
Counselling And Supporting Children And Young People A Person Centred Approach

Therapeutic Work with Sexually Abused Children
Counselling in Schools
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Counselling Young People
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Therapy with Children and Young People
Building Bridges
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Counselling Children

Counselling Children
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Counseling Children
Touch in Child Counseling and Play Therapy
Counselling Children and Adolescents
Essential Research Findings in Child and Adolescent Counselling and Psychotherapy

Counseling Children and Adolescents Through Grief and Loss
Parent Therapy
Parenting Matters
Skills in Counselling and Psychotherapy with Children and Young People
Counselling Conversations
An Introduction to Helping Skills
Counselling Children and Young People in Private Practice
Person-Centred Therapy with Children and Young People

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Therapeutic Work with Sexually Abused Children SAGE

Working with Young People is designed to help you develop the knowledge and skills you need for supporting young

people as they learn about themselves, others and society and prepare for the transition to adulthood. It introduces the fundamental concepts and issues that lie at the heart of contemporary work with young people and challenges you to think deeply about: - the social context of young people - values and principles that underpin practice - the variety of settings in which practice takes place, and - the importance of informal learning

in the lives of young people. Whether you are a new student or returning to study, *Working with Young People* provides a stimulating introduction and a foundation for further study. Sheila Curran is Senior Lecturer at The Open University. Roger Harrison is Senior Lecturer at The Open University. Donald Mackinnon is Lecturer at The Open University.

Counselling in Schools SAGE

This controversial book proposes that therapists work with parents in therapy rather than with the child. The authors argue that parent therapy is not only a useful alternative to individual child treatment, but is also more effective in helping the child. Parent therapy rests on a relational understanding of development. The point of entry for the

treatment process is the parent-child relationship and is developed through maternal and paternal histories and projections. Parent therapy focuses on the parents' understanding of themselves, their relationship with each other and with their child. Therapeutic work with parents allows them to develop new insights into themselves and their child, preserve their autonomy and self-esteem, and effect permanent change. The therapist functions as a consultant to the parents similar to the way a supervisor functions as a consultant to a therapist. Just as therapists learn about their patients in working with a supervisor, parents learn to become more introspective, thoughtful, and knowledgeable about their own child. It would injure the

patient-therapist relationship for the supervisor to work directly with the patient. In the same way, the child is better served when the parents learn how to handle conflict and development themselves rather than having a therapist intervene with the parent-child relationship. Parent therapy addresses the parents' unconscious conflicts in an atmosphere of collaboration with the therapist and has a life-long effect.

Counselling and Supporting Children in Distress SAGE

This new edition is an indispensable introduction to the core principles of counselling for those interested in counselling and those considering training. It describes the main styles of counselling, provides an excellent framework for helping, and introduces

some of the approaches and key tools used within a counselling relationship. Offers a stimulating and highly accessible introduction to the key aspects of counselling. Recurring case studies to illustrate clearly the practical application of the range of styles and approaches in counselling and experiential exercises are included in each chapter to facilitate the reader's learning and understanding. Guides the reader, in a straightforward, readable style, through the main issues that arise within counselling/helping relationships. A book to enthuse, excite and empower those contemplating counselling training, or those who have embarked on a course and want a broad introduction. Counselling Young People SAGE Publications

Contemporary Child Psychotherapy: Integration and Imagination in Creative Clinical Practice demonstrates the step-by-step process of developing the depth of understanding, creativity, knowledge and skill that underpin a modern integrative child psychotherapist. Portrayed is a flexible model that is fluid and evolving, bringing together traditional, long-held ideas with fresh perspectives and up-to-date research. In bringing together psychoanalytic theory, attachment theory, trauma theories, the arts and creativity, neuroscience and the body, a rich framework is created. From this, the individual integrative child psychotherapist can choose the interventions which best foster the emotional development of each unique child and their parents today.

Contemporary Child Psychotherapy

SAGE

Decades of research have demonstrated that the parent-child dyad and the environment of the family"which includes all primary caregivers"are at the foundation of children's well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood

and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge,

attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting

policy, research, and practice in the United States.

