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# Good Food 101 Pasta And Noodle Dishes

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*101 Best Pasta Recipes - Easy Pasta Dishes*

Method. 1. Place a casserole dish or heavy-based saucepan over medium heat. Add the oil and butter and once melted and starting to foam add the mushrooms, garlic, onion and eggplant and cook until golden, stirring occasionally (about 2-5 minutes).

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Spaghetti – a very famous pasta often paired with tomato or olive-based sauces.; Linguine – often paired with light wine,

butter-based sauce, and a protein source.; Lamian – also known as the Chinese “pulled noodles”, it is made purely from flour and hand-pulled. (Basically: “stretch, fold, twist, repeat” but this takes skill to do perfectly and stylishly.)

*Pasta recipes - BBC Good Food*

From the Pasta Grannies series, this is a simple pasta with a special sauce made from a quick puree of sun-dried tomatoes, black olives, parsley, and garlic. It's fast, strong, adaptable, and doesn't disappoint.

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