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Mindfulness-Based Sobriety  
 The Anxiety Workbook for Teens  
 Slaying the Dragon: The History of Addiction Treatment and Recovery in America  
 Addiction Counseling Competencies  
 Slipping Through the Cracks  
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 Master Addiction Counselor Exam Secrets Study Guide  
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 The Genesis Process  
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 Head Start Program Performance Standards  
 Psychedelics and Spirituality  
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 The Freedom Model for Addictions  
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*Mindfulness-Based Sobriety* Mometrix Media Llc  
 Alcohol and Drug Counselor Exam Practice Questions are the simplest way to prepare for the ADC test. Practice is an essential part of preparing for a test and improving a test taker's chance of success. The best way to practice taking a test is by going through lots of practice test questions. Our Alcohol and Drug Counselor Exam Practice Questions give you the opportunity to test your knowledge on a set of questions. You can know everything that is going to be covered on the test and it will not do you any good on test day if you have not had a chance to practice. Repetition is a key to success and using practice test questions

allows you to reinforce your strengths and improve your weaknesses. Detailed answer explanations are also included for each question. It may sound obvious, but you have to know which questions you missed (and more importantly why you missed them) to be able to avoid making the same mistakes again when you take the real test. That's why our Alcohol and Drug Counselor Exam Practice Questions include answer keys with detailed answer explanations. These in-depth answer explanations will allow you to better understand any questions that were difficult for you or that you needed more help to understand.

*The Anxiety Workbook for Teens* John Wiley & Sons

Clients who have multiple addictions and disorders are more difficult to engage and treat than clients with a single disorder.

Many of the current systems are ill-equipped to address the myriad challenges of these clients—their relapse and recidivism rates are higher, and many of these clients tend to slip through the cracks, often going back and forth among addictions treatment, psychiatric and medical hospitalizations, and incarceration. Too many difficult-to-reach clients are at risk for relapse because their practitioners lack effective, innovative strategies for this unique client base who remain part of a revolving-door syndrome. Now, Certified Alcohol and Drug Addictions Counselor Mark Sanders, LCSW, offers specific strategies to assist therapists and counselors who work with difficult and at-risk populations, including those with: multiple addictions co-occurring disorders adolescents; rural methamphetamine users antisocial personality disorder,

criminality, and addiction trauma or grief and chemical dependency history of chronic relapse and recidivism *Slipping Through the Cracks* is an encyclopedic handbook to specific traits of the difficult-to-reach client, as well as a concise guidebook to effective strategies that will be useful to anyone working with clients in private practice or in treatment programs who have both mental health and substance abuse issues.

**Slaying the Dragon: The History of Addiction Treatment and Recovery in America** BRI Publishing

Too often, clients with substance abuse and addiction problems achieve sobriety only to relapse shortly after. As a clinician in the addiction treatment field, you are undoubtedly familiar with this common scenario, and it can be a source of extreme frustration. To make matters worse, clients may see their relapse as evidence of personal failure and inadequacy, and as a result, they may resist more treatment. What if you could break this cycle and help clients maintain their progress? *Mindfulness-Based Sobriety* presents a breakthrough, integrative approach to addiction recovery to help you treat clients recovering from substance abuse and addiction using mindfulness-based therapy, motivational interviewing, and relapse prevention therapy. Research has indicated that mindfulness-based therapy is highly effective in treating emotion dysregulation, stress, depression, and grief—all emotions that lie at the root of addiction. Motivational interviewing is helpful in treating addiction because it helps clients learn to change the behaviors that cause addiction. And finally, relapse prevention therapy teaches individuals with addiction to anticipate and cope with potential relapse. This book combines all three of these highly effective treatments. This powerful manual was developed by Gateway Foundation clinicians in order to better fulfill the mission of reducing substance abuse and co-occurring mental health problems. The book provides two curricula: an outpatient treatment curriculum and a residential treatment curriculum. Both are user-friendly and can be implemented in an open group format, which means that you can say goodbye to the days of tailoring one-on-one treatment to fit a group setting. The integrative approach outlined in this book will help your clients conquer substance abuse by identifying their own values, strengthening their motivation, and tackling other mental health problems that may lie at the root of their addiction. Furthermore, the book's strong emphasis on relapse prevention

means that you can help clients stay on the path to sobriety.

