arthur Kleinman, an eminent Harvard psychiatrist and social anthropologist, began caring for his wife, Joan, after she was diagnosed with early-onset Alzheimer's disease, he found just how far the act of caregiving extended beyond the boundaries of medicine. In *The Soul of Care: The Moral Education of a Husband and a Doctor*, Kleinman delivers a deeply humane and inspiring story of his life in medicine and his marriage to Joan, and he describes the practical, emotional and moral aspects of caretaking. He also writes about the problems our society faces as medical technology advances and the cost of health care soars but caring for patients no longer seems important. Caregiving is long, hard, unglamorous work--at moments joyous, more often tedious, sometimes agonizing, but it is always rich in meaning. In the face of our current political indifference and the challenge to the health care system, he emphasizes how we must ask uncomfortable questions of ourselves, and of our doctors. To give care, to be "present" for someone who needs us, and to feel and show kindness are deep emotional and moral experiences, enactments of our core values. The practice of caregiving teaches us what is most important in life, and reveals the very heart of what it is to be human.
The Moral Education of a Husband and a Doctor Simon and Schuster
 Readers caring for an ailing family member will find support and

encouragement in these stories by others like them. *Chicken Soup for the Soul: Family Caregivers* will inspire and uplift family members who are making sacrifices to make sure their loved ones are well cared for. Do you have a family member who requires constant care? You are not alone. This collection offers support and encouragement in its 101 stories for family caregivers of all ages, including the “sandwich” generation caring for a family member while raising their children. With stories by those on the receiving end of the care too. These stories of love, sacrifice, and lessons will inspire and uplift family members making sacrifices to make sure their loved ones are well cared for, whether in their own homes or elsewhere.

A Practical Guide to Emotional and Spiritual Growth CreateSpace

Thomas Moore is the renowned author of *Care of the Soul*, the classic #1 New York Times bestseller. In *Ageless Soul*, Moore reveals a fresh, optimistic, and rewarding path toward aging, one that need not be feared, but rather embraced and cherished. In Moore’s view, aging is the process by which one becomes a more distinctive, complex, fulfilled, loving, and connected person. Using examples from his practice as a psychotherapist and teacher who lectures widely on the soul of medicine and spirituality, Moore argues for a new vision of aging: as a dramatic series of initiations, rather than a diminishing experience, one that each of us has the tools—experience, maturity, fulfillment—to live out. Subjects include: *Why melancholy is a natural part of aging, and how to accept it, rather than confuse it with depression *The vital role of the elder and mentor in the lives of younger people *The many paths of spiritual growth and learning that open

later in life *Sex and sensuality *Building new communities and leaving a legacy *Ageless Soul* will teach readers how to embrace the richness of experience and how to take life on, accept invitations to new vitality, and feel fulfilled as they get older.

Care of the Soul in Medicine Fortress Press

In *Care of the Soul*, Thomas Moore explored the importance of nurturing the soul and struck a chord nationwide—the book became a long-term bestseller, topping charts across the country. Building on that book’s wisdom, *Soul Mates* explores how relationships of all kinds enhance our lives and fulfill the needs of our souls. Moore emphasizes the difficulties that inevitably accompany many relationships and focuses on the need to work through these differences in order to experience the deep reward that comes with intimacy and unconfined love. “I devoured *Soul Mates* like some comfort food for the spirit. . . . Moore moves love off the fast track and into the realm of mystery and imagination where it belongs.”—*New Woman* “An eloquent, passionate, often mystical exploration of how we mere mortals might better understand ourselves and others in a society in which so much emphasis is placed on interpersonal dynamics and so little on introspection, care, grace, gratitude, and honor.”—*Detroit News* Soul Mates Harmony

This thought-provoking book explores the connections between health, ethics, and soul. It analyzes how and why the soul has been lost from scientific discourses, healthcare practices, and ethical discussions, presenting suggestions for change. Arguing that the dominant scientific worldview has eradicated talk about the soul and

presents an objective and technical approach to human life and its vulnerabilities, Ten Have and Pegoraro look to rediscover identity, humanity, and meaning in healthcare and bioethics. Taking a multidisciplinary approach, they investigate philosophical, scientific, historical, cultural, social, religious, economic, and environmental perspectives as they journey toward a new, global bioethics, emphasizing the role of the moral imagination. *Bioethics, Healthcare and the Soul* is an important read for students, researchers, and practitioners interested in bioethics and person-centred healthcare.

