

# The Bates Method For Better Eyesight Without Glasses

## William H

How to Restore and Retain Great Vision  
 July - December 1919 (Dodo Press)  
 The Origin of Natural Eyesight Improvement-how He Did It!  
 With 20 E-books, Better Eyesight Magazine (Black & White Edition)  
 The Bates Method  
 Natural Eyesight Improvement Discovered and Taught by Ophthalmologist William H. Bates  
 Original Antique Pages By Ophthalmologist William H. Bates - Vol. 3 - 17 Issues - February, 1929 to June, 1930: With; The Cure of Imperfect Sight by T  
 Natural Vision Improvement  
 Page Two - Better Eyesight Magazine  
 A Quick Course (Black & White Edition)  
 Better Eyesight Magazine - Original Antique Pages by Ophthalmologist William H. Bates - Vol 2 - 59 Issues: August, 1925 to June, 1930  
 Improve Your Eyesight  
 The Bates Method - Perfect Sight Without Glasses  
 Improve Your Eyesight Naturally!  
 Emotional Freedom Technique & Acupressure, Color Breathing, Visualization  
 Better Eyesight Magazine  
 Ten Steps to Natural Eyesight Improvement  
 Better Eyesight Magazine  
 with Better Eyesight Magazine by Ophthalmologist William H. Bates  
 Natural Vision Improvement (Black & White Edition)  
 The Cure of Imperfect Sight by Treatment Without Glasses - Dr. Bates Original, First Book- Natural Vision Improvement (Black and White Edition)  
 Vision for Life  
 The Bates Method for Better Eyesight Without Glasses  
 The Bates Method for Better Sight Without Glasses  
 Do It Yourself - Natural Eyesight Improvement  
 The Bates Method for Good Sight without Glasses  
 Clear Close Vision  
 Ophthalmologist William H. Bates & the Bates Method History - Natural Eyesight Improvement  
 Better Eyesight Magazine  
 Better Eyesight Magazine-Original Antique Pages By Ophthalmologist William H. Bates - Vol.1-73 Issues - July, 1919 to July, 1925 - Natural Vision Improvement  
 Better Eyesight for Busy People  
 The Bates Method for Better Eyesight Without Glasses  
 Improve Your Eyesight  
 Improve Your Sight with the Renowned Bates Method  
 Natural Vision Improvement Taught by Ophthalmologist William Horatio Bates. See Clear Naturally Without Eyeglasses, Contact Lenses, Eye Surgery!  
 Ophthalmologist William H. Bates & the Bates Method History - Natural Eyesight Improvement  
 The Cure of Imperfect Sight by Treatment Without Glasses  
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 The Complete Magazines of William H. Bates  
 The Art of Seeing

*The Bates Method For  
 Better Eyesight Without  
 Glasses William H*

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### FRANKLIN VALENTINA

#### How to Restore and Retain Great Vision

Holt Paperbacks

In this accessible presentation of the famous Bates method, Thomas R. Quackenbush (who teaches the Bates method in California and Oregon) describes how eyesight can improve naturally, at any age and regardless of heredity. This book is a wonderful tribute to the genius of Dr. Bates, who was a

pioneer in discovering how vision becomes blurred and how it restores itself naturally to clarity and acuity. Now 80 years later, his findings and teachings remain light years ahead of our contemporaries. His approach to treating vision problems was truly holistic and the theme throughout this book is very much an extension of that holistic approach. Dr. Quackenbush is to be commended for his dedication in getting the truth out and keeping the torch burning in this "bible" on vision improvement.

**July - December 1919 (Dodo Press)**

Mary I. Oliver, Clark Night

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*The Origin of Natural Eyesight Improvement-how He Did It!* Mary I. Oliver, Clark Night

Natural Eyesight Improvement based on the Method, Treatments of Ophthalmologist William H. Bates M. D. Black & White Version. (See Dr. Bates Author's Page for; Videos of internal book pages, pictures, full description of the paperback, 20 Free E-books and Free Eyesight Training at; [http://www.amazon.com/William-H.-Bates/e/B004H9DOBC/ref=ntt\\_athr\\_dp\\_pel\\_pop\\_1](http://www.amazon.com/William-H.-Bates/e/B004H9DOBC/ref=ntt_athr_dp_pel_pop_1)) Includes EFT, 'Emotional Freedom Techniques'-Energy Tapping, Acupressure, 20 Color Printable PDF E-books; this Paperback book & Dr. Bates book 'The Cure of Imperfect Sight By Treatment Without Glasses', Eyecharts, Audio, Video Lessons, 600+ color pictures, all the Author's and Dr. Bates 50 books on Amazon.com. Contact the Author for the download link; Address is on the 'Thank-You Page' inside the book. E-Book contains 'Word Search'- type in any word, Example; Myopia to see 50-100 Treatments for unclear distant vision. Adobe Translates to Italian, Spanish, German... Activities; Shifting-Natural Eye Movement, Central Fixation, Relaxation, Memory & Imagination, Switching Close, Middle, Far for perfect equally clear vision, convergence, accommodation, divergence, un-accommodation in the left and right eyes at all distances, Left and Right Brain Hemisphere Activation & Integration, Color Treatment, Visualization, Alpha, Theta, Delta Brain Wave Deep Relaxation, Palming, Positive Thinking, Posture, Body Movement, Physical Therapy, Abdominal Breathing, Chi Energy Circulation, Strengthening, Sunning, Saccadic Sunning, Seeing, Reading Fine Print and Eyecharts Clear, EFT, Acupressure, and other Activities for clear Close and Distant, Day and Night Vision, Healthy Eyes. E-mail, phone support. 20 E-BOOKS CONTAIN; +Natural Eyesight Improvement Book with 100 color pictures. Less reading, Easy to learn steps; Read the directions printed on the pictures for Fast Vision Improvement. +Better Eyesight Magazine by Ophthalmologist William H. Bates (Unedited, full set: 132 Magazines -July, 1919 to June, 1930.) Illustrated with 500 pictures and additional, up to date Modern Training.