Therapy with Children and Young People
SAGE

'I recommend this book to anyone who lives or works with families, children or teenagers' - Nurturing Potential 'This is a valuable book, worth attention in every child and family service. My own agency has ordered a copy!' - Robert Cumming, Nurturing Potential 'John Sharry's book is a jewel in the solution-focused literature. It is clearly and engagingly written, draws on a host of ideas from different therapeutic approaches and is packed with practical examples. There is no better book on strengths-based therapy with children and adolescents. Every team should have one' - Chris Iveson, Brief Therapy Practice Counselling

Children, Adolescents and Families describes an innovative approach to therapeutic work which builds on the strengths of children and their parents. As the author's experience shows, helping clients to focus on potential solutions rather than problems can be a powerful means of engaging them in the therapeutic process, even in the most conflicting family circumstances. Harnessing the client's personal, family and community resources in this way also helps counteract their feelings of powerlessness and the possibility of increasing reliance on professional services. Part One outlines the basic principles of a solution-focused and strengths-based approach, tackling such thorny issues as how and when to use diagnosis. Part two describes creative

applications of the approach, using groupwork, play-based activities and video feedback. Part Three, examines practical issues which arise in more 'difficult' cases, such as child abuse and suicidal teenagers and children. This book is aimed at professionals and trainees in fields including social work, mental health, childcare, education, psychotherapy and counselling.

Building Bridges Jessica Kingsley Publishers

Counseling Children is a highly acclaimed, introductory guide to counseling children and to the practical issues of communicating with children in a counselling context. In this Second Edition, Kathryn Geldard and David Geldard relate the theory and practice of counseling children in a highly

accessible, practical, and jargon-free style.

Relationship Counselling for Children, Young People and Families National Academies Press

"I am impressed with the layout, the writing, and the integrative nature of this volume. It should have a long shelf life, for it is extremely comprehensive and will be relevant for years to come." - Samuel T. Gladding, PhD, LPMHC, CCMHC, NCC Professor of Counseling Wake Forest University Fellow in the American Counseling Association Past President of the American Counseling Association This the first text to fully integrate the developmental, systemic, multicultural, and relational elements of child and adolescent counseling. This unique approach emphasizes the

powerful interconnections supporting effective child and adolescent counseling with creative and time-efficient methods. Supported by CACREP standards, competencies, and outcomes, this book features best practice strategies and techniques to aid counselors-in-training who will be assisting children, adolescents, and their families in developing transformative coping methods while navigating contemporary issues. This textbook is distinguished by its broad and holistic focus as a means of increasing counseling efficacy and applies to a range of therapeutic modalities. The text advocates for a multisensory approach, using creative props, expressive arts, and interactive activities that helps to foster change by harnessing the learning styles best

suitable to individual children and adolescents. Based in theory yet highly practical, time-efficient, real-world counseling methods are illustrated through case studies, vignettes, and verbatim counseling sessions that are tailored to the needs of today's child and adolescent counselor. The book presents a comprehensive toolkit to foster engagement and assist the future counselor in grasping key concepts. Pedagogical aids include learning objectives, key terms, learning activities, case studies, points to remember, chapter summaries, and questions for further study. Abundant instructor resources include sample syllabi, an instructor's manual with experiential activities and assessment rubrics, additional chapter discussion questions

and resources, a test bank, and PowerPoint slides. Purchase includes digital access for use on most mobile devices or computers. Key Features: Grounded in a unique integrated approach encompassing developmental, systemic, multicultural, and relational elements and innovative and time-efficient practices Applies to a range of therapeutic modalities including school, marriage, couples and family, clinical mental health, clinical rehabilitation counseling, and more Illustrates time-efficient counseling methods through case studies, vignettes, and examples from actual client and counselors-in-training sessions Highlights contemporary issues including incarcerated parents, sexual minorities, military influences and same-sex

parents. Infused with CACREP standards, competencies and outcomes to help with accreditation and prepare students for exams Edited and authored by educators and authors with a wealth of professional expertise Includes learning objectives, key terms, charts, tables and figure, questions for further study and chapter summaries