*Addiction Counseling Competencies* Independently Published

From managing social media stress to dealing with pandemics and other events beyond your control, this fully revised and updated edition of *The Anxiety Workbook for Teens* has the tools you need to put anxiety in its place. In our increasingly uncertain world, there are plenty of reasons for anyone to feel anxious. And as a teen, you're also dealing with academic stress, social and societal pressures, and massive changes taking place in your body, brain, and emotions. The good news is that there are a lot of effective techniques you can use—both on your own and with the help of a therapist or counselor—to reduce your feelings of anxiety and keep them from taking over your life. Now fully revised and updated, this second edition of *The Anxiety Workbook for Teens* provides the most up-to-date strategies for calming fear, anxiety, and worry, so you can reach your goals and be your best. You'll find new skills to help you handle school pressures and social media overload, develop a positive self-image, recognize your anxious thoughts, and stay calm in times of extreme uncertainty. The workbook also includes resources for seeking additional help and support if you need it. While working through the activities in this book, you'll find tons of ways to help you manage your anxiety. Some of the activities may seem unusual at first. You may be asked to try doing things that are very new to you. Just remember—these are tools, intended for you to carry with you and use over and over throughout your life. The more you practice using them, the better you will become at managing anxiety. If you're ready to change your life for the better and get your anxiety under control, this workbook can help you start today. In these increasingly challenging times, teens need mental health resources more than ever. With more than 1.6 million copies sold worldwide, *Instant Help Books* for teens are easy to use, proven-effective, and recommended by therapists.

*Slipping Through the Cracks* Rowman & Littlefield

\*\*\*Includes Practice Test Questions\*\*\*

*Master Addiction Counselor Exam Secrets* helps you ace the Master Addiction Counseling Exam without weeks and months of endless studying. Our comprehensive Master Addiction Counselor Exam Secrets study guide is written by our exam experts, who painstakingly researched every topic and

concept that you need to know to ace your test. Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined. *Master Addiction Counselor Exam Secrets* includes: The 5 Secret Keys to Addiction Counselor Exam Success: Time is Your Greatest Enemy, Guessing is Not Guesswork, Practice Smarter, Not Harder, Prepare, Don't Procrastinate, Test Yourself; A comprehensive General Strategy review including: Make Predictions, Answer the Question, Benchmark, Valid Information, Avoid Fact Traps, Milk the Question, The Trap of Familiarity, Eliminate Answers, Tough Questions, Brainstorm, Read Carefully, Face Value, Prefixes, Hedge Phrases, Switchback Words, New Information, Time Management, Contextual Clues, Don't Panic, Pace Yourself, Answer Selection, Check Your Work, Beware of Directly Quoted Answers, Slang, Extreme Statements, Answer Choice Families; A comprehensive Content review including: Chemical Dependency, Substance Abuse, Cocaine, Attribution of Responsibility, Four Phases of Alcohol Addiction, E.M. Jellinek, R.L. George, Codependency, Alcoholics, DSM Manual, Michigan Alcoholism Screening Test (MAST), Adolescent Alcohol Involvement Scale, MacAndrew Alcoholism Scale, Action Counseling Model, Relaxation Training, AA's Twelve Steps, AA Slogans, Relapse, Counselor Burnout, Stereotyping, Heroin, Withdrawal Symptoms, Benzodiazepines, Formication, Flashback, Bad Trip, Neurotransmitters, Reward Deficiency Syndrome, and much more... [CASAC Exam Study Guide 2020-2021: Addiction Counseling Exam Prep Review Book and Practice Test Questions for the CASAC Test](#) Simon and Schuster Though overall cancer incidence and mortality have continued to decline in recent years, cancer continues to devastate the lives of far too many Americans. In 2009 alone, 1.5 million American men, women, and children were diagnosed with cancer, and 562,000 died from the disease. There is a growing body of evidence linking environmental exposures to cancer. The Pres. Cancer Panel dedicated its 2008;2009 activities to examining the impact of environmental factors on cancer risk. The Panel considered industrial, occupational, and agricultural exposures as well as exposures related to medical practice, military activities, modern lifestyles, and natural sources. This report presents the Panel's recommend. to mitigate or eliminate these barriers. Illus.