+Original Antique Better Eyesight Magazine by Ophthalmologist William H. Bates. Photo copy of all his Original Magazine Pages. (Unedited, full set: 132 Magazines - July, 1919 to June, 1930.) Learn the Method, Treatments directly from the Original Eye Doctor that discovered Natural Eyesight Improvement! +The Cure of Imperfect Sight by Treatment Without Glasses by Dr. Bates (photo copy of all the original book pages) with pictures. +Medical Articles by Dr. Bates - with pictures. +Stories From The Clinic by Emily C. Lierman/Bates. +Use Your Own Eyes by Dr. William B. MacCracken. +Normal Sight Without Glasses by Dr. William B. MacCracken. +Strengthening The eyes-A New Course In Scientific Eye Training In 28 Lessons by Bernarr MacFadden - with pictures & modern training. +EFT Training Book. +Clear Close Vision - Seeing Fine Print Clear. +Ten Steps For Clear Eyesight without Glasses. +Astigmatism Removal Treatments. +Eyecharts - 15 Large, Small and Fine Print Charts for Clear Close and Distant Vision, White and Black Letter Charts, Astigmatism Test and Removal Charts. +More E-books included. +Audio and Video lessons in each chapter. Dr. Bates discovered the natural principles, true function of the eyes and applied relaxation, natural methods to return the eyes, eye muscles, mind/brain, body (entire visual system) to normal function with healthy eyes and clear vision. Dr. Bates Better Eyesight Magazine stories, articles describe how Dr. Bates, Emily Lierman Bates, other Doctors, School Teachers, Bates Method Students/Teachers, Children and Parents used Natural Treatments to remove, correct, prevent many different eye problems without use of eyeglasses, surgery, drugs. The natural treatments they applied removed/prevented; unclear close and distant vision, astigmatism, cataracts, glaucoma, conical cornea, cornea scars, retinitis pigmentosa, detached retina, wandering/crossed eyes (strabismus) and other con

**With 20 E-books, Better Eyesight Magazine (Black & White Edition)** Mary I. Oliver, Clark Night

Better Eyesight Magazine by William H. Bates, M.D. Ophthalmologist - Central Fixation Publishing Co., New York City, New York, USA. July 1919 to June 1930-132 Magazine Issues. Unedited. (Black & White Version. More pages, Lessons. All Articles, Eyecharts. 20 Natural Eyesight Improvement PDF E-Books, Printable, in Color with this Paperback book (download); Dr. Bates Books, Medical Articles, a scan photo copy of the 132

Original Antique Magazine Issues, a Modern text copy with 500 pictures and Clark Night's books including; 'Do It Yourself- Natural Eyesight Improvement-Original and Modern Bates Method'. All our Amazon.com books in 20 E-Books. Dr. Bates discovered the natural principles, true function of the eyes and applied relaxation, natural methods to return the eyes, eye muscles, nerves, mind/brain, thought patterns, body (entire visual system) to normal function with healthy eyes and clear vision. The Bates Method of Natural Eyesight Improvement. Dr. Bates Better Eyesight Magazine stories, articles describe how Dr. Bates, Emily Lierman Bates, other Doctors, School Teachers, Bates Method Students/Teachers, Children and Parents used Natural Treatments to remove, correct, prevent many different eye problems without use of eyeglasses, surgery, drugs. The natural treatments they applied removed/prevented; unclear close and distant vision, astigmatism, cataracts, glaucoma, conical cornea, cornea scars, wandering/crossed eyes (strabismus) and other conditions. Hundreds of Natural Treatments are listed. The magazines contain 'True Life Stories' of the doctors, assistants, patients, treatments. Interesting, entertaining, fun to read. A History book, life in the early 1900's. Vision improvement based 'Fairy Stories' and other articles for children are included. The stories produce a positive, relaxed state of mind. This state improves the eyesight. Dr. Bates worked his entire life treating people successfully with Natural Eyesight Improvement. When he cured the eyes, vision of many patients and other doctors in the hospital where he worked with natural treatments, without use of eyeglasses, surgery, drugs and proved his method is fact and that some of the old theories of eye function are incorrect, only theories; the doctors, surgeons that preferred to sell eyeglasses, surgery, drugs expelled him. Dr. Bates then opened his own office, a Clinic in Harlem, New York City. He treated thousands of people by natural methods, including many of the poor people that had little money. He kept his price for medical treatment low and also provided free assistance to people that could not afford to pay for a visit to an Ophthalmologist. His treatments were successful. He cured the young and old, people of all ages, nationalities. The Bates Method is so simple and effective that many of his cured patients, 'often children' then went on to cure their parents, teachers and other children of defective vision including crossed, wandering eyes. Read the 'true story of

the two little girls that restored a blind mans eyesight' in the Oct. 1925 Magazine Issue. Read Dr. Bates full story in Better Eyesight Magazine. Dr. Bates recorded 11 years of work in his clinic, his patients and their varied treatments in his Better Eyesight Magazines, Books and Medical Articles. Dr. Bates discovered Natural Eyesight Improvement, The Bates Method. He discovered the natural, normal function of the eyes and applied natural methods to return the eyes, eye muscles, brain (visual system) to natural, normal function, relaxation with clear vision, healthy eyes. This black and white version is identical in pages, content, to the color paperback book version. (Created for a low price, printing cost.) Eyecharts included. See William H. Bates Author's Page, for Video of internal book pages, full description of the Paperback, 20 E-books; [https://cleareyesight-batesmethod.info/The Bates Method](https://cleareyesight-batesmethod.info/TheBatesMethod) North Atlantic Books True Story of Ophthalmologist William H. Bates 'Battle with the Optical industry, Eye Surgeons, Doctors to Teach and Preserve Natural Eyesight Improvement.' Bates Method History. (Black & White Version.) Includes natural treatments for clear vision without use of eyeglasses, surgery, drugs and 54 Monthly Issues, 4½ years of Dr. Bates Better Eyesight Magazine Illustrated with 500 pictures, a variety of treatments for every eye condition & 14 Free E-Books consisting of an entire Natural Eyesight Improvement Training Course, download from Internet. E-books include the book 'Do It Yourself - Natural Eyesight Improvement-Original and Modern Bates Method & the entire 132 Issues, 11 years of Ophthalmologist Bates Better Eyesight Magazines in Original Antique Print & a modern text version with 500 pictures, The Cure of Imperfect Sight by Treatment Without Glasses., all the authors Paperback & Kindle books. Eyecharts, Audio & Video lessons in the book chapters. William H. Bates discovered Natural Eyesight Improvement, 'The Bates Method'. He discovered the natural principles, normal function of the eyes (visual system) and applied natural methods, relaxation to return the eyes, eye muscles, nerves, mind/brain, body (entire visual system) to normal function with healthy eyes and clear vision. He cured; unclear close and distant vision, astigmatism, crossed, wandering eyes, cataracts, glaucoma, and other conditions. Natural Eyesight Improvement was practiced years before Dr. Bates discovered it. It is the normal, natural function of the eyes. Hidden from the public by eye surgeons, Optometrists, Optical businesses for over 100 years