Creative Ways to Help Children Manage BIG Feelings

Kim Billington
Knowing how to approach children and teens in counseling can be a challenge. Learning to enter into their world and draw them out can sometimes feel impossible. But with Julie Lowe's Building Bridges—a practical workbook of expressive activities to do with kids and teens in counseling—you will find the biblical tools you're looking for. There

are thoughtful, biblically wise, and creative ways we can engage young people. The responsibility lies on us as adults to work hard at drawing kids out. Thankfully, there are helpful, practical ways to speak the gospel into their lives, and by building bridges with young people, we can build bridges with them to the Lord. With over fifteen years of counseling experience and by working as a registered play therapist supervisor, Julie Lowe understands there is a need to speak truth and hope into the lives of children and teens in a hands-on, meaningful way. That's why the activities in Building Bridges can be used over and over in multiple contexts. This workbook walks men and women through the rationale for expressive activities, provides examples, and then

shows counselors how to do it themselves. By pointing to the Lord through expressive mediums, counselors and youth workers will be able to reach kids and teens in a unique, biblical way. *The Handbook of Counselling Children & Young People* SAGE
Counselling and Supporting Children and Young People is the ideal introduction to counselling and supporting children and young people. Taking a person-centered approach, Mark Prever offers readers a clear understanding of the theory and practice of working with children and young people in difficulty – whether in a therapeutic, school or social work setting. This practical text: specifically addresses both the counsellor and the 'helper', who may be unfamiliar with counselling jargon contains exercises,

points for further thought and discussion, and boxed notes throughout, highlighting exactly how the theory applies to the child or young person. The book discusses ethics, the current political agenda and evidence-based practice. This book is a must-read for trainees and professionals working with children and young people in the fields of counselling and psychotherapy, education, mental health, nursing, youth work and social work.

Counseling Children and Adolescents in Schools Wiley-Blackwell

'This book is a practical and supportive guide for the professionals facing this traumatic subject. [It] is easily readable' - Journal of Child and Adolescent Mental Health
'Therapeutic Work With Sexually Abused Children locates the practice

experience of the authors within a rigorous theoretical framework and is a readable and useable guide to the complexities of helping children and adolescents who have suffered the trauma of sexual abuse' - Youth & Policy
'It is refreshing to find child therapists ready to engage with sexually abused children by incorporating trauma theory and research, addressing child protection and seeing themselves as part of a team that includes the carers. The authors provide an overview of phases of treatment, theoretical considerations and essential skills. They emphasize the importance of relationship and explore its impact on the therapist. Their approach is creative and child-centered. Case vignettes, poems and exercises promote empathy

with the child's perspective. There is a useful chapter on cultural issues and the needs of children in alternative care... this is an excellent primer for the child's helping network' - Community Care `This is an excellent book for workers seeking to respond more effectively to child victims of abuse' - David Pearson, Caring Magazine Therapeutic Work with Sexually Abused Children is a creative and practical guide for professionals working directly with those who have suffered sexual abuse and for their carers. The trauma of sexual abuse experienced in childhood can be severe and enduring. Therapeutic support is offered to help both the child and the family cope with psychological or emotional difficulties both currently and in later life. Therapists must be able to

respond effectively to the child victim in a sensitive and timely way which prioritizes the needs of each child. Drawing on their experience as practitioners, the authors explore the reactions which children commonly experience following abuse and examine the tasks of the therapist in responding to them. This book explores the counselling of children who have been abused rather than adult survivors of child abuse. The book will benefit from the combined experiences of one US author and one UK author.

