
Bodies Under Siege Self Mutilation In Culture And Psychiatry

Self-Harm in New Woman Writing

Bodies Under Siege

A History of Self-Harm in Britain

Self-Injurious Behaviors

Self-Harm

When the Body Is the Target

A Psychosocial Understanding of Self-injury and
Trauma

Bodies Under Siege

Cutting it Out

Assessment and Treatment of Non-Suicidal Self-
Injury

Healing Self-Injury

A Bright Red Scream

Self-Injury in Youth

Helping Children and Young People who Self-
harm

Women Living With Self-Injury

Female Body Image in Contemporary Art

Cutting: Understanding and Overcoming Self-
Mutilation

Identifying, Assessing, and Treating Self-Injury at

School
Cutting and Self-Harm, Second Edition
The Aesthetics of Self-Harm
Bodies under Siege
Teen Self-Injury
Communicating With, About, and Through Self-Harm
Self-Injury
Managing Self-Harm
The Tender Cut
Cutting and Self-Harm
Self-Harm Behavior and Eating Disorders
Adolescent Self-Injury
Part-Time Perverts: Sex, Pop Culture, and Kink Management
Understanding Nonsuicidal Self-injury
Parents Under Siege
Responses to Self Harm
Exploring Ethnographic and Non-Ethnographic Approaches of Suicide and Self-Harm
The Oxford Handbook of Suicide and Self-injury
Nonsuicidal Self-Injury
Self-Injury
Psyche on the Skin
Self-Injury, Medicine and Society

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Self-Harm in New Woman Writing
American

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Offers advice
and strategies
for successful
and effective
parenting,
from building
character,
confidence,
and trust to
establishing
authority.

**A History of
Self-Harm in
Britain**

Lexington
Books
Nonsuicidal
self-injury
(NSSI) among
young
people—most
notably in the
form of
forearm- or
wrist-
cutting—occur
s across
cultural
groups, social

strata, and
developmenta
l stages,
puzzling and
repelling
adults. Youth
engaging in
NSSI
behaviors are
at a higher
risk for
suicidality as
well as other
mental health
and academic
problems. And
because NSSI
is often first
noticed in the
school setting
(as is the case
with many
children’s
disorders),
school
professionals
are being
encouraged to
take a more
proactive role
in
intervention.

The first book
specifically
geared toward
education
personnel,
Identifying,
Assessing, and
Treating Self-
Injury at
School clearly
defines NSSI,
differentiating
it from
suicidal,
borderline,
and other
behaviors and
analyzing the
psychological
contexts in
which it
occurs. This
school-based
perspective
gives readers
a practical
framework for
earlier, more
accurate
diagnosis;
relevant
consulting

with parents, teachers, and colleagues; and effective, science-based treatment. Included in the coverage: an overview of causes of self-injury, current findings on prevalence and associated conditions, early screening guidelines, including risk factors and warning signs, the latest information on assessment issues and diagnostic methods, a separate chapter on psychoeducational

assessment and up-to-date research on interventions for NSSI. Identifying, Assessing, and Treating Self-Injury at School offers a solid foundation for school psychologists and allied educational professionals to understand students with NSSI and address their complex needs. *Self-Injurious Behaviors* ABC-CLIO This edited volume features evidence-based reviews

and practical approaches for the professional in the hospital, clinic, community and school, with case examples throughout. Divided into five major sections, the book offers background historical and cultural information, discussion of self-injury etiology, assessment and intervention/prevention issues, and relevant resources for those working with youths who self-

injure.
Self-Harm
Springer
Science &
Business
Media
Self-harm is
worryingly
common in
young women,
and is often
used as a way
of easing
emotional
suffering. Self-
Harm: A
Psychotherape
utic Approach
explores the
issues
involved from
the
perspective of
a
psychoanalyti
cal
psychotherapi
st. Fiona
Gardner
examines
these issues
through

extensive
clinical
material and
an analysis of
the social and
cultural
influences
behind self-
harm. This
book will be of
interest to all
those working
with those
who are
harming
themselves,
including
psychotherapi
sts, school
counsellors,
social workers
and mental
health
clinicians.
**When the
Body Is the
Target**
Routledge
Subtle scars
disappearing
up a shirt
sleeve,

unexplained
bruises, burn
marks. As
many as one
out of every
four young
people
engage in
non-suicidal
self-injury,
defined as the
deliberate
destruction of
body tissue
without
suicidal intent.
Parents who
uncover this
alarming
behavior are
gripped by
uncertainty
and flooded
with
questions--
why is my
child doing
this? Is this a
suicide
attempt?
What did I do
wrong? What

can I do to stop it? And yet basic educational resources for parents with self-injuring children are sorely lacking. *Healing Self-Injury* provides desperately-needed guidance to parents and others who love a young person struggling with self-injury. First and foremost, adolescent psychologists Janis Whitlock and Elizabeth Lloyd-Richardson believe that parents must appreciate