because this method works, is easy, anyone can learn, teach it, including children. It produces healthy eyes, clear vision and frees the patient from the need to purchase eyeglasses, drugs, unnecessary eye surgery. Yes, it can and has reversed cataracts! Dr. Bates worked his entire life treating people successfully with Natural Eyesight Improvement. When he cured the eyes, vision of many patients, medical students and other doctors in the hospital where he worked with natural treatments, without use of eyeglasses, surgery, drugs and proved his method is fact, that some of the old theories of eye function are incorrect; the eye surgeons that preferred to sell eyeglasses, surgery, drugs became angry and expelled him. (See: 'Reason and Authority' & 'Dr. Bates Lecture' in Better Eyesight Magazine: November, 1919, April, 1923 & Articles in his book.) Dr. Bates then opened his own office, a Clinic in Harlem, New York City. He treated thousands of people by natural methods, including many of the poor people that had little money. He kept his price for medical treatment low and also provided no charge office visits 'Free Clinic Days' for people that could not afford to pay for a visit to an Ophthalmologist. His treatments were successful. He cured the young and old, people of all ages, nationalities, cured a variety of eye conditions. The Bates Method is so simple and effective that many of his cured patients, 'often children' then went on to cure their friends, family, parents, teachers and other children of defective vision including crossed, wandering eyes. Read the 'true story of the two little girls that restored a blind mans eyesight' in the Oct. 1925 Magazine Issue. Dr. Bates recorded 11 years of work in his clinic, his patients and their varied treatments in his Better Eyesight Magazines, Books and Medical Articles. Dr. Bates Better Eyesight Magazines contain many Natural Treatments, a variety of Activities, Directions, Articles describing how Dr. Bates, Emily Lierman Bates, (his Clinic assistant, wife) and other eye Doctors, School Teachers, Bates Method Students, Bates Teachers, Children and Parents used Natural Treatments to remove, correct, prevent many different eye problems. Dr. Bates Amazon.com Authors page; [http://www.amazon.com/William-H.-Bates/e/B004H9DOBC/ref=ntt\\_athr\\_dp\\_pel\\_pop\\_1](http://www.amazon.com/William-H.-Bates/e/B004H9DOBC/ref=ntt_athr_dp_pel_pop_1)

**Natural Eyesight Improvement Discovered and Taught by Ophthalmologist William H. Bates**  
Mary I. Oliver, Clark Night  
Artists, teachers, army officers,

housewives, elderly people, parents, and children with vision problems write about their experiences with the Bates Method and giving up their glasses in Better Eyesight. Major eye conditions (myopia, astigmatism, farsightedness, presbyopia, amblyopia, strabismus, cataract, glaucoma, blindness) are discussed by Bates, other ophthalmologists, the medical community, and readers. The significance of this literature is both historical and immediate. For the first time, the connection between eyestrain to shoulder and neck pain, headaches, and other muscular tension is discussed.

*Original Antique Pages By Ophthalmologist William H. Bates - Vol. 3 - 17 Issues - February, 1929 to June, 1930: With; The Cure of Imperfect Sight by T Courier Corporation*

Ophthalmologist William H. Bates' Original Antique Magazine Pages from the 1900's. The origin, true source of Natural Eyesight Improvement. Learn directly from the eye doctor that discovered this safe, effective method. Dr. Bates discovered the true principles of the eyes function and applied relaxation, natural methods, practice of normal eye function to return the eyes (visual system) to normal function with clear vision, healthy eyes. 'The Bates Method of Natural Eyesight Improvement'. Natural Treatments by Dr. Bates correct, prevent many different eye conditions without use of eyeglasses, surgery, drugs. Treatments for; unclear close and distant vision, astigmatism, cataracts, glaucoma, conical cornea, cornea scars, wandering/crossed eyes and other conditions. Dr. Bates recorded 11 years of work in his Clinic, his patients eye conditions and the natural treatments he applied to correct their eyesight in his Better Eyesight Magazine. Hundreds of different Natural Treatments are listed. The magazines contain 'True Life Stories' of the Doctors, Assistants, Patients. Entertaining. A History book, life in the early 1900's. The Bates Method was hidden from the public by Eye Surgeons, Optometrists, Optical Businesses for over 100 years because this method works, is easy, anyone can learn, teach it, including children. When Dr. Bates cured the eyes, eyesight of many patients and other eye doctors in the hospital where he worked with natural treatment and proved his method is fact, that some of the old theories of eye function are incorrect, only theories; the eye doctors that preferred to sell eyeglasses, surgery, drugs became angry and expelled him. (See: 'Reason and Authority' & 'Dr. Bates Lecture' in Better Eyesight Magazine; November, 1919, April, 1923.) Dr. Bates then opened

his own office, a Clinic New York City. He treated thousands of people by natural methods. He kept his price for medical treatment low and also provided no charge office visits `Free Clinic Days' for people that could not afford to pay for a visit to an Ophthalmologist. His treatments were successful. He cured a variety of eye conditions in the young and old, people of all ages, nationalities. The Bates Method is so simple and effective that many of his cured patients, `often children' went on to cure their friends, family, teachers and other children of defective vision including blindness, crossed, wandering eyes. Read the 'True Story of The two Little Girls that Restored a Blind Mans Eyesight' in the Oct., 1925 Magazine Issue.

*Natural Vision Improvement The Bates Method for Better Eyesight Without Glasses*

"Presents ten simple steps to relieve eye strain, correct vision problems, and improve eye health; includes a full range of restorative vision exercises"--

*Page Two - Better Eyesight Magazine* Mary I. Oliver, Clark Night

Argues that many eyesight problems are caused by trouble with the eye muscles, rather than the lens or eye shape, and can be corrected by a simple program of exercise

*A Quick Course (Black & White Edition)*

Mary I. Oliver, Clark Night

This book is Volume 1 of a 3 volume set; *Better Eyesight Magazine* by William H. Bates, July, 1919 to August, 1924. 62 Monthly Magazine Issues. Volume 1, 2, 3 combined (each Vol. purchased separately) contain the entire 132 Issues of Dr. Bates Magazines. This set of 3 Volumes is in a larger page, print size of 8.5 x 11. A Two Volume set has also been created, containing all 132 Issues in a smaller page, print size of 7.5 x 9.25. All books flip to be read like a calendar to enable optimum print size. Magazines are unedited, contain every page, article. Dr. Bates Original Antique Magazine Pages from the 1900's. The origin, true source of Natural Eyesight Improvement. Learn directly from the eye doctor that discovered this safe, effective method. Dr. Bates discovered the true principles of the eyes function and applied relaxation, natural methods, practice of normal eye function to return the eyes (visual system) to normal function with clear vision, healthy eyes. 'The Bates Method of Natural Eyesight Improvement'. Natural Treatments by Dr. Bates correct, prevent many different eye conditions without use of eyeglasses, surgery, drugs. Treatments for; unclear close and distant vision, astigmatism, cataracts, glaucoma, conical