A Guide to Creating a Personal Spirituality in a Secular World Spring Publications

Few experiences stir the emotions and throw a person into crisis as illness does. It affects not only the body but also the spirit and soul. Illness is about life and death, fear and hope, love and conflict, spirit and body. And yet, the healthcare system is not structured around these considerations - our doctors and other medical professionals are not trained to deal with the whole person. *Care of the Soul In Medicine* is Moore's manifesto about the future of healthcare. In this new vision of care, Moore speaks to the importance of healing a person rather than simply treating a body. He gives advice to both healthcare providers and patients for maintaining dignity and humanity. He provides spiritual guidance for dealing with feelings of mortality and threat, encouraging patients to not only take an active part in healing but also to view illness as a positive passage to new awareness. While we don't fully understand the extent to which healing depends on attitude, it has been shown that healing needs to focus on more than the body. The future of medicine is not

only in new technical developments and research discoveries, it is also in appreciating the state of soul and spirit in illness. *Care of the Soul In Medicine* is the perfect guide to this powerful holistic approach.

Soul Care for Caregivers Harper Collins

This book furthers our understanding of the issue of melancholy in early modern culture by examining the extensive discussions of melancholy in seventeenth- and eighteenth- century religious and moral philosophical publications, many of which have receive

The Soul's Religion Routledge

HOW HAD MRS. OLINSKI CHOSEN her sixth-grade Academic Bowl team? She had a number of answers. But were any of them true? How had she really chosen Noah and Nadia and Ethan and Julian? And why did they make such a good team? It was a surprise to a lot of people when Mrs. Olinski's team won the sixth-grade Academic Bowl contest at Epiphany Middle School. It was an even bigger surprise when they beat the seventh grade and the eighth grade, too. And when they went on to even greater victories, everyone began to ask: How did it happen? It happened at least partly because Noah had been the best man (quite by accident) at the wedding of Ethan's grandmother and Nadia's grandfather. It happened because Nadia discovered that she could not let a lot of baby turtles die. It happened when Ethan could not let Julian face disaster alone. And it happened because Julian valued something important in himself and saw in the other three something he also valued. Mrs. Olinski, returning to teaching after having been injured in an automobile accident, found that her Academic Bowl team became her answer to finding confidence and success. What

she did not know, at least at first, was that her team knew more than she did the answer to why they had been chosen. This is a tale about a team, a class, a school, a series of contests and, set in the midst of this, four jewel-like short stories -- one for each of the team members -- that ask questions and demonstrate surprising answers.

The Great Conversation Revell

A job is never just a job. It is always connected to a deep and invisible process of finding meaning in life through work. In Thomas Moore's groundbreaking book *Care of the Soul*, he wrote of "the great malady of the twentieth century...the loss of soul." That bestselling work taught readers ways to cultivate depth, genuineness, and soulfulness in their everyday lives, and became a beloved classic. Now, in *A Life's Work*, Moore turns to an aspect of our lives that looms large in our self-regard, an aspect by which we may even define ourselves—our work. The workplace, Moore knows, is a laboratory where matters of soul are worked out. *A Life's Work* is about finding the right job, yes, and it is also about uncovering and becoming the person you were meant to be. Moore reveals the quest to find a life's work in all its depth and mystery. All jobs, large and small, long-term and temporary, he writes, contribute to your life's work. A particular job may be important because of the emotional rewards it offers or for the money. But beneath the surface, your labors are shaping your destiny for better or worse. If you ignore the deeper issues, you may not know the nature of your calling, and if you don't do work that connects with your deep soul, you may always be dissatisfied, not only in your choice of work but in all other areas of life. Moore explores the often difficult process—the

obstacles, blocks, and hardships of our own making—that we go through on our way to discovering our purpose, and reveals the joy that is our reward. He teaches us patience, models the necessary powers of reflection, and gives us the courage to keep going. *A Life's Work* is a beautiful rumination, realistic and poignant, and a comforting and exhilarating guide to one of life's biggest dilemmas and one of its greatest opportunities.

The Soul of Care Oxford University Press, USA

A highly original approach from best selling author Thomas Moore, restoring sex to its rightful place in the human psyche as an experience of the soul. In *The Soul of Sex*, Thomas Moore at last restores sex to its rightful place in the human psyche. Describing sex as an experience of the soul, Thomas Moore here brings out the fully human side of sex – the roles of fantasy, desire, meaning, and morality – and draws on religion, mythology art, literature, and film to show how sex is one of the most profound mysteries of life. While finding spirituality inherent in sex, Moore also explores how spiritual values can sometimes wound our sexuality. Blending rather than opposing spirituality and sexuality, *The Soul of Sex* offers a fresh, livable way of becoming more deeply sexual and loving in all areas of life.

Care for the Soul InterVarsity Press

With his trademark blend of storytelling, faith and psychological insight, New York Times bestselling author Thomas Moore turns his attention to the most enduring story of them all: the birth of Christ in Bethlehem. Moore uses passages from the Gospels, archetypal stories and ancient myths to explore the idea that Christmas can only be fully understood

as belonging to everyone as a plan for the entire human race. This may be the most profound reflection on the meaning of Christmas in a generation."