how important their role is in their child's recovery; there is a lot that parents can do to support their self-injuring children. This book offers strategies for identifying and alleviating sources of distress in children's lives, improving family communication (particularly around emotions), and seeking professional help. Importantly, it also provides compassionate advice to parents with

personal challenges of their own, explaining how these can impact the entire family. The book will help parents partner with their children to identify, build, and use skills that will assist them in recovering from self-injury. Vivid anecdotes drawn from the authors' extensive in-depth interviews with real families in recovery from self-injury put a human face on what for many families is a

distressing and often isolating experience. Healing Self-Injury is a must-have for parents who want to assist in their child's recovery, as well as for anyone who lives with, works with, or cares about self-injuring youth and their families. [A Psychosocial Understanding of Self-injury and Trauma](#) Penguin
This book is open access under a CC BY license and charts the rise and fall of various self-harming

behaviours in twentieth-century Britain. It puts self-cutting and overdosing into historical perspective, linking them to the huge changes that occur in mental and physical healthcare, social work and wider politics. **Bodies Under Siege** Hogrefe Publishing
Self harm is generally regarded as a modern epidemic, especially with young women. But references

to self harm are found in the poetry of ancient Rome, the drama of ancient Greece and early Christian texts, including the Bible. Studied by criminologists, doctors, nurses, psychologists, psychiatrists and sociologists, the actions of those who harm themselves are often alienating and bewildering. This book provides a historical and conceptual roadmap for understanding

self harm across a range of times and places: in modern high schools and in modern warfare; in traditional religious practices and in avant-garde performance art. Describing the diversity of self harm as well as responses to it, this book challenges the understanding of it as a single behavior associated with a specific age group, gender or cultural identity.

Cutting it Out Jason

Aronson, Incorporated
It's a troubling phenomenon that many of us think of as a modern psychological epidemic, a symptom of extreme emotional turmoil in young people, especially young women: cutting and self-harm. But few of us know that it was 150 years ago—with the introduction of institutional asylum psychiatry—that self-mutilation was first described as a category of behavior, which

psychiatrists, and later psychologists and social workers, attempted to understand. With care and focus, *Psyche on the Skin* tells the secret but necessary history of self-harm from the 1860s to the present, showing just how deeply entrenched this practice is in human culture. Sarah Chaney looks at many different kinds of self-injurious acts, including sexual self-mutilation and hysterical

malingering in the late Victorian period, self-marking religious sects, and self-mutilation and self-destruction in art, music, and popular culture. As she shows, while self-harm is a widespread phenomenon found in many different contexts, it doesn't necessarily have any kind of universal meaning—it always has to be understood within the historical and cultural context that surrounds it.

Bravely sharing her own personal experiences with self-harm and placing them within its wider history, Chaney offers a sensitive but engaging account—supported with powerful images—that challenges the misconceptions and controversies that surround this often misunderstood phenomenon. The result is crucial reading for therapists and other professionals in the field, as

well as those affected by this emotive, challenging act. *Assessment and Treatment of Non-Suicidal Self-Injury* BRILL Non-suicidal self-injury (NSSI) is the deliberate harming of one's body without suicidal intent. NSSI tends to be secretive, often involving cutting, bruising, or burning on hidden parts of the body. While NSSI often occurs among adolescents, it

is not limited to that age group. Communication and NSSI intersect in many ways, including conversation among family members, consultation with healthcare providers, representation in the media, discourse among people who self-injure, and even communication with oneself. Each chapter in *Communicating With, About, and Through Self-Harm: Scarred Discourse*

addresses a different context of communication crucial to our understanding of NSSI. An international group of clinicians and communication specialists describe, analyze, and explain how NSSI is communicated about, what NSSI is communicating, and how can we do a better job in communicating with others about NSSI. This book's fundamental purpose is to empower individuals

who self-injure as well as their families, friends, healthcare providers, and communities to better understand and deal with NSSI and the pressures that cause it. *Healing Self-Injury* Springer
The number of eating disorders patients presenting with symptoms of self-harm is growing quickly, and yet there is surprisingly little known about this unique population. *Self-Harm*

Behavior and Eating Disorders explores the prevalent but largely uncharted relationship between self-injury behaviors and eating disorders symptoms. In the first major book to focus on this area, a renowned group of international scholars and practitioners addresses the subject from a variety of theoretical and practical perspectives. The book is categorized into sections covering

epidemiology, psychodynamics, assessment, and a final section covering potential treatment options, including dialectical behavioral therapy, cognitive therapy, interventions strategies, group therapy, and pharmacological approaches. This unrivaled collection of case studies, theoretical exploration, and practical application forms a benchmark for the field, and

offers a stepping-stone for new research and innovative treatment strategies. In an area with little available information, previously spread out among diffuse sources, this volume represents the state-of-the-field resource for anyone working with complex eating disorders patients.

