

# Adrenal Fatigue The 21st Century Stress Syndrome

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Adrenal Fatigue is an epidemic today in the USA, where we live stressful lives and have stressful jobs. There is a test in the book that has been used to "diagnose" your tendency to have adrenal fatigue.

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Dr James Wilson is the world's authority on the stress syndrome known as adrenal fatigue. His book Adrenal Fatigue: the 21st Century Stress Syndrome is a commitment to the truth in defining and treating this well-known but poorly understood malady. Adrenal fatigue is not recognized by

allopathic medicine or by the insurance or pharmaceutical industries in the United States.

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Adrenal Fatigue: The 21st Century Stress Syndrome Dr. Wilson has also personally formulated a complete line of supplements consisting of all of the key vitamins, minerals, and glandular components that are crucial for adrenal health.

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The source on adrenal fatigue Adrenal Fatigue: The 21st Century Stress Syndrome™ by Dr. James L. Wilson | Dr. James L. Wilson's AdrenalFatigue.org The original and most comprehensive self-help book on how stress affects your health.

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Our adrenal glands are an essential component to overall health status. In this webinar Dr. Hedberg will cover the basic physiology of adrenal gland function...

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Take the Adrenal Fatigue Questionnaire to see if low adrenal function may be your problem. Learn more about adrenal fatigue and how stress and adrenal function can affect your health and other related health conditions. Follow the guidelines for adrenal recovery Dr. Wilson developed over decades of clinical practice and research. Find a health ...

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Many people are struggling with adrenal fatigue, but only know that they are tired, and not functioning optimally, but the average medical community does not have current methods to test this, and many will not even acknowledge this as a very real problem!

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