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Includes 1st Edition 'The Cure Of Imperfect Sight By Treatment Without Glasses'. Five editions combined. All of W. H. Bates treatments and Dr. Bates *Better Eyesight Magazine* 'Page Two' of 132 Issues of his best Natural Eyesight Practices for every eye, vision condition; Myopia, Presbyopia, Astigmatism... Fundamental Treatments, Steps by Dr. Bates & Emily C. A. Lierman, Bates (Dr. Bates assistant, wife). *Natural Methods* by Bernarr MacFadden. Eyecharts. Ophthalmologist William H. Bates discovered Natural Eyesight Improvement, 'The Bates Method'. He discovered the true function of the eyes (visual system) and applied natural methods, relaxation to return the eyes, eye muscles to normal function for healthy eyes, clear vision. He cured; unclear close and distant vision, astigmatism, crossed/wandering eyes, cataracts, glaucoma & other eye conditions. Natural Eyesight Improvement was practiced years before Dr. Bates discovered it. It is the normal, natural function of the eyes. Dr. Bates book, magazines, method has been hidden from the public by eye doctors, opticians for over 100 years because this method works, is easy, anyone can learn and teach it, including children. It produces healthy eyes, clear vision and frees the patient from the need to purchase eyeglasses, drugs, unnecessary eye surgery. It can reverse, prevent cataracts and other eye conditions! Includes 17 Printable, Color PDF E-Books - All of Ophthalmologist Bates, Clark Night's Paperback & Kindle books, All books listed on Dr. Bates Amazon Author's page listed below; + Perfect Sight Without Glasses, 'The Cure of Imperfect Sight by Treatment Without Glasses' by Dr. Bates. Photo Copy of the Original Antique Book Pages with Pictures. (Text version with additional Modern Treatments included.) + Original Antique *Better Eyesight Magazine* by Ophthalmologist William H. Bates - Photo copy of all his Original Magazine Pages in the 1900's Print. (Unedited, Full Set, 132 Magazine Issues-11 Years-July, 1919 to June, 1930.) Learn a variety of Natural Eyesight Improvement Treatments directly from the Original Eye Doctor that discovered and practiced this effective, safe, natural method! + *Better Eyesight Magazine* by Ophthalmologist William H. Bates - (Unedited, Full Set -132 Magazine Issues - 11 Years-July, 1919 to June, 1930.) Illustrated with 500 Pictures and additional, up to date Modern Natural Eyesight Improvement Training. + Medical Articles by Dr. Bates - with Pictures. + *Stories From The Clinic* by Emily C. A. Lierman/Bates. (Dr. Bates Clinic Assistant,

Wife.) + Use Your Own Eyes & Normal Sight Without Glasses by Dr. William B. MacCracken, M.D. (Trained with Dr. Bates.) + Strengthening The Eyes by Bernarr MacFadden, Dr. Bates - with Pictures & Modern Training. (Trained with Dr. Bates. One of the 1st Physical Fitness Teachers.) + EFT Training Booklet - with Acupressure, Energy balance-strengthening, Positive Emotions, Pictures. + Do It Yourself-Natural Eyesight Improvement-Original and Modern Bates Method. 100+ Color Pictures. Less reading; Easy to learn steps-read the short directions on the pictures to quickly learn, apply a treatment, activity for Fast Vision Improvement. + Clear Close Vision, Reading Fine Print Clear. + Ten Steps For Clear Eyesight +The Basics of Natural Eyesight Improvement. + Astigmatism Removal and other books. + Eyecharts Book with Training-15 Large, Small and Fine Print. Big C, E Charts for Close and Distant Vision, White and Black Letter Charts, Tumbling E Chart, Astigmatism Test and Removal Charts, Eyechart Video Lessons. Pass the driver's license eye exam. + Audio, Videos in Every Chapter - Learn a Treatment, Activity Quick and Easy. 78 Natural Eyesight Improvement Training Videos. See 'William H. Bates Author's Page' for Pictures, Videos, full description of the Paperback and 17 E-books; amazon.com/William-H.-Bates/e/B004H9DOBC/ref=ntt\_athr\_dp\_pel\_pop\_1  
[Improve Your Eyesight](#) Createspace Independent Pub  
 Dr. Bates 1st, Original book in the Antique 1920 Print. (Color Edition.) Includes the 1st Edition 'The Cure Of Imperfect Sight By Treatment Without Glasses'. Five editions combined. All of W. H. Bates treatments and Dr. Bates Better Eyesight Magazine 'Page Two' of 132 Issues of his best Natural Eyesight Practices for every eye, vision condition; Myopia, Presbyopia, Astigmatism... Fundamental Treatments, Steps by Dr. Bates & Emily C. A. Lierman, Bates (Dr. Bates assistant, wife). Natural Methods by Bernarr MacFadden. Eyecharts. Ophthalmologist William H. Bates discovered Natural Eyesight Improvement, 'The Bates Method'. He discovered the true function of the eyes (visual system) and applied natural methods, relaxation to return the eyes, eye muscles to normal function for healthy eyes, clear vision. He cured; unclear close and distant vision, astigmatism, crossed/wandering eyes, cataracts, glaucoma & other eye conditions. Natural Eyesight Improvement was practiced years before Dr. Bates discovered it. It is the normal, natural function of the eyes.

Dr. Bates book, magazines, method has been hidden from the public by eye doctors, opticians for over 100 years because this method works, is easy, anyone can learn and teach it, including children. It produces healthy eyes, clear vision and frees the patient from the need to purchase eyeglasses, drugs, unnecessary eye surgery. It can reverse, prevent cataracts and other eye conditions! Includes 17 Printable, Color PDF E-Books - All of Ophthalmologist Bates, Clark Night's Paperback & Kindle books, All books listed on Dr. Bates Amazon Author's page listed below; + Perfect Sight Without Glasses, 'The Cure of Imperfect Sight by Treatment Without Glasses' by Dr. Bates. Photo Copy of the Original Antique Book Pages with Pictures. (Text version with additional Modern Treatments included.) + Original Antique Better Eyesight Magazine by Ophthalmologist William H. Bates - Photo copy of all his Original Magazine Pages in the 1900's Print. (Unedited, Full Set, 132 Magazine Issues-11 Years-July, 1919 to June, 1930.) Learn a variety of Natural Eyesight Improvement Treatments directly from the Original Eye Doctor that discovered and practiced this effective, safe, natural method! + Better Eyesight Magazine by Ophthalmologist William H. Bates - (Unedited, Full Set -132 Magazine Issues - 11 Years-July, 1919 to June, 1930.) Illustrated with 500 Pictures and additional, up to date Modern Natural Eyesight Improvement Training. + Medical Articles by Dr. Bates - with Pictures. + Stories From The Clinic by Emily C. A. Lierman/Bates. (Dr. Bates Clinic Assistant, Wife.) + Use Your Own Eyes & Normal Sight Without Glasses by Dr. William B. MacCracken, M.D. (Trained with Dr. Bates.) + Strengthening The Eyes by Bernarr MacFadden, Dr. Bates - with Pictures & Modern Training. (Trained with Dr. Bates. One of the 1st Physical Fitness Teachers.) + EFT Training Booklet - with Acupressure, Energy balance-strengthening, Positive Emotions, Pictures. + Do It Yourself-Natural Eyesight Improvement-Original and Modern Bates Method. 100+ Color Pictures. Less reading; Easy to learn steps-read the short directions on the pictures to quickly learn, apply a treatment, activity for Fast Vision Improvement. + Clear Close Vision, Reading Fine Print Clear. + Ten Steps For Clear Eyesight +The Basics of Natural Eyesight Improvement. + Astigmatism Removal and other books. + Eyecharts Book with Training-15 Large, Small and Fine Print. Big C, E Charts for Close and Distant Vision, White and Black Letter Charts, Tumbling E Chart, Astigmatism Test and Removal Charts,

