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SANTIAGO HUDSON

Energetics in Acupuncture Element
Books, Limited

During the recent times, there occurred a tremendous phenomenon in the field of Science. It is the growing awareness of the importance of Oriental Medicine, notably the so called acupuncture, in America, Europe and countries all over the world. Acupuncture, as a field of medicine, poses a fundamental problem. It embraces a lot of complexities which must first have a

through knowledge of meridians and acupuncture points. Moreover, there is a need for them to have a complete understanding of all the acupuncture parts in the human body. These can not be acquired, however, in just a day's time. Like any other field of specialization, it demands a continuous practice of learning and relearning. In this connection, I am publishing a book which will serve as a guide for medical students and doctors pursuing further studies in acupuncture. The entitle "Acupuncture Meridiana and Acupuncture Points" possesses distinct characteristics for easy reading and understanding.

"Acupuncture Meridians and Acupuncture Points" indicates the exact position of these points. They are located in various parts of the human body; namely, bone surfaces, muscles, blood vessels and nerves. To aid readers in understanding better these points, the authors intentionally uses meridian classification, point's names and symptoms Korean and Chinese characters are also used for more depth. The findings presented in this study, however, should not be deemed by readers as conclusive and absolute. Likely and study, it assumes fallibility. In consonance to this, the author seek your

advice by writing to them so that a revision may be undertaken. The author, I present any contribution it can be given to the people of today will be my honor and pressure. I like to express my thanks to wife JiHye, daughter Sandy, son Alex, and all family folks for helps and support.

Report of a WHO Scientific Group

International Veterinary Acupuncture

This book contains detailed digital images of the 12 primary meridians, the 2 major energy vessels, and the 6 minor energy vessels. It also contains detailed information about the 360+ acupuncture points found in these meridians. The Acupuncture Points Guide is published by SmarterHealing.com. You can visit our website to view the complete acupuncture points guide online before you buy. Also check out our acupressure points guide.

135 Important Acupuncture Points

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This unique atlas provides the acupuncturist with an easily accessible reference to acupuncture points and meridians in relation to surface anatomy.

A Standard Terminology for the Meridians and Meridian Points of

Acupuncture World Health Organization
Most of us have heard of acupuncture, but the truth of the matter is that for many of us, that's as far as our knowledge of acupuncture goes. We know it involves sticking needles into our body to help relieve pain. But the very idea of needles probably sounds painful. However, this is not really the case. Acupuncture is a branch of traditional Chinese medicine. This framework of medical practice begins with the belief that our body is a balance of two opposite yet inseparable forces – the yin and yang. By the same line of thinking, this applies to the entire universe. Yin represents forces such as the cold, the slow and other passive forces, whilst Yang represents heat, excitement and other active forces. It is a combination of these forces and the balance between them that determines our mental and physical well-being. Another cornerstone of traditional Chinese medicine is the concept of 'chi' (pronounced chee). Chi is the life force of the universe. In the body, it is the 'chi' that creates and animates life. We are all born with a certain amount of chi and continually acquire it throughout our lives through food, air,

water and sunlight. Chi is believed to move through our body in channels called meridians. The quantity and quality of chi in our body depends on the state of our mental and physical balance (as represented by the yin and yang). In fact, imbalances of the yin and yang in the body block the channels through which chi travels in our body. There are twelve main meridians (channels through which chi – our vital energy – can travel) in our body, eight minor meridians and over 2000 acupuncture points or acupoints which connect these meridians. The practice of acupuncture unblocks these chi pathways, thus ensuring the constant and free flow of energy through our body for mental and physical wellbeing. Oriental medicine has some basic principles but they are not set in stone. Acupuncture and traditional Chinese medicine at large are tailored and modified to suit each patient. Furthermore there are many different schools of thought. Traditional Chinese medicine is a complete healthcare system that is capable of providing both specialized and primary healthcare. It also gives us guidelines on how to prevent illnesses. The bulk of traditional Chinese medicine's

roots lie in Taoism. Taoism is both a religion and a philosophy of life. The main focus of Taoism is the natural laws of the universe and our relationship to the universe. Some of the basic principles of Taoism are listed below. They must be understood in terms of their applications to health and healing:

- Basic laws of nature govern the universe. We are a part of this universe and we must exist within that framework and abide by these laws.
- In its natural order, the universe is perfectly harmonious and perfectly organized. If humans live according to the laws of the universe, they will also be in harmony.
- Change is the only constant. Our universe is dynamic. If we do not change ourselves in line with the universe, disharmony will prevail. It is this disharmony that will cause sickness or illness of the mind and body.
- All life is interconnected and interdependent. To ensure overall well being we need to consider the whole before the parts. When curing an illness or sickness we must adopt a systems approach, that is, look at the body as a whole rather than as parts.
- We are a part of the universe. We are not independent of our universe. In fact, we

have an intimate connection with our environment and universe. Therefore, our spiritual, mental and physical health is affected by our environment and external factors. The word 'acupuncture' literally means 'pricking with a needle.' Acupuncture points are, in fact, the focus of acupuncture treatments. Therefore, acupuncture involves the insertion and manipulation of needles into acupuncture points on the body for restoring health and well being. Acupuncture originated in China more than 2000 years ago – making it one of the oldest and most commonly practiced medical procedures in the world. Research into acupuncture is still ongoing and practices and theories are being constantly updated. In essence, acupuncture is aimed at promoting well being and alleviating pain. The method may seem alien to many of us but it has been practiced in China and beyond for thousands of years and continues to be validated by scientists even today. Acupuncture is now practiced the world over to benefit of people of all races, ages and ailments.

