
The Tennis Drill Book 245 Drills For Techniques Conditioning And Match Tactics 100 Drills For Techniques Conditioning And Match Tactics The Drill Book

The Tennis Drill Book
Winning Tennis Drills
Coaching Your Tennis Champion
Group Tennis Drills for Competitive Play
Meyers Tennis Drill Book
Complete Book of Championship Tennis Drills
Tennis Drill Book
Tennis Drills for Self-Improvement
The Tennis Drill Book
54 Tennis Drills for Today's Game
Professional Tennis Drills
100 Unique Tennis Drills
Tennis Drills and Skills Illustrated
101 Youth Tennis Drills
Tennis Drill Book, 2E
The Art of Doubles
Winning Tennis Drills
Tennis Drills
On Court Book of Tennis Drills
The Tennis Drill Book
The Tennis Drill Book
Professional Tennis Drills (Letter)
Tennis Drills for Self-improvement
54 Tennis Drills for Today's Game
101 Tennis Tips From A World Class Coach VOLUME 2
Professional Tennis Drills
A Manual of Group Tennis Drills for Competitive Players
First 100 Lessons: TENNIS
Peak Tennis Training
The Tennis Drill Book 2nd Edition
Tennis Skills & Drills
The Tennis Drill Book
Complete Book of Championship Tennis Drills
The Tennis Drill Book, 2E
Tennis
Tennis Skills & Drills
101 Youth Tennis Drills. Rob Antoun and Dan Thorp
The on Court Book of Tennis Drills
International Book of Tennis Drills
Tennis Drills On-and Off-court Drills and Exercises for Beginners

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LAWRENCE SADIE

The Tennis Drill Book
MyPublishingCompany
Over 110 proven drills in "Tennis Skills & Drills" demonstrate appropriate technique with descriptions for players to master a skill and then use that targeted skill during

competition. From singles and doubles coverage to movement and tactical drills, the comprehensive coverage and full-color photos will lead you to more victories on the court.

Winning Tennis Drills Scribner Book Company

This is the volume 2 of Harold Mollin's bestseller 101 TENNIS TIPS FROM A WORLD CLASS COACH. You will discover 100 additional Tennis tips! You will discover in the book great tips about tennis: technique/stroke production, tennis drills - stroke production, the mental side

of the game, court strategies, singles play, doubles play, exercise/fitness drills and footwork drills. "101 Tennis Tips From A World Class Coach - A Common Sense Approach to Tennis" will give you tennis tips on: 1. Play On All Kind Of Surfaces 2. Quick Server - Learn What To Do With This Cheater 3. Every Shot... Every Way... Every Time 4. Close Close Close - And Know When!

Coaching Your Tennis Champion
Human Kinetics

Sharon Petro presents more than 100 easy-to-use drills for players of all skill

levels. She includes suggestions for drill variations and offers tips on many tennis skills.

Group Tennis Drills for Competitive Play
Human Kinetics Publishers

This book is a compilation of all the drills that I have accumulated through my decades of teaching tennis players of all levels and all ages. Some of these drills I have "stolen" from other teaching pros and coaches and others I have learned by attending seminars. Each drill has a fun name so that you and the players will remember them. The kids will say to you "Hey, can we do Pretzel and Bring It On today? Cat and Mouse and Uh Oh were fun yesterday." There are some bonus chapters with footwork drills, sayings and suggestions as to better identify with your students and also various other thoughts and ideas to help you on the court. Every teaching pro and coach is always looking for new and different drills to do so here are 120 drills to do on the tennis court.

Meyers Tennis Drill Book Lulu.com

The Tennis Drill Book covers every aspect of the game, with the best drills for groundstrokes, volleys, serves, returns, singles and doubles play, offensive and defensive strategy, and conditioning. More than 260 drills and games to ace the competition!

[Complete Book of Championship Tennis Drills](#) Human Kinetics Publishers

"The Tennis Drill Book" covers every aspect of the game, with the best drills for groundstrokes, volleys, serves, returns, singles and doubles play, offensive and defensive strategy, and conditioning. More than 260 drills and games to ace the competition!

Tennis Drill Book Mansion

This book is a complete guide for developing tennis skills that covers groundstrokes, volleys, serves, singles and doubles drills, and offensive and defensive strategy. Offers a comprehensive collection of drills of varying degrees of difficulty to improve every aspect of the game. Helps players learn the unique elements involved with playing on the various types of court surfaces. Contains competitive group games and tips from the pros.

Tennis Drills for Self-Improvement
Createspace Independent Publishing Platform

The Tennis Drill Book covers every aspect of the game, with the best drills for groundstrokes, volleys, serves, returns, singles and doubles play, offensive and defensive strategy, and conditioning. More than 260 drills and games to ace the competition!

The Tennis Drill Book Penguin

Offers information on stroke technique, drills, games, match strategy, and everything in between.

54 Tennis Drills for Today's Game
Createspace Independent Publishing Platform

Lewis Brewer and some of the leading coaches of the United States Tennis Association have developed 75 drills that will help every player develop a winning game. These practical, easy-to-learn, fun drills will help players of all levels achieve peak performance.