A Bright Red Scream

Jessica Kingsley Publishers
This book is a key resource for any

student or practitioner in the helping professions who wishes to develop a holistic understanding of self-injury. Debunking common myths and stereotypes, Long uses an interdisciplinary approach to help readers understand the people behind the symptoms. The impact of interpersonal, societal, and intergenerational trauma is considered in depth, as are the key practical implications for research,

policy and practice this understanding of self-injury brings. Though primarily aimed at Counselling and Psychotherapy students, Long considers the challenging processes of help-seeking more broadly, providing useful strategies for responding to self-injury disclosures for practitioners in a range of roles where counselling skills are used, including those in Social Work, Youth

Work, Teaching and Nursing. Maggie Long is a lecturer at Ulster University, Ireland. Her work is cross-border and interdisciplinary, drawing on her background in both sociology and counselling.

Self-Injury in Youth
Reaktion Books
This book looks at the causes of why teens turn to self-injury and the different ways that young adults resort to this harmful form of expression.

The book also offers advice for family and friends on what signs to look for when they suspect someone is injuring themselves. Helping Children and Young People who Self-harm Oxford Library of Psychology Cutting, burning, branding, and bone-breaking are all types of self-injury, or the deliberate, non-suicidal destruction of one's own body tissue, a practice that emerged from obscurity in the 1990s and

spread dramatically as a typical behavior among adolescents. Long considered a suicidal gesture, The Tender Cut argues instead that self-injury is often a coping mechanism, a form of teenage angst, an expression of group membership, and a type of rebellion, converting unbearable emotional pain into manageable physical pain. Based on the largest,

qualitative, non-clinical population of self-injurers ever gathered, noted ethnographers Patricia and Peter Adler draw on 150 interviews with self-injurers from all over the world, along with 30,000-40,000 internet posts in chat rooms and communiqu(r)s. Their 10-year longitudinal research follows the practice of self-injury from its early days when people engaged in it

alone and did not know others, to the present, where a subculture has formed via cyberspace that shares similar norms, values, lore, vocabulary, and interests. An important portrait of a troubling behavior, *The Tender Cut* illuminates the meaning of self-injury in the 21st century, its effects on current and former users, and its future as a practice for self-discovery or a cry for help."

Women

Living With Self-Injury

Jason Aronson, *Incorporated Assessment and Treatment of Non-Suicidal Self-Injury: A Clinical Perspective* is the ideal primer for anyone who works with people who self-injure. Profiling who is affected as well as what their behaviour includes, the book explores the range of factors behind why people self-injure, from the influence of social media to the need

for self-regulation, and offers recommendations for both assessment and outpatient treatment. Throughout, the book is permeated by profound respect for those who use self-injury in an attempt to live a good life, while conveying a deep understanding of the challenges that self-injury presents for family members and treatment professionals. It recognizes that the behaviour can

spread in hospital wards or other institutional setting, introducing the concept of self-injury by proxy, and assesses the range of therapies available, including CBT, MBT, ERGT and family therapy. Each chapter is complemented by clinical vignettes. In an era when a great number of professionals will come into contact with someone who self-injures - including teachers, social workers

and nurses as well as therapists - The Assessment and Treatment of Non-Suicidal Self-Injury is an invaluable resource that examines both the causes and the treatments available. **Female Body Image in Contemporary Art** Oxford University Press A compassionate view of a stigmatized condition. *Cutting: Understanding and Overcoming Self-Mutilation*

Routledge This book provides an appreciative, sociological engagement with accounts of the embodied practice of self-injury. It shows that in order to understand self-injury, it is necessary to engage with widely circulating narratives about the nature of bodies, including that they are separate from, yet containers of 'emotion'. Using a sociological approach, the book

examines what self-injury is, how it functions, and why someone might engage in it. It pays close attention to the corporeal aspects of self-injury, attending to the complex ways in which 'lived experience' is narrated. By interrogating the way in which healthcare and psychiatric systems shape our understanding of self-injury, *Self-Injury, Medicine and Society* aims

to re-invigorate traditional discourse on the subject. Combining analytical theory with real-life accounts, this book provides an engaging study which is both thought-provoking and informative. It will appeal to an interdisciplinary readership and scholars in the fields of medical sociology and health studies in particular. Identifying, Assessing, and Treating Self-Injury at School JHU Press

A guide to the treatment and phenomenon of self-mutilation addresses the disorder as an understandable and treatable condition, drawing on extensive examples to identify causes, available resources, and medical options. Cutting and Self-Harm, Second Edition W. W. Norton & Company This is a largely autobiographical account of a young woman's

battle with self-harm. It explores the complex nature of her relationship with the therapist, her initial resistance to recovery and her progression towards self-knowledge and taking responsibility

for her own actions.
The Aesthetics of Self-Harm
Springer
Every year thousands of children and young people attend emergency departments with problems resulting from self-harm. This title provides

practical guidance for health professionals and other members of the children's workforce who are confronted by this complex and difficult area. It looks at what we mean by self-harm and its prevalence.

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