**West's Federal Practice Digest 4th W**

**B Saunders Company**

This timesaving resource features:  
 Treatment plan components for 44 behaviorally based presenting problems  
 Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options  
 A step-by-step guide to writing treatment plans that conform to the latest ASAM requirements and meet the requirements of most accrediting bodies, insurance companies, and third-party payors  
 Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers  
 The Addiction Treatment Planner, Fourth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions  
 New treatment planning language based on the mandates of the American Society of Addiction Medicine (ASAM)  
 Organized around 44 main presenting problems, including Adhd, borderline traits, eating disorders, gambling, impulsivity, psychosis, social anxiety, and substance abuse  
 Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options  
 Easy-to-use reference format helps locate treatment plan components by behavioral problem  
 Designed to correspond with The Addiction Progress Notes Planner, Third Edition and Addiction Treatment Homework Planner, Fourth Edition  
 Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including CARF, The Joint Commission (TJC), COA, and the NCQA)  
 Additional resources in the PracticePlanners series: Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions.

**Aghora Test Prep Books**

**Community/Public Health Nursing: Promoting the Health of Populations, 4th Edition** focuses on the issues and responsibilities of contemporary community/public health nursing. Its emphasis on working with populations combined with the unique "upstream" preventive approach prepares the reader to assume an active role in caring for the health of clients in community and public settings. Plus, the new full-color design

highlights special features and enhances content. Features photo-novellas to engage students and demonstrate applications of important community health nursing concepts. Provides detailed case studies that emphasize community aspects of all steps of the nursing process to promote the community perspective in all health situations. Examines issues of social justice and discusses how to target inequalities in arenas such as education, jobs, and housing to prepare students to function in a community-focused health care system. Demonstrates the use of theoretical frameworks common to community and public health nursing showing how familiar and new theory bases can be used to solve problems and challenges in the community. Illustrates real-life situations with highlighted Clinical Examples depicting today's community/public health care. Discussion of Levels of Prevention presented within the Case Studies address specific applications for each level. Provides Learning Activities at the end of each chapter to challenge students to apply chapter material outside the classroom. Includes a disaster management and preparedness chapter to examine this important new area of concern and responsibility in community health. Offers content on forensic nursing to explore this new subspecialty in community health. Summarizes research study findings pertinent to chapter topics in Research Highlights boxes. Highlights specific ethical issues in Ethical Insights boxes. Presents Healthy People 2010 objectives in feature boxes in appropriate chapters. Provides a Media Resources section at the front of each chapter that details the numerous Evolve components available to students. Chapter outline added to the front of chapters makes locating information in the chapter easier.  
Master Addiction Counselor Exam Secrets Study Guide New Harbinger Publications  
 Is it possible to read a book about relationships and come away feeling like your life, your entire existence, just changed? Harvard trained psychotherapist and relationship pioneer Jeffrey Sumber says YES!!! "Your life is meant to be poetry. The way you feel when you just fall in love with someone is the way you're meant to feel about yourself when you wake up each morning." With a significant focus on your personal journey to understand life and love, this is less a relationship "diet" book of "do this" and "don't do that" and more about a creative lifestyle change. A change that comes with helpful ways to shift one's perception of the "facts" and concrete tools with which