Eyechart Video Lessons. Pass the driver's license eye exam. + Audio, Videos in Every Chapter - Learn a Treatment, Activity Quick and Easy. 78 Natural Eyesight Improvement Training Videos. See 'William H. Bates Author's Page' for Pictures, Videos, full description of the Paperback and 17 E-books; amazon.com/William-H.-Bates/e/B004H9DOBC/ref=ntt\_athr\_dp\_pel\_pop\_1  
**The Bates Method - Perfect Sight Without Glasses** CreateSpace  
 Natural Eyesight Improvement based on the Method, Treatments of Ophthalmologist William H. Bates. (Color Version) Paperback contains popular EFT book and Dr. Bates books, Magazines in the E-Book. Amazon 'look inside' will soon have the color preview. Includes 20 Color Printable PDF E-Books with this Paperback book, Eyecharts, Audio, Video Lessons, 600+ color pictures, all the Author's and Ophthalmologist Bates 50 books. Contact the Author for the download link; Address is on the 'Thank-You Page' inside the book. E-Book contains 'Word Search'- type in any word, Example; Myopia to see 50-100 Treatments for unclear distant vision. Adobe Translates to Italian, Spanish, German... Activities; Shifting-Natural Eye Movement, Central Fixation, Relaxation, Memory & Imagination, Switching Close, Middle, Far for perfect equally clear vision, convergence, accommodation, divergence, un-accommodation in the left and right eyes at all distances, Left and Right Brain Hemisphere Activation & Integration, Color Treatment, Visualization, Alpha, Theta, Delta Brain Wave Deep Relaxation, Palming, Positive Thinking, Posture, Body Movement, Physical Therapy, Abdominal Breathing, Chi Energy Circulation, Strengthening, Sunning, Saccadic Sunning, Seeing, Reading Fine Print and Eyecharts Clear, EFT, Acupressure, and other Activities for clear Close and Distant, Day and Night Vision, Healthy Eyes. E-mail, phone support. 20 E-BOOKS CONTAIN; +This Paperback Natural Eyesight Improvement Book in Color, with 100 pictures. Less reading, Easy to learn steps; Read the directions printed on the pictures for Fast Vision Improvement. +Better Eyesight Magazine by Ophthalmologist William H. Bates (Unedited, full set: 132 Magazines -July, 1919 to June, 1930.) Illustrated with 500 pictures and additional, up to date Modern Training. +Original Antique Better Eyesight Magazine by Ophthalmologist William H. Bates. Photo copy of all his Original Magazine Pages. (Unedited, full set: 132 Magazines - July, 1919 to June, 1930.) Learn the Method, Treatments

directly from the Original Eye Doctor that discovered Natural Eyesight Improvement! +The Cure of Imperfect Sight by Treatment Without Glasses by Dr. Bates (photo copy of all the original book pages) with pictures. +Medical Articles by Dr. Bates - with pictures. +Stories From The Clinic by Emily C. Lierman/Bates. +Use Your Own Eyes by Dr. William B. MacCracken. +Normal Sight Without Glasses by Dr. William B. MacCracken. +Strengthening The eyes-A New Course In Scientific Eye Training In 28 Lessons by Bernarr MacFadden - with pictures & modern training. +EFT Training Book. +Clear Close Vision - Seeing Fine Print Clear. +Ten Steps For Clear Eyesight without Glasses. +Astigmatism Removal Treatments. +New additional books.+Eyecharts - 15 Large, Small and Fine Print Charts for Clear Close and Distant Vision, White and Black Letter Charts, Astigmatism Test and Removal Charts. +Audio and Video lessons in training chapters. Dr. Bates discovered the natural principles, true function of the eyes and applied relaxation, natural methods to return the eyes, eye muscles, mind/brain, body (entire visual system) to normal function with healthy eyes and clear vision. Dr. Bates Better Eyesight Magazine stories, articles describe how Dr. Bates, Emily Lierman Bates, other Doctors, School Teachers, Bates Method Students/Teachers, Children and Parents used Natural Treatments to remove, correct, prevent many different eye problems without use of eyeglasses, surgery, drugs. The natural treatments they applied removed/prevented; unclear close and distant vision, astigmatism, cataracts, glaucoma, conical cornea, cornea scars, retinitis pigmentosa, detached retina, wandering/crossed eyes (strabismus) and other conditions. See 'William H. Bates Author's Page' for entire Biography, Videos of internal book pages, description of the Paperback, 20 E-books. [http://www.amazon.com/William-H.-Bates/e/B004H9DOBC/ref=ntt\\_athr\\_dp\\_pel\\_pop\\_Improve>YourEyesightNaturally!Dr. WilliamH.Bates](http://www.amazon.com/William-H.-Bates/e/B004H9DOBC/ref=ntt_athr_dp_pel_pop_Improve>YourEyesightNaturally!Dr. WilliamH.Bates)  
 This book is Volume 3 of a 3 volume set; Better Eyesight Magazine by William H. Bates, February, 1929 to June, 1930. 17 Monthly Magazine Issues. Dr. Bates Original First Book; 'The Cure Of Imperfect Sight By Treatment Without Glasses included. Volume 1, 2, 3 combined (each Vol. purchased separately) contain the entire 132 Issues of Dr. Bates Magazines. This set of 3 Volumes is in a larger page, print size of 8.5 x 11. A Two Volume set has also been created, containing all 132 Issues in a smaller page, print size of 7.5 x