Beyond Points and Meridians Paradigm

Publications

A straightforward learning resource, covering the different acupuncture points in the body and their functions. Perfect for visual learners, it shows the primary meridians, extraordinary meridians and known extra points, in an easy to understand format with blank charts for students to make their own notes.

The Acupuncture Points Functions Charts and Workbook Singing Dragon

Point location book written in easy to understand terms, for the layperson.

[Acupuncture Points Guide](#) BoD – Books on Demand

Acupuncture points are the places where acupuncture needle is applied for the treatment of diseases. Acupuncture point locations are related to Qi and Blood flowing and this energy system defined pathway from internal organs and meridians converges and disperses.

Stimulation through acupuncture points can correct imbalance and blockages in the flow of energy for restoring health.

This book tells you about the name and location of acupuncture points and shows you easily understandable explanation for finding the acupuncture point. This book is

for Acupuncture students and practitioners.

WHO Standard Acupuncture Point Locations in the Western Pacific Region AuthorHouse

Many books are available about Acupuncture treatment. This “8 Extraordinary Meridians a Practical Approach” is entirely different. In this book the author has explained, with limited acupuncture points, how we can cure all diseases within short period by this treatment. This book is best guide to Students studying Acupuncture and Acupuncture Doctors for effective treatment.

Meridians and Acupoints Elsevier Health Sciences

A practical manual describing the principles and practice of modern medical acupuncture. This book frees the practitioner from dependence on rule of thumb and builds on existing clinical knowledge. Demystifying the needling process, this book demonstrates quick but effective treatment of those disorders for which acupuncture is suitable. * Demystifies the needling process * Demonstrates quick and effective

treatment * Builds on existing clinical knowledge

Atlas of Acupuncture Springer Science & Business Media

New title by the author of *Cosmetic Acupuncture!* Energetics is an area of growing interest and importance in acupuncture. Acupuncture treatment aims to correct the imbalance of energy, or qi; energetics is a method of diagnosing which aspects of qi are out of balance. Energetics in Acupuncture provides a straightforward diagnostic method of identifying which aspects of the qi are out of balance and therefore what acupuncture treatment is required. One symptom can be caused by many different imbalances of organs and it is essential for the therapist to correctly diagnose the problem before commencing treatment. Once the correct diagnosis is made, the relevant points can be treated with appropriate techniques. The book takes a logical approach to diagnosis and provides relevant lines of questioning and reasoning. FEATURES *Treatments are described for over 80 different diseases. *Innovative visual ‘towers’ show clearly what an energy imbalance looks like *

Case studies illustrate imbalanced states.

Finding Effective Acupuncture Points CreateSpace

Acupuncture therapy with single point is a strategy of killing two birds with one stone. Needling a meridian meeting point is to needle one point to treat two meridians. When the cause involves two or more internal organs, it may be treated by the meeting points of meridians. The eight meeting points between extraordinary meridians and twelve master meridians refer to the points at which energy of the eight extraordinary meridians meet with that of the twelve master meridians. Needling at such meeting points is capable of producing a double effect of the twelve master meridians and the eight extraordinary meridians. Chinese acupuncture was originated in Yellow Emperor's Classics in which 66 diseases were treated by single point. In the first acupuncture classic entitled, *First Classic Of Acupuncture And Moxibustion* published in 282, a total of over 800 diseases were listed for acupuncture treatment among which 728 diseases were treated by single points. It was not until the publication of *Living Classic Of Acupuncture And*

Moxibustion in 1220 that acupuncture therapy with multiple points became popular. The first national Chinese conference on acupuncture therapy with single point was held in 1989, with 81 representatives attending and 151 theses presented at the conference; followed by the second conference in 1991, and the third conference in 1992. There are a few characteristics of this type of acupuncture therapy. First of all, it puts emphasis on syndromes differentiation. Take headache as an example, headache in the forehead should be treated by Li4, headache on one side of the head should be treated by Lu7. In the second place, different methods of treatment should be applied, depending on the nature of diseases, such as needling, moxibustion, point injection, and cupping etc. In the third place, different treatment strategies should be applied to deal with different syndromes of diseases, such as toning up deficiency and sedating excess, sedating the child and toning up the mother.