Counselling Children SAGE

The definitive guide to the skills and techniques used when working with children experiencing emotional problems, this book covers all you need to know about: The goals for counselling

children and the child-counsellor relationship Practice frameworks for working effectively with children Play therapy and the use of different media and activities Building self-esteem and social skills through the use of worksheets. This fifth edition has been updated to include: A new chapter on technology; its influence on children and ways that technology can be used during counselling New content on issues of diversity and difference in counselling children The different contexts in which counselling children occur Discussion of concepts of wellbeing and resilience Updated references and research. The book is supported by a new companion website that provides training materials and handouts on a range of skills for counselling children including: helping

the child to tell their story sand tray work, the use of miniature animals, the use of clay, and helping the child to change thoughts and behaviour. This highly practical guide is vital reading for counsellors, psychologists, social workers, occupational therapists, nurses and teachers working or training to work with children.

Counselling Children SAGE

The definitive guide to the skills, techniques, and concepts used when working with children experiencing emotional challenges. It covers all you need to know about:

- The child-counsellor relationship
- Practice frameworks for working effectively
- Play therapy and the use of different media and activities
- Building self-esteem and social skills through the use of

worksheets · The concepts of wellbeing and resilience. New to this edition: · Technology: its influence on children and ways it can be used in counselling · Counselling in a post-pandemic world and the role of remote counselling and ‘telehealth’ · More discussion of issues of diversity, difference, intersectionality, implicit bias, and an inclusive practice · Updated case studies to affirm diversity and represent wider populace · Expanded and updated end of chapter further resources · Updated conclusion (with reflections on the pandemic) · Greater focus on inclusive practice and how SPICC model can be applied across various social/cultural groups. Online resources include digital picture books, worksheets and a list of further reading to support your professional practice and

help you extend your learning. This highly practical guide is a vital resource for counsellors, psychologists, social workers, occupational therapists, nurses, and teachers working or training to work with children.

Counselling Children with Special Needs
SAGE

Provides developmentally appropriate interventions for counselling children and adolescents who have experienced a wide range of grief and loss, including secondary and intangible losses such as moving or divorce. It provides a method for assessing individual needs and offers guidelines for selecting appropriate counselling strategies.

Counselling Children SAGE

This groundbreaking book takes a humanistic approach to counselling

young people, establishing humanistic counselling as an evidence-based psychological intervention. Chapters cover: Therapeutic models for counselling young people Assessment and the therapeutic relationship Practical skills and strategies for counselling young people Ethical and legal issues Research and measuring and evaluating outcomes Counselling young people in a range of contexts and settings.

Grounded in the BACP's competencies for working with young people, this text is vital reading for those taking a counselling young people course or broader counselling and psychotherapy course, for qualified counsellors working with this client group, and for trainers.

Working with Young People SAGE

This landmark handbook brings together

the fundamentals of counselling children and young people theory, research, skills and practice. It addresses what every successful trainee or practitioner needs to know in a way that is comprehensive, accessible and jargon-free. Divided into four parts, it covers: theory and practice approaches, including chapters on child development, person-centred, psychodynamic, CBT, Gestalt approaches, and more counselling process, including chapters on the therapeutic relationship, skills, groupwork, supervision practice issues, including chapters on law and policy, ethics, diversity, challenging behaviour practice settings, including chapters on health and social care settings, school and education, multi-agency and collaboration. Each chapter includes a

chapter introduction and summary, reflective questions and activities, helping trainees to cement their learning. With chapters contributed by leading experts and academics in the field, this book is essential reading for trainees and practitioners working with children and young people.

The Therapeutic Relationship in Counselling and Psychotherapy SAGE Publications

COUNSELING CHILDREN covers the most practical and up-to-date methods for developing effective approaches to counseling children. Donna Henderson and Charles Thompson's text is unparalleled in its translation of theory into practice. This easy-to-read guide includes useful strategies and case studies to provide students with a

realistic look at the counseling field. To further prepare readers for their professional work, the ninth edition includes 2014 ACA ethical standards, best practice guidelines for typical and atypical children's problems, and fresh ideas that facilitate understanding of the world of the child. Expanded coverage of children who have special concerns and of family interventions provides readers with effective ways to deliver interventions across multiple settings. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Counselling and Supporting Children and Young People SAGE