9.25. All books flip to be read like a calendar to enable optimum print size. Magazines are unedited, contain every page, article. Dr. Bates Original Antique Magazine Pages from the 1900's. The origin, true source of Natural Eyesight Improvement. Learn directly from the eye doctor that discovered this safe, effective method. Dr. Bates discovered the true principles of the eyes function and applied relaxation, natural methods, practice of normal eye function to return the eyes (visual system) to normal function with clear vision, healthy eyes. 'The Bates Method of Natural Eyesight Improvement'. Natural Treatments by Dr. Bates correct, prevent many different eye conditions without use of eyeglasses, surgery, drugs. Treatments for; unclear close and distant vision, astigmatism, cataracts, glaucoma, conical cornea, cornea scars, wandering/crossed eyes and other conditions. Dr. Bates recorded 11 years of work in his Clinic, his patients eye conditions and the natural treatments he applied to correct their eyesight in his Better Eyesight Magazine. Hundreds of different Natural Treatments are listed. The magazines contain 'True Life Stories' of the Doctors, Assistants, Patients. Entertaining. A History book, life in the early 1900's. The Bates Method was hidden from the public by Eye Surgeons, Optometrists, Optical Businesses for over 100 years because this method works, is easy, anyone can learn, teach it, including children. When Dr. Bates cured the eyes, eyesight of many patients and other eye doctors in the hospital where he worked with natural treatment and proved his method is fact, that some of the old theories of eye function are incorrect, only theories; the eye doctors that preferred to sell eyeglasses, surgery, drugs became angry and expelled him. (See: 'Reason and Authority' & 'Dr. Bates Lecture' in Better Eyesight Magazine; November, 1919, April, 1923.) Dr. Bates then opened his own office, a Clinic New York City. He treated thousands of people by natural methods. He kept his price for medical treatment low and also provided no charge office visits 'Free Clinic Days' for people that could not afford to pay for a visit to an Ophthalmologist. His treatments were successful. He cured a variety of eye conditions in the young and old, people of all ages, nationalities. The Bates Method is so simple and effective that many of his cured patients, 'often children' went on to cure their friends, family, teachers and other children of defective vision including blindness, crossed, wandering eyes. Read the 'True Story of The two Little Girls that Restored a Blind Mans Eyesight' in the

Oct., 1925 Magazine Issue. A PDF E-Book version of this book, color, printable with all 132 Magazine Issues in one PDF & 20 Natural Eyesight Improvement E-books with Better Eyesight Magazine Modern text version with 500 pictures, Eyecharts, Audio, Video lessons is included with this book. Download from the Internet; Address is on the 'Thank-You Page' inside the book. See William H. Bates Authors Page for the entire description for Paperback, 20 E-Books, Magazines, Dr. Bates Bio., Free Natural Eyesight Improvement Training Videos; <https://cleareyesight-batesmethod.info/>  
**Emotional Freedom Technique & Acupressure, Color Breathing, Visualization** Tuttle Pub  
 (Black and White) This book is a short condensed version of our large book; 'Do It Yourself-Natural Eyesight Improvement-Original and Modern Bates Method'. Book is written by Clark Night, a Bates Method, Natural Eyesight Improvement teacher. I have kept my eyesight clear since teen years 1974 to present age of 62. The practices in this book produce relaxation, normal, natural, healthy eye function. The large book contains in depth study of Natural Eyesight Improvement and is included with this paperback by internet download as a PDF E-book. Printable. Includes Ophthalmologist William H. Bates 'Better Eyesight Magazine' collection teaching his many different natural treatments for clear eyesight, healthy eyes. Dr. Bates discovered Natural Eyesight Improvement, cured his own eyesight, then other doctors and patients eyesight using natural treatments, without eyeglasses, surgery, drugs. Treatments for; Clear Distant, Close and Reading Eyesight, Astigmatism, Cataract, Glaucoma, Crossed, Wandering Eyes, Conical Cornea and other conditions. Hidden from the public by Opticians, Eye Doctors, Eye Surgeons for over 100 years because it works, is safe and people can do It 'On Their own' with basic training. Many children, cured of defective eyesight by Dr. Bates, then on to cure their friends, parents, teachers eyesight. After a neck injury caused by a chiropractor in 2009; my eyes developed double, triple vision, strabismus, dark and white-out hazy vision, astigmatism and low clarity. Natural Eyesight Improvement, Physical Therapy brought the eyes back to normal function, clear eyesight. Video of internal book pages, free Natural Eyesight Improvement Training, Dr. Bates' life story is on William H. Bates' Author's page; <https://cleareyesight-batesmethod.info/> 20 E-Books included; +Do It Yourself-Natural Eyesight Improvement-Original and

Modern Bates Method-Book with 100+ Color Pictures. Less reading; Easy to learn steps-Read the short directions on the pictures to quickly learn, apply a treatment, activity for Fast Vision Improvement. + Better Eyesight Magazine by Ophthalmologist William H. Bates- (Unedited, Full Set -132 Magazine Issues-11 Years-July, 1919 to June, 1930.) Illustrated with 500 Pictures and additional Modern Natural Eyesight Improvement Training. + Original Better Eyesight Magazine by Ophthalmologist William H. Bates-Photo copy of all the Antique Magazine Pages in the 1900's Print. (Unedited, Full Set 132 Magazine Issues - 11 Years-July, 1919 to June, 1930.) A History Book. Learn Natural Eyesight Improvement directly from the Original Eye Doctor that discovered and practiced this effective, safe, method! Magazines & Method Hidden from the public by eye surgeons, optometrists, optical business for over 100 years because this method works, frees the patient from the need to purchase eyeglasses, drugs, unnecessary eye surgery. Yes, it can and has reversed cataracts and other eye conditions! + The Cure of Imperfect Sight by Treatment Without Glasses by Dr. Bates with Pictures. Dr. Bates First, Original Book. + Medical Articles by Dr. Bates - with Pictures. + Stories From The Clinic by Emily C. A. Lierman/Bates. (Dr. Bates Clinic Assistant, Wife.) + Use Your Own Eyes by Dr. William B. MacCracken M.D. (Trained with Dr. Bates.) + Normal Sight Without Glasses by Dr. William B. MacCracken M.D. + Strengthening The Eyes by Bernarr MacFadden & Dr. Bates - with Pictures and Modern Training. (Trained with Dr. Bates. One of the First Physical Fitness Teachers.). + EFT Training Booklet - with Acupressure, Energy balance, strengthening, Positive Emotions. + Seeing, Reading Fine Print Clear, Clear Close Vision (Presbyopia Treatments. + Astigmatism Removal Treatments. + Eyecharts - 15 Large, Small and Fine Print Big C, E Charts for Close and Distant Vision, Astigmatism Test & Removal Charts, Eyechart Video Lessons. + Audio Lessons in Every Chapter. + 140 Natural Eyesight Videos. *Better Eyesight Magazine* Mary I. Oliver, Clark Night See our YouTube Channel for VIDEOS of the book with color pictures, animations, (video in video) Natural Eyesight Improvement training by Bates Method author-teacher Clark Night; [https://www.youtube.com/watch?v=GhEy4Ys\\_pKU](https://www.youtube.com/watch?v=GhEy4Ys_pKU) This book is the Google Play text version of Perfect Sight Without Glasses. Contains only Ophthalmologist Bates'