8 Extraordinary Meridians Prof. Dr. P. Sivagnanam, ATAMA Publications
Some acupuncture points on the fourteen major meridians have their unique

functions; they are singled out to be named "Specifically Designated Points." A total of 224 specifically designated points are mentioned in this book. 1. The five command points are closest to the tips of the four extremities. 2. The source points are the points where the original energy passes through or comes to a stop. 3. The fifteen Linking points are the points that link together the superficial and deep regions. 4. The Back points are the points on the back at which the energy streams of the viscera, the bowels, and the meridians enter into the posterior region of the body. 5. The Front points refer to the points in the thoracic and abdominal regions where the energy of meridians and that of the viscera and bowels gather together. 6. The sixteen Cleft points are the fissures where the energy of meridians turns and gathers together. 7. The eight Meeting points are the points where the energy of two meridians meet together because those two meridians come across each other somewhere in the trunk and other regions. 8. The eight focus points refer to the focus points of viscera, bowels, energy, blood, the focus point of tendons, blood vessels, bones, and marrow. 9.

There are approximately 102 meeting points of meridians.

Butterworth-Heinemann

Previously only available as part of Stux' Acupuncture - Textbook and Atlas, the selector is now available in a package together with three new posters which depict the most important acupuncture points topographically. Photographs of the human skin were deliberately not used, as they do not allow the structures directly beneath the surface to be portrayed. To ensure a clear and exact representation, the bones have been drawn in the background. The selector presents the various categories of acupuncture points in tabular form, enabling the user to recognize the most important points of a meridian at a glance. An indispensable aid for every acupuncturist.

Meridians and Stable Water Clusters

Author House

The author, one of the masters of the meridian therapy movement in Japan, has selected 160 of his favorite points. He describes how to use palpation to find the points and determine whether they are 'active.' He then identifies the particular conditions for which each point is best

suited.

361 Classical Acupuncture Points, The: Names, Functions, Descriptions And Locations Butterworth-Heinemann Medical

A practical manual describing the principles and practice of modern medical acupuncture. This book frees the practitioner from dependence on rule of thumb and builds on existing clinical knowledge. Demystifying the needling process, this book demonstrates quick but effective treatment of those disorders for which acupuncture is suitable. *

Demystifies the needling process *

Demonstrates quick and effective treatment * Builds on existing clinical knowledge

Acupuncture Points in English Pacific View Press

Acupuncture has been practiced for more than 2500 years in the Western Pacific region and has become a global therapeutic method in recent decades.

However, it was reported that acupuncturists differed by up to 25% in the acupuncture points they used, raising doubts and uncertainty regarding the efficacy and safety of acupuncture treatment, as well as causing difficulties in

the fields of acupuncture research and education. Member States therefore increasingly began to demand standardization in acupuncture point locations. Responding to this request, the WHO Western Pacific Regional Office initiated a project to reach consensus on acupuncture point locations and thus convened 11 serial meetings resulting in these guidelines. This Standard acupuncture point locations in the Western Pacific Region stipulates the methodology for locating acupuncture points on the surface of the human body, as well as the locations of 361 acupuncture points. The Standard is applicable for teaching, research, clinical service, publication, and academic exchanges involving acupuncture.

Acupuncture in Practice Springer Science & Business Media

In this book for effective treatment, selected Important Acupuncture points are noted. Each point is identified with picture, location, indication and the respective needling pattern. This book has a detailed note on all important acupuncture points. This book will act as a guide to Acupuncture Students, and to

Acupuncture Doctors for effective and efficient treatment.

Standard Symbols of Meridians and Acupuncture Points Createspace Independent Publishing Platform
Proceedings from the first International Symposium on Primo Vascular System 2010 (ISPS 2010) with special topics on cancer and regeneration was held in Jecheon, Korea during September 17-18, 2010. Includes coverage of new study results that have better revealed the functional aspects of PVS, including its roles in the areas of regenerative medicine and cancer.

Meridians and Points Shandong Science & Technology Pub

A Handbook containing illustrations of all the main and secondary acupuncture meridians and accurate descriptions of the location of all the acupuncture points. *Acupuncture For Cynics* World Scientific
With thousands of years history and your own experience in using or benefiting from meridian-based medical practices, you may not feel that you need physical proof of the existence of meridian lines and points. However, it is the lack of visual proof that has kept the Western health

community, including the insurance companies, from fully accepting the practices of the East like acupuncture and acupressure. Those who understand meridian theory know that it is not just the ability to help heal that is important in Eastern practice, but the focus on health

maintenance through maintaining the flow of energy throughout the body. There are many people trying to establish the proof of meridian theory and this book contributes to this goal by presenting a sample of the work of Dr. Shui Yin Lo, who

uses infrared photography in his research and has discovered its ability to reveal easily the 14 major meridians in Eastern meridian theory. We all know that we need a more efficient and cost effect approach to medical care and this book will provide a major steppingstone towards that goal.

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