International Handbook of Holistic Education HarperCollins

Starting from the premise that we can no longer afford to live in a disenchanted world, Moore shows that a profound, enchanted engagement with life is not a childish thing to be put away with adulthood, but a necessity for one's personal and collective survival. With his lens focused on specific aspects of daily life such as clothing, food, furniture, architecture, ecology, language, and politics, Moore describes the renaissance these can undergo when there is a genuine engagement with beauty, craft, nature, and art in both private and public life. Millions of readers who found comfort and substance in Moore's previous bestsellers will discover in this book ways to restore the heart and soul of work, home, and creative endeavors through a radical, fresh return to ancient ways of living the soulful life.

The Soul Midwives' Handbook Harper Collins

#1 New York Times Bestseller With a new introduction by the author and additional material, this 25th anniversary edition of the #1 New York Times bestseller by Thomas Moore provides a powerful spiritual message for our troubled times. In this special 25th anniversary edition of Thomas Moore's bestselling book *Care of the Soul* readers are presented with a revolutionary approach to thinking about daily life—everyday activities, events, problems and creative opportunities—and a therapeutic lifestyle is proposed that focuses on looking more deeply into emotional problems and learning how to sense

sacredness in even ordinary things.

Basing his writing on the ancient model of "care of the soul"—which provided a religious context for viewing the everyday events of life—Moore brings "care of the soul" into the 21st century. Promising to deepen and broaden the reader's perspective on his or her own life experiences, Moore draws on his own life as a therapist practicing "care of the soul," as well as his studies of the world's religions and his work in music and art, to create this inspirational guide that examines the connections between spirituality and the problems of individuals and society.

Foundations for Soul Care SUNY Press

In Soul Care for Caregivers: How to Help Yourself While Helping Others, author and psychology professor Susanne West provides a guide and toolkit for family and professional caregivers that includes practical suggestions, creative processes, action steps, and inspiration to help you care for your mind, body, and soul while caring for others. *Soul Care for Caregivers* explores topics such as: *How to manage the challenges and stressors of caregiving* *How to prevent burnout and "compassion fatigue"* *Why healthy boundaries are important and how to set and maintain them* *How to identify the "soul gifts" of caregiving* *Why creative expression is good medicine for caregivers* *How to access intuition to assist you in caregiving* *Resources for information and support* *Insights from four family and four professional caregivers* *Anecdotes from the author's caregiving experiences* "To keep caring for others, we must replenish ourselves; otherwise, we start running on empty. In the warm and wise voice of someone who has been there herself, Susanne West offers many effective ways to take

care of yourself from the inside out. Her book – full of her own qualities of deep kindness and practical wisdom – is a gift from the heart both to caregivers and to those they help and love.” Rick Hanson, Ph.D., author of *Buddha's Brain: The Practical Neuroscience of Happiness, Love, and Wisdom*.

Dark Nights of the Soul Ashgate Publishing, Ltd.

The soul is NOT "a theological and abstract subject." The soul is the coolest, eeriest, most mysterious, evocative, crucial, sacred, eternal, life-directing, fragile, indestructible, controversial, expensive dimension of your existence. Jesus said it's worth more than the world. You'd be an idiot not to prize it above all else. Shouldn't you get pretty clear on exactly what it is? Shouldn't you know what it runs on? Wouldn't it be worth knowing how to care for it? Two things are for sure. One is: you have a soul. The other is: if you don't look after this one you won't be issued a replacement. Bestselling author John Ortberg writes another classic that will help readers discover their soul and take their relationship with God to the next level.

[The Soul of Christmas](#) Harper Collins
The New York Times bestselling author and trusted spiritual adviser offers a follow-up to his classic *Care of the Soul*. Something essential is missing from modern life. Many who've turned away from religious institutions—and others who have lived wholly without religion—hunger for more than what contemporary secular life has to offer but are reluctant to follow organized religion's strict and often inflexible path to spirituality. In *A Religion of One's Own*, bestselling author and former

monk Thomas Moore explores the myriad possibilities of creating a personal spiritual style, either inside or outside formal religion. Two decades ago, Moore's *Care of the Soul* touched a chord with millions of readers yearning to integrate spirituality into their everyday lives. In *A Religion of One's Own*, Moore expands on the topics he first explored shortly after leaving the monastery. He recounts the benefits of contemplative living that he learned during his twelve years as a monk but also the more original and imaginative spirituality that he later developed and embraced in his secular life. Here, he shares stories of others who are creating their own path: a former football player now on a spiritual quest with the Pueblo Indians, a friend who makes a meditative practice of floral arrangements, and a well-known classical pianist whose audiences sometimes describe having a mystical experience while listening to her performances. Moore weaves their experiences with the wisdom of philosophers, writers, and artists who have rejected materialism and infused their secular lives with transcendence. At a time when so many feel disillusioned with or detached from organized religion yet long for a way to move beyond an exclusively materialistic, rational lifestyle, *A Religion of One's Own* points the way to creating an amplified inner life and a world of greater purpose, meaning, and reflection.

[Revisioning Christian Nurture and Counsel](#) Penguin

Soul Care explores seven principles that can lead to lasting transformation and freedom for all who struggle with a broken, damaged, and sin-stained soul.

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