book, Better Eyesight Magazine, extra training, pictures to learn the method quickly and eyecharts. Dr. W. H. Bates started his career as an orthodox ophthalmologist following the old, long time rules of the practice; prescribing eyeglasses... During his practice, working with different patients, eye conditions, he realized that unclear close, distant vision, astigmatism and other conditions often cured itself, reversed back to clear vision, especially when his patients stopped wearing their eyeglasses and relaxed. He noticed that wearing glasses 'tensed' the eyes, eye muscles, lowered the vision and resulted in stronger and stronger eyeglass lens prescriptions being needed in order to see clear through the glasses. He began his own studies on the eye and its function. This led him to discover that many of the old ophthalmology, optometry 'supposed facts' about the eye, lens and its function and cause of unclear vision... are incorrect. Dr. Bates began teaching his patients to stop wearing their glasses. He taught them natural methods, including relaxation, correct use of the eyes/vision (shifting...) to produce clear vision. Dr. Bates cured his own eyesight, close vision, presbyopia. Distant vision also clear. He wrote an article in his book, magazine describing how he did it with Memory, Imagination, Relaxation. 'He controlled, changed the focus of light rays in his eyes with his mind.' Dr. Bates performed experiments on the eyes of animals, and observed the function of animal, patient's eyes under different conditions. He used the retinoscope to see the refraction of light rays in the eye under various conditions. He proved that the refraction, clarity of vision changes often. And when the eyes are left alone, eyeglasses avoided; the refraction, clarity returns to normal-clear vision. He proved that the state of the mind, thoughts, emotions, body change the refraction of the eye, clarity of vision. Example: when the mind, body is relaxed, positive, happy thoughts, emotions; the refraction is normal and vision is clear. When the mind, body is under stress, strain; the refraction is abnormal and vision is unclear. Dr. Bates discovered that the main cause of unclear vision and other eye problems is; Wearing Eyeglasses, Mental Strain, Mental, Visual Effort to See, Poor Vision Habits-incorrect use of the eyes/vision; squinting, staring, not shifting-lack of normal, relaxed eye movements, lack of central-fixation, poor memory and imagination... Perfect Sight occurs with Perfect Relaxation (deep or active/dynamic relaxation). Relaxation occurs first, and then the eyesight becomes clear. Practicing normal, relaxed

eye/vision function induces relaxation of the mind, eyes and perfect clarity. Dr. Bates' experiments on the outer eye muscles proved that tension in these muscles (mainly caused by eyeglasses, strain in the mind, incorrect vision habits) disrupts their function, the eyes movement, accommodation, convergence, un-accommodation, divergence, causes pressure, tension, pulling on/in the eye, alters the eyes' shape, (and lens, retina...), disrupts refraction, focus of light rays in the eye, on the retina and the clarity of vision. When the mind is strained, tense, the brain and retina do not communicate/function together at optimum level. Function of the retina is lowered. Relaxing the mind, returning normal eye movement relaxes the outer, inner eye muscles, returns the eyes, lens, retina... to normal shape with clear vision. Website; <https://cleareyesight-batesmethod.info/> <https://cleareyesight-batesmethod.info/naturalvisionimprovementoriginalandmodernbatesmethod/default.htm> Ten Steps to Natural Eyesight Improvement Mary I. Oliver, Clark Night The Bates Method for Better Eyesight Without Glasses Holt Paperbacks Better Eyesight Magazine North Atlantic Books Dr. William H. Bates discovered Natural Eyesight Improvement, 'The Bates Method'. His Experiments prove that tension in the outer eye muscles (oblique and Recti) disrupt, change the shape of the eye and focus of light rays in the eye resulting in; unclear close and distant vision, astigmatism, crossed, wandering eyes, cataract, glaucoma and other abnormal eye conditions. He proved that the outer eye muscles, (oblique) when relaxed, contracting, un-contracting normally change the shape of the eye to normal to produce clear close and distant vision. Relaxed ciliary, iris, tear gland and other inner, outer eye muscles also function correct, produce clear vision, healthy eyes. Mental, emotional strain, tension, using the eyes incorrect is the main cause of outer eye muscle, eye tension and unclear vision. Dr. Bates proved that relaxation of the mind, body, outer eye muscles results in a return of the eye to normal shape with correct focus of light rays in the eyes, on the retina with clear vision at all distances, removal of astigmatism and other eye problems, keeps the eyes healthy with normal circulation, eye pressure, correct function of the optic and other eye, visual system nerves. Abnormal pressure, tension, pulling on/in the eye, lens, retina is removed. The eye muscles; outer (oblique,

recti & muscles for blinking, tears...) and inner (ciliary, iris... muscles near and attached to the lens) function correct producing perfect; convergence, accommodation for clear close and reading vision, divergence, unaccommodation for clear distant vision. Shifting 'eye movement' with Central-Fixation (central vision) and function of the retina, lens, brain, entire visual system are perfect. A few of Dr. Bates older articles were based on the beliefs of most Ophthalmologists. As Dr. Bates cured his own vision naturally, treated his patients, performed experiments on the eyes, eye muscles, nerves-he changed his view on accommodation and other eye functions. He then practiced, applied natural eye, vision treatments without the use of eyeglasses, surgery, drugs. This is the origin of Natural Eyesight Improvement. Dr. Bates recorded all his natural treatments, work in his Clinic in New York City, U.S.A. and other hospitals, locations during his lifetime in his book 'The Cure Of Imperfect Sight By Treatment Without Glasses' & 11 years, 132 Issues of his Monthly Better Eyesight Magazine. Eyeglasses are often prescribed unnecessarily or 'too strong' (over-corrected) due to temporary nervousness, pressure to hurry, limited, incorrect eye, head, neck, body movement during an eye exam. Eye doctors also prefer to prescribe an 'extra stronger strength' to the eyeglass lenses. All eyeglasses, especially strong eyeglass lenses, bifocals, astigmatism lenses, sunglasses cause fast, increased vision impairment and prescriptions for stronger eyeglass lenses. This leads to increased vision impairment, cataracts and other eye health, vision impairment. Dr. Bates' Book, Better Eyesight Magazines and 20 Natural Eyesight Improvement Books are Free in E-Book form with this book, on our website;

