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### MOYER ISRAEL

Naalukettu India Puffin

Opposites Attract...and can thrive in a marriage built on God. The book starts with the results of a survey detailing the ten most important qualities that each man or woman wants in a spouse, then teaches us how we can be the person who breeds that quality in our husband or wife. Throughout the book the authors use their own personalities and experience with marriage to demonstrate how to do marriage right.

**Emotion & Relationships (2 Books in 1)** Penguin UK

HangwomanPenguin UK

*The Legends of Khasak* Ebury Press

The Angel's Beauty Spots' is a disquieting story about Angela's repeated infidelities and the trauma of failed love; in 'And Forgetting the Tree, I...'

Radhika tries to come to terms with a former love that refuses to leave her; and 'The Deepest Blue' uses magic and metaphor to tell the story of a wife who yearns for a love that transcends lifetimes.

What Every Woman Wants in a Man/What Every Man Wants in a Woman Vani Prakashan

Increasingly possessed by a yearning to escape the ennui of an indifferent marriage and the empty but comfortable lifestyle of a bureaucrat, Raghu

decides to visit the small patch of ancestral property in his native village. The novel moves between the two worlds the past and the present with pungent, earthy humour and sharp insights.

Kunju Karyangalude Odeythampuran Penguin Random House India Pvt.Limited

This work offers an English translation of the Malayalam novel "Nrittam". Written by Maniyambath Mukundan, the novel is a poignant tale of love and loss told in contrapuntal versions by multiple narrators, Sridhar and Agni, communicating through the cyber medium of email.

The Poison of Love Harper Collins

Have you noticed how the onion has so many layers? And have you seen your mother's eyes water when she cuts an onion? Here is a remarkable story to tell you why. India's favourite storyteller brings alive this timeless tale with her inimitable wit and simplicity. Dotted with charming illustrations, this gorgeous chapter book is the ideal introduction for beginners to the world of Sudha Murty.

**Grandparents' Bag of Stories** Harper Collins

Emotion "One can make any emotion into a creative force in one's life." – Sadhguru It's not just poetic license that allows us to refer to emotions as "juicy". In a literal sense also, emotions are a chemical cocktail that course through our bodies. But while we have no problems with pleasant emotions, unpleasant emotions are the source of much angst in our lives. In Emotion: The Juice of Life, Sadhguru looks at the gamut of human emotions and how to turn them into stepping stones rather than stumbling blocks. Relationships "If you enhance yourself into a very beautiful state, everyone will want to hold a relationship with you." – Sadhguru Human beings constantly make and break relationships. Unfortunately, relationships

can make and break human beings too. Why are relationships such a circus for most of us? What is this primal urge within us that demands a bond – physical, mental, or emotional – with another? And how do we keep this bond from turning into bondage? These are the fundamental questions that Relationships: Bond or Bondage looks at as Sadhguru shares with us the keys to forming lasting and joyful relationships, whether they are with husband or wife, family and friends, at work, or with the very existence itself. Sadhguru is a yogi and profound mystic of our times. An absolute clarity of perception places him in a unique space in not only matters spiritual but in business, environmental and international affairs, and opens a new door on all that he touches.

**Amma Mia** Penguin UK

Rinki has everything she needs to go crazy with: bickering boys, a bitchy grandma, boring books, and the Biggest B of them all: Board Exams. Rinki and her wolf pack are back in action. And they have company in the form of Google (Mr Know-it-all) and Adit (Mr Goody Two-shoes). At last, Rinki has her wish fulfilled. She has two boys fighting over her, er, mostly with her! Meanwhile, Rinki's brand new grandmother, Mausiji, is raising hell at home. Her dad (lucky fellow!) is away in Coimbatore. And it's all up to Rinki to cool tempers down. At school, things are no better. Board Exams are looming large and Princy is making her feel smaller than ever. Her grades are shrinking and her waistline is growing. School life is about to get over, but not before things get a lot more crazy. Read the next instalment in the Rinki series and discover why turning seventeen is no walk in the park!