to make life work better day by day. However, it is left to the reader to decide where they are and what they want to do in order to create the life and the relationship they long for... Regardless of whether you've been together a month or an eternity, we all need a sense of renewal in our meaningful partnerships. But here's the good news- you don't have to suffer in the Soup any longer than it takes to read this book. Renew Your Wows takes us on a journey of self-discovery that invites a shift in the way we relate to the people in our lives. Renew Your Wows takes months of intensive individual and couples counseling and offers the highlights! Renew Your Wows teaches us: To identify and reclaim the Self To determine the relational landscape we have created and see whether our paradigm indeed meshes well with that of our partner To learn how to Respond instead of React to a vast array of circumstances To learn how to differentiate needs from expectations and establish an effective way to communicate that doesn't invite a defensive reaction from our partners To create a structure for general communication with friends, family, co-workers and yes, our partners, that is conducive to joyful living and mutual respect To establish a set of protocols that help us plan our responses and keep exchanges clean and kind To separate Facts from Feelings in our daily discourse in order to understand how we need to be heard as well as truly hearing others To know when a relationship no longer serves us and to make a change happen with respect, kindness and peace "Psychotherapist Jeffrey Sumber has written a wonderful, well-informed, and immensely helpful guide on how to realize the full potentials of intimate love. I highly recommend this book for those who are committed to taking their relationship to the next (and then the next!) level of happiness and wholehearted wellness." - Katherine Woodward Thomas, Bestselling author of Calling in "The One" Purchase your copy of Renew Your Wows today and receive a FREE downloadable Action Guide that brings the ideas and exercises to life! *Addiction Private Practice* Haworth PressInc  
 Client workbook used by individuals for the Genesis Process relapse prevention counseling.  
Looking for Leroy New Harbinger Publications  
 \*\*\*Includes Practice Test Questions\*\*\*  
 Addiction Counselor Exam Secrets helps you ace the Addiction Counseling Exam, without weeks and months of endless studying. Our comprehensive Addiction Counselor Exam Secrets study guide is

written by our exam experts, who painstakingly researched every topic and concept that you need to know to ace your test. Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined. *Addiction Counselor Exam Secrets* includes: The 5 Secret Keys to Addiction Counselor Exam Success: Time is Your Greatest Enemy, Guessing is Not Guesswork, Practice Smarter, Not Harder, Prepare, Don't Procrastinate, Test Yourself; A comprehensive General Strategy review including: Make Predictions, Answer the Question, Benchmark, Valid Information, Avoid Fact Traps, Milk the Question, The Trap of Familiarity, Eliminate Answers, Tough Questions, Brainstorm, Read Carefully, Face Value, Prefixes, Hedge Phrases, Switchback Words, New Information, Time Management, Contextual Clues, Don't Panic, Pace Yourself, Answer Selection, Check Your Work, Beware of Directly Quoted Answers, Slang, Extreme Statements, Answer Choice Families; A comprehensive Concepts review including: National Drug Control Strategy, Psychoanalytical Therapy, Professional Issues, Self-referral Process, Rational-Emotive-Behavioral Theory, Alcoholics Anonymous, Chemical Dependence, Addictive Behaviors, Stage Theory of Addiction model, Alcohol, Benzodiazepines, Recovery/Relapse Grid, Professional Issues, Control Theory/Reality Theory, Gorski and Miller, Codependency, Ethical Decision Making, Domestic Violence, Sequential Treatment, Effects of Cocaine, Self-disclosure, Non-verbal Responses, Suicide Assessment, Axis I Disorders, Peter Bell, Counselor Practice, Person-Centered Therapy, Individual Therapy principles, and much more...