<https://cleareyesight-batesmethod.info/>

**with Better Eyesight Magazine by Ophthalmologist William H. Bates**

Mary I. Oliver, Clark Night

Dr. Bates assistant, wife records True Stories of their Patients, Natural Eyesight Treatments in their Clinic over 11 years. With Better Eyesight Magazine by Ophthalmologist William H. Bates. Emily C. Lierman, her eyesight cured by Ophthalmologist William H. Bates, worked as a nurse, assistant with Dr. Bates in his Clinic in New York City, U.S.A. for many years. They married in 1928. Her name then changed to Emily A. Bates. Emily Lierman, Bates is known for her kind, gentle, understanding way of treating, teaching adults and children how to obtain

clear eyesight, healthy eyes naturally and her devotion to Dr. Bates work. She continued teaching The Bates Method of Natural Eyesight Improvement after Dr. Bates death and preserved his books, Better Eyesight Magazines. This book describes the natural treatments that Dr. Bates and Emily applied without use of eyeglasses, surgery, drugs to cure; Unclear Close & Distant Vision, Astigmatism, Presbyopia, Wandering/Crossed Eyes (Squint), Cataracts, Glaucoma, Cornea Ulcers, Scars, Blindness and other eye problems for a variety of patients in their clinic. Children cured by Dr. Bates, Emily, then cured their friends, school teachers, parents with Natural Eyesight Improvement. Dr. Bates patients became Teachers, taught Natural Eyesight Improvement, cured people of a variety of eye conditions. Emily's 'Stories From The Clinic' were originally published in 'Better Eyesight Magazine' by Ophthalmologist William H. Bates, Central Fixation Publishing Co., New York City, U.S. A. The stories in the book contain a few different, additional sentences, descriptions. Includes 20 E-Books; +Do It Yourself-Natural Eyesight Improvement-Original and Modern Bates Method-100+ Color Pictures. Less reading; Easy to learn steps, quickly learn, apply a treatment, activity for Fast Vision Improvement. + Better Eyesight Magazine by Ophthalmologist William H. Bates - (Unedited, Full Set-132 Magazine Issues - 11 Years-July, 1919 to June, 1930.) Illustrated with 500 Pictures and additional, up to date Modern Natural Eyesight Improvement Training. + Original Better Eyesight Magazine by Ophthalmologist William H. Bates - Photo copy of all his Original Antique Magazine Pages in the 1900's Print. (Unedited, Full Set 132 Magazine Issues - 11 Years-July, 1919 to June, 1930.) Learn Natural Eyesight Improvement directly from the Original Eye Doctor that discovered and practiced this effective, natural method! Magazines & Method Hidden from the public by eye surgeons, Optometrists, optical businesses for over 100 years because this method works and frees the patient from the need to purchase eyeglasses, drugs, unnecessary eye surgery. Yes, it can and has reversed cataracts and other eye conditions! + The Cure of Imperfect Sight by Treatment Without Glasses by Dr. Bates with Pictures. Dr. Bates First, Original Book. 2nd Printing Title: Perfect Sight Without Glasses. + Medical Articles by Dr. Bates - with Pictures. + Stories From The Clinic by Emily C. A. Lierman/Bates. (Dr. Bates Clinic Assistant, Wife.) + Use Your Own Eyes by

Dr. William B. MacCracken M.D. (Trained with Dr. Bates.) + Normal Sight Without Glasses by Dr. William B. MacCracken M.D. + Strengthening The Eyes by Bernarr MacFadden & Dr. Bates - with Pictures and Modern Training. (Trained with Dr. Bates. One of the First Physical Fitness Teachers.) + EFT Training Booklet - with Acupressure, Energy balance, strengthening, Positive Emotions. Easy step by step directions with Pictures. + Seeing, Reading Fine Print Clear, Clear Close Vision (Presbyopia Treatments) with Videos. + Eight Correct, Relaxed Vision Habits- (10 Steps For Clear Eyesight) A Quick Course in Natural Eyesight Improvement. + Astigmatism Removal Treatments + Eyecharts - 15 Large, Small and Fine Print C, E Charts for Close and Distant Vision, Astigmatism Test and Removal Charts. Eyechart Videos. + Audio Lessons in Every Chapter + 100 Natural Eyesight Improvement Training Videos

**Natural Vision Improvement (Black & White Edition)** Mary I. Oliver, Clark Night

This book is Volume 2 of a 2 volume set; Better Eyesight Magazine by William H. Bates, August, 1925 to June, 1930. 59 Monthly Magazine Issues. Volume 1 & 2 combined (each Vol. purchased separately) contain the entire 132 Issues of Dr. Bates Magazines. This set of 2 Volumes is in a smaller page, print size of 7.5 x 9.25. This enables the entire 132 magazine issues to fit into 2 volumes. A Three Volume set (see books with the blue covers) has also been created containing all 132 Issues in a larger page, print size of 8.5 x 11. All books flip to be read like a calendar to enable optimum print size. Magazines are unedited, contain every page, article. Dr. Bates Original Antique Magazine Pages from the 1900's. The origin, true source of Natural Eyesight Improvement. Learn directly from the eye doctor that discovered this safe, effective method. Dr. Bates discovered the true principles of the eyes function and applied relaxation, natural methods, practice of normal eye function to return the eyes (visual system) to normal function with clear vision, healthy eyes. 'The Bates Method of Natural Eyesight Improvement'. Natural Treatments by Dr. Bates correct, prevent many different eye conditions without use of eyeglasses, surgery, drugs. Treatments for; unclear close and distant vision, astigmatism, cataracts, glaucoma, conical cornea, cornea scars, wandering/crossed eyes and other conditions. Dr. Bates recorded 11 years of work in his Clinic, his patients eye conditions and the natural treatments he applied to correct their eyesight in his Better Eyesight Magazine. Hundreds of



different Natural Treatments are listed. The magazines contain 'True Life Stories' of the Doctors, Assistants, Patients. Entertaining. A History book, life in the early 1900's. The Bates Method was hidden from the public by Eye Surgeons, Optometrists, Optical Businesses for over 100 years because this method works, is easy, anyone can learn, teach it, including children. When Dr. Bates cured the eyes, eyesight of many patients and other eye doctors in the hospital where he worked with natural treatment and proved his method is fact, that some of the old theories of eye function are incorrect, only theories; the eye doctors that preferred to sell eyeglasses, surgery, drugs became

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blindness, crossed, wandering eyes. Read the 'True Story of The two Little Girls that Restored a Blind Mans Eyesight' in the Oct., 1925 Magazine Issue. A PDF E-Book version of this book, color, printable with all 132 Magazine Issues in one PDF & 20 Natural Eyesight Improvement E-books with Better Eyesight Magazine Modern text version with 500 pictures, Eyecharts, Audio, Video lessons is included with this book. Address is on the 'Thank-You Page' in the book. See William H. Bates Authors Page for the entire description for the Paperback, 20 E-Books, Magazines, Dr. Bates Bio., 140 Free Natural Eyesight Improvement Training Videos; <https://cleareyesight-batesmethod.info/>

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