Professional Tennis Drills A&C Black
Peak tennis training is the ultimate guide to helping players develop practice and training plans. Peak Tennis Training will show players of every level how to: - Formulate comprehensive on court training plans - Hundreds of tennis drills designed to be executed 1 on 1 with a practice partner. - How to maximize your practices and to train for tennis. Take your game to the next level with Peak Tennis Training.

100 Unique Tennis Drills Triumph Books

Take Your Doubles Game to the Next Level! Whether you're trying to improve your doubles game or are just getting started playing tennis with a partner, *The Art of Doubles* is the book for you. Author Pat Blaskower is your personal coach, guiding and encouraging you and your partner to play winning tennis by showing you how to: • choose a compatible partner • determine your jobs on the court • learn poaching skills • communicate with each other and opposing teams • maintain mental toughness • use various formations and strategies • pick your shots intelligently • decide where to play: tournaments or leagues • and much, much more! The book also includes detailed court diagrams that show you how to execute offense, defense, and tactical plays; checklists that summarize the most important points of each chapter; and on-court drills to help you improve and refine your skills. *The Art of Doubles* is loaded with practical, proven tennis strategies that you can put to work immediately to see improvements in your own doubles game!

Tennis Drills and Skills Illustrated

Human Kinetics Publishers
The world's best tennis drill book returns bigger, better, and more comprehensive than ever. Building on the strengths of the popular first edition, this second edition of *The Tennis Drill Book* includes more drills, expert instruction, advice, and analysis for today's players and coaches.

101 Youth Tennis Drills A&C Black
At last! For the first time, your first 100 tennis lessons are presented, in order, in

this easy to follow book. Find out what you need before walking onto the tennis court. Practice ball sense drills and correct footwork that will build your foundation for a lifetime of fun and fitness. Learn the essentials. Practice the shots. Play the game! Build your foundation and tennis skills one lesson at a time. All this for less than one dollar a lesson !!

Tennis Drill Book, 2E Lulu.com

54 Tennis Drills for Today's Game:

Improve Consistency and Power By Joseph Correa "This book will teach you how to become more consistent by adding spin to your shots which will give you the confidence to hit with more power." Do you ever ask yourself: How can I hit with more top spin? How can I improve my deep topspin shots cross court? Is there a way for me improve my slice down the down? How can I be more offensive in my doubles matches? These are all answered in this book with pictures and detailed explanations on how to do things 10 times better than you are doing them now!

MASTER THE GAME OF TENNIS NOW!

Written by a professional tennis player and coach to help you reach your tennis potential no matter what your level of play. Learn basic and advanced patterns with this new training method that will get you hitting better in very little time.

[The Art of Doubles](#) Human Kinetics

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54 Tennis Drills for Today's Game:
Improve Consistency and Power By Joseph Correa

Winning Tennis Drills Human Kinetics

Designed specifically for young tennis players, this manual contains 101 progressive practical drills to help young tennis players develop. Fun, educational

and challenging, all drills are clearly illustrated and cover the essential technical skills, including warming up, baseline play, net play, serving/returning and doubles play.

Tennis Drills WCB/McGraw-Hill

Solid groundstrokes, a confident net game, a dictating serve, a sharp return game, and specialty shots for every situation—build your game from the ground up with the techniques and shots that are essential for success in today's versatile and powerful game. Combine that with winning tactics for singles and doubles, and *Tennis Skills & Drills* is your blueprint for taking your game to the next level. Start with assessing the basic techniques for the various strokes and see how you can improve your footwork, grip choices, and swing patterns. Then increase your options with spins, angles, and depth. Complete instruction for all of the strokes along with over 110 practice

drills is like having your own personal coach. Since your technique is only as effective as your tactics, the book also covers the key tactical principles and game plans for maximizing your strengths while minimizing your opponent's. You'll learn to prepare for, adapt to, and counter every style of play. Whether your goal is to beat your favorite playing partner or to win the next league, state, or national title, *Tennis Skills & Drills* is your guide to mastering the game.

On Court Book of Tennis Drills Doubleday Books

Tennis: Steps to Success makes learning the basic skills and strategies of tennis easier than ever! By following the book's learning steps and drills, you can learn at your own pace and develop the fundamentals you need to start playing games right away. The book includes 128 illustrations that show you proper tennis strokes and strategies and 117 drills to

help you develop your game. Each drill comes with instructions that explain how to improve your practice and play, including suggestions for either increasing or decreasing the difficulty of the drill according to your ability level.

The Tennis Drill Book Human Kinetics Publishers

Designed specifically for young tennis players, this manual contains a wide range of progressive practice drills to help players develop. Fun, educational and challenging, all drills are illustrated and cover the essential technical skills, including: warming up baseline play net play serving/returning doubles playAs well as easy-to-follow instructions, each drill contains information on the equipment needed, the space required, how to construct a safe and effective training session and how to organise the participants, especially when there are lots of players taking part.

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