`This book is a monumental achievement, and person-centred

practitioners will be indebted to Goff Barrett-Lennard for many years to come. He has written not only a definitive study of the history of person-centred approach - what he calls a report of the "evolutionary course of a human science" - but also an accompanying commentary which is unfailingly enlightening, sometimes provocative and occasional lyrical' - Brian Thorne, Emeritus Professor of Counselling, University of East Anglia and Co-Founder, Norwich Centre 'I highly recommend this book as a reference source of major import, as bibliography, as history as art, and as a complex discussion of questions that plague the person-centred practitioner and the client-centred therapist' - The Person-Centered Journal 'If you only ever buy

one book about the Person-Centred Approach, other than those written by Rogers himself, this is the one. It is a staggering achievement by one of the most knowledgeable writers in the field' - PCP Reviews 'This book is a gem, and should have wide appeal. It is an excellent introduction to person-centred psychology, written in accessible style, and it takes the reader beyond the simplicity often confused with naivety Goff Barrett-Lennard reveals a sophisticated complexity that challenges us to view the "person" with fresh eyes and an open mind' - Tony Merry, University of East London 'I strongly recommend this book as a sophisticated treatment of the client-or person-centred approach to therapy and its applications to areas outside therapy. It is also a

useful overview of research on all aspects of person-centred ideas' - Psychotherapy Research 'This book... is not a single "meal" in itself but a positive "larder" containing every imaginable staple food and condiment all exquisitely and thoroughly researched. The book took Godfrey T Barrett-Lennard 20 years to write and it will stand as a reference text for person-centred specialists for longer than that... an essential reference text... and a pantry full of delicious surprises' - Counselling and Psychotherapy, The Journal of the British Association for Counselling and Psychotherapy 'Probably the most important piece of work on the person-centred approach to have emerged in recent years... an essential source of reference for anyone with a serious

interest in the person-centred approach' - Counselling News Written by an ex-student and long-time colleague of Carl Rogers, this in-depth and challenging book charts the development of person-centred therapy from its origins through to the present day. Godfrey T Barrett-Lennard traces the central concepts and key figures within the movement, set against the contemporary historical, social and political context. As an integrated overview of the person-centred approach, Carl Rogers' Helping System presents a wealth of fascinating ideas and information which is linked to a fresh, incisive account of the unfolding theory, process and research. *Adoption-specific Therapy* SAGE What can child and adolescent counsellors and therapists learn from

research? What evidence is there for the effectiveness of different therapies and techniques? How can developmental or neuroscience research inform or inspire therapeutic work with young people? This book provides the answers to these questions, and more. Leading experts in the field take you through the latest research findings in child and adolescent therapy, discussing how each is relevant to the work of practitioners. Today, both therapists and trainees need to be aware of, and engage with, research findings. The book presents, accessibly, the current best knowledge and its implications for practice.

CBT with Children, Young People and Families SAGE

In an often misunderstood profession, Kim Billington takes you on a journey of

discovery, where ten seasoned counsellors reveal what really goes on behind closed doors. Kim's interviews are guided by her curiosity about each professional's pathway to finding a meaningful and purposeful career. The answers bring to light many poignant stories of the counsellors' personal and professional struggles, joys and close shaves with burnout. These counsellors were selected for their expertise in their chosen field including family violence, art therapy, indigenous practices, LGBTQIA+, grief and loss, parenting and complex trauma. Kim's personal and professional collaboration has brought together a wealth of practice wisdom. This guide explores a range of applied theoretical modalities, client groups, styles of practice, psychoeducational

tools and ethical issues. Written in an accessible, engaging, and conversational style, this must-read book delivers a deeper understanding of the counselling profession and ways of working with adults who have challenging life situations or are haunted by early experiences. Counselling Conversations

is an essential book for beginners and reflective practitioners, with immediately helpful ideas, examples, insights, resources and inspirations. Kim Billington is also the author of the Amazon #1 Best Seller A Counsellor's Companion: creative adventures for child counsellors, parents and teachers.

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