**Outsmart Your Anxious Brain** John Wiley & Sons

"Our concept cards include in-depth explanations; you won't see any one-word answers that require you to go get a textbook to figure out what's going on. All of our cards include generous, thorough explanations so if you didn't understand the concept, you will after reading the back of the card!" --Publisher's website.

*Addiction Counselor Exam Secrets Study Guide* Test Prep Books

Presents information on identifying, screening, and assessing adolescents who use substances. This report focuses on the most current procedures and instruments for detecting substance abuse among adolescents, conducting comprehensive assessments, and beginning treatment planning. Presents appropriate strategies and guidelines for screening and

assessment. Explains legal issues concerning Federal and State confidentiality laws. Provides guidance for screening and assessing adolescents in juvenile justice settings. Summarizes instruments to screen and assess adolescents for substance and general functioning domains.

**Emotional Core Therapy** Rupa Publications India Pvt Limited

Author shows readers how to gain emotional balance by learning to identify, process four authentic feelings of joy, grief, fear, and relief. Emotional Core Therapy is one of the most important discoveries in the history of the field of psychology and mental health. With ECT we have discovered the root cause of psychological stress. ECT is also the only psychological approach that can effectively treat the root cause of relationship stress. There exists a cause and effect relationship with stress. The ECT Flowchart depicts how the natural state of stress occurs. For every relationship stress a person encounters on a daily basis, one thing happens for sure. One of the four true feelings, joy, grief, fear, and relief, will arise for sure. These four true feelings will alter/affect the central nervous system thus causing humans stress. ECT is the simplest and most effective psychology approach to treat all current psychological disorders and relationship stress that people face on a daily basis. The only exceptions are some cases where permanent physical or psychological damage has occurred. ECT can help almost any human being, even those without a psychological diagnosis. Why? ECT is the simplest and most effective psychology approach to teach people inner peace and happiness. A goal of nearly all humans. Once you learn and apply ECT, you can handle almost any human relationship stress. Why? The ECT process teaches you how to learn to have a relaxed lifestyle and identify and process relationship stress. Stress come to nearly all humans hourly and daily through the four true feelings. Drugs, alcohol, etc can't change your relationships for you. They can just numb or alter your perceptions and feelings. Why not learn from them. ECT is the most inclusive therapy approach in psychology circles as any psychology technique (such as art therapy, EMDR, hypnosis, biofeedback, Gestalt Therapy, can all be incorporated into ECT. Even common relaxation techniques like Yoga, Pilates, etc can easily be incorporated into ECT.

"Emotional Core Therapy" by Robert A. Moylan, LCPC, demonstrates the power of understanding feelings to keep the body

and mind emotionally healthy. The book demonstrates how five to six psychological steps are used to gain a balanced mind. Robert A. Moylan takes readers on a therapeutic journey in his new book, "Emotional Core Therapy" His goal is to help them understand the root cause of relationship stress. Moylan's book gives various examples where "Emotional Core Therapy" is used to alleviate debilitating feelings of fear, grief and anger. Moylan states that many of his clients complain of having emotional problems that result from relationship issues like divorce, job loss or financial strain. In a step-by-step process, the author teaches the reader how to properly release these toxic feelings. Helping his clients realize that readily available solutions exist to fight common emotional issues is a very enlightening process. This book keeps the reader glued to the book by keeping the concepts simple and easy to read. The goal of "Emotional Core Therapy" is to reach anyone who desires to live a life of vitality and vigor while honoring their relationships. "If you want to live life to its fullest without any regrets, one of the best ways to do this is to get the most out of each day you live," Moylan states. Flow charts, storytelling and much more are contained in Moylan's book to adequately help readers who desire to change their life. He believes the contents and main message of "Emotional Core Therapy" will help the reader live a life free of regrets and full of meaning. About the Author: Robert A. Moylan has a bachelor's from Northwestern University, a master's from Northeastern Illinois University and many certifications from several universities in a variety of subjects. Website:

[www.robertmoylan.com](http://www.robertmoylan.com)