**The India Way** Penguin UK

Young and impressionable, Prema is deeply infatuated with Yudas, the enigmatic man who dredges corpses from the bottom of the nearby lake.

Longing to be rescued from the tyranny of her father, a former policeman who zealously tortured Naxalite rebels during the Emergency, Prema dreams of escape and finds herself drawn to the Naxal political ideology. Convinced that Yudas was one of the inmates at her father's prison camp, Prema believes that only he can save her. But Yudas is haunted by secrets of his own and, like his biblical namesake Judas Iscariot, bears the burden of crushing guilt.

**Moustache** Charisma Media

When Tulsi first meets Madhav, she is irrevocably drawn to his chiselled good looks and charm. Although wary of his many dalliances and the string of broken hearts left in his wake, she is surprised by the intense desire that Madhav arouses in her. And before long, she forsakes her family, her prospective career, her fiancé—all for the love of this inscrutable man. But love can be like poison. Years later, Tulsi escapes to the ancient city of Vrindavan, seeking redemption amidst the cries and prayers of its anguished widows. However, when her past catches up with her, old wounds resurface with dramatic consequences.

**The Gospel of Yudas** Penguin UK

Naalukettu: The House Around the Courtyard is the story of a young boy, Appunni, set in a matrilineal Nair joint family (a taravad) in the author's native village, Kudallur. Fascinated with accounts of the prestigious Naalukettu taravad from which his mother was expelled, Appunni visits the house only to be despised and rejected by all. Appunni grows up to earn enough money and returns to buy his ancestral home, but his victory soon turns into ashes when his father's murderer turns out to be the same man who was the only sympathetic adult in Appunni's lonely teenage years.

**Back Stage** Puffin

It's 2020 and children are stuck indoors as the novel coronavirus finds its way into India. A nationwide lockdown is announced and amidst the growing crisis, Ajja and Ajji welcome their grandchildren and Kamlu Ajji into their house in Shiggaon. From stitching masks, sharing household chores, preparing food for workers to losing themselves in timeless tales, the lockdown turns into a memorable time for the children as they enter the enchanting world of goddesses, kings, princesses, serpents, magical beanstalks, thieves, kingdoms and palaces, among others. The myriad stories told by their grandparents become the biggest source of joy, making the children compassionate, worldly-wise and more resilient than ever. Following the trail of the best-selling Grandma's Bag of Stories, India's favourite author Sudha Murty brings to you this collection of immortal tales that she fondly created during the lockdown period for readers to seek comfort and find the magic in sharing and caring for others. Wonderfully woven in her inimitable style, this book is unputdownable and perfect for every child's bookshelf!

**Grandma's Bag of Stories** Penguin Random House India Private Limited

WINNER OF THE JCB PRIZE FOR LITERATURE 2020. 'A novel of epic dimensions ... easily among the most accomplished fictional works in Malayalam.' K. SATCHIDANANDAN Vavachan is a Pulayan who gets the opportunity to play a policeman with an immense moustache in a musical drama. The character appears in only two scenes and has no dialogue. However, Vavachan's performance, and his moustache, terrify the mostly upper-caste audience, reviving in them memories of characters of Dalit power, such as Ravana. Afterwards, Vavachan, whose people were traditionally banned from growing facial hair, refuses to shave off his moustache. Endless tales invent and reinvent the legend of his magic moustache in which birds roost, which allows its owner to appear simultaneously in different places and disappear in an instant, which grows as high as the sky and as thick as

rainclouds -- and turn Vavachan into Moustache, a figure of mythic proportions. Set in Kuttanad, a below-sea-level farming region on the south-west coast of Kerala, the novel is as much a story of this land as it is of Vavachan and its other inhabitants. As they navigate the intricate waterscape, stories unfold in which ecology, power dynamics and politics become key themes. Originally published in Malayalam as Meesha, S. Hareesh's Moustache is a contemporary classic mixing magic, myth and metaphor into a tale of far-reaching resonance.

