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Biography. Beatrice Ruby Mathews Sparks was born in Goldburg, Custer County, Idaho and grew up in Logan, Utah. She began working with teenagers in 1955, after attending the University of California at Los Angeles and Brigham Young University. She worked as a music therapist at Utah State Mental Hospital and taught continuing education courses at BYU. ...

Letting Ana Go by Rachel Farber - Prezi

Review: Letting Ana Go by Anonymous. Title: Letting Ana Go. Author: Anonymous. Series: None. Publisher: Simon Pulse, an imprint of Simon & Schuster. Publication Date: June 4, 2013. Pages: 279 (ARC) Format/Source: ARC/Received from publisher for review. Age Group/Genre: Young Adult/Contemporary, Issues.

Letting Ana go (eBook, 2013) [WorldCat.org]

Letting Ana Go Weight: 133 Breakfast: Bagel (toasted), light cream cheese, orange juice (fresh squeezed! Thanks, Mom!). A.M. snack: (Who has time for this?) Jill gave me a Life Saver in English. (Does that even count?) It was green. Lunch: Turkey wrap with Swiss cheese, SunChips, Fresca, 1/2 bag of gummy fruit snacks.

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All opinions are my own. ☺☺☺☺☺

Letting Ana Go by Anonymous (an Anonymous Diaries Book). Ana was an athlete just figuring out how to be a sophomore when school comes to an end and she's heading into summer before her junior year.

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family, with everything she could want or need. But below the surface, she felt like she could never be good enough. Like she could ...

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Letting Ana Go is collection of diary entries written by a 16 year old girl. This novel is non-fiction. Letting Ana Go, is the story of a young girl's struggle with anorexia. It wasn't until I was halfway through the book that I realized that I still did not know the girl's name.

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