**Yellow Is the Colour of Longing** Isha Foundation

A restlessness born of guilt and despair leads Ravi to embark on a journey that ends in the remote village of Khasak in the picturesque Palghat countryside in Kerala. A land from the past, potent with dreams and legends, enfolds the traveller in a powerful and unsettling embrace. Ravi is bewitched and entranced as everything around him—the villagers; their children whom he teaches in a makeshift school; the elders who see him as a threat; the toddy-tappers; the shamans—takes on the quality of myth. And then reality, painful and threatening, begins to intrude on the sojourner's resting place and Ravi begins to understand that there is no escape from the relentless dictates of karma... Often poetic and dark, always complex and rich, The Legends of Khasak, O.V. Vijayan's much-acclaimed first novel, translated into English by the author, is an extraordinary achievement

**The Theory of Everything** D C Books

'An epic novel'—Outlook When twenty-two-year-old Chetna Grddha Mullick is appointed the first woman executioner in India, assistant and successor to her father, her life explodes under the harsh lights of television cameras. When the day of the execution arrives, will she bring herself to take a life?

D C Books

Novel based on the story of a woman executioner and her family in Bengal.

**How the Onion Got Its Layers** Penguin UK

Novel based on social themes.

**Stories We Never Tell** D C Books

There's more to Milind Soman than meets the eye (although, as his legions of female fans will agree, what meets the eye is pretty delish). Combining in himself the passion of an entrepreneur, the mind of a nerd, the discipline of an athlete, the curiosity of an explorer, the heart of a patriot and the soul of a philosopher, Milind has made the stunning-and apparently seamless- transition from champion swimmer to supermodel to actor to extreme sportsperson to women's fitness activist, enabler and proselytiser, all in one lifetime. How does he do it? What makes him tick? On the twenty-fifth anniversary of 'Made in India', the breakout pop music video of the 1990s that captured the apna-time-aagaya zeitgeist of post-liberalization India and made him the nation's darling across genders and generations, Milind talks about his fascinating life-controversies, relationships, the breaking of vicious habits like smoking, alcohol, rage, and more-in a freewheeling, bare-all (easy, ladies-we're talking soul-wise!) memoir. Co-authored with bestselling author Roopa Pai, MADE IN INDIA is a rare glimpse into the mind and heart of a very unusual man that will leave you thoughtful, awed and inspired.

**You Only Live Once** Penguin Random House India Private Limited

Is my baby not well? When can I introduce my baby to solid foods? Becoming a new mother can be an exciting yet overwhelming time. No matter how prepared you are, there will always be many confusing moments, opinions and a whole lot of drama! And just like any other new mom, Esha Deol Takhtani was faced with many such questions soon after the birth of her two daughters-Radhya and Miraya. One day, when one of her baby girls was throwing a tantrum, Esha decided to come up with a plan, one that would ensure her child eats right and is happy in the process! And thus began her adventures in motherhood. With the help of her cook, nurse and some of the best paediatricians in Mumbai, she set off on a journey to document her experiences in motherhood in the hope that it would help other mothers too. Packed with advice, tips, stories and easy and delicious recipes for toddlers, Amma Mia reflects the personal journey of one woman's transformation into a mother. Informative and easy to follow, this book will help new mothers navigate the ups and downs of raising a healthy toddler and make their child fall in love with food.

**Hangwoman** Random House India

Why do certain foods harm some people and help others? How come the results of a weight loss programme varies from individual to individual? And why do some people fall sick more often than others? The science of Ayurveda holds answers to these questions and many more. Its scriptures took a holistic approach to health by combining our lifestyle with our natural tendencies (which vary from one person to another). This groundbreaking new work from Om Swami combines the yogic view of food as sattvic, rajasic and tamasic with Ayurvedic perspective, and further relates it to the modern view of foods as acidic and alkaline. This is also the first time that Ayurvedic prakriti (vata, pitta and kapha) has been discussed in the context of yogic prakriti (sattvic, rajasic and tamasic) in a truly cohesive fashion. The Wellness Sense extracts the essence of Ayurveda, yoga and tantra to combine it with modern medicine in this simple, step-by-step handbook on how to take better care of yourself. Accessibly written, deeply researched and distilled from Om Swami's own lived experience, The Wellness Sense puts your health and happiness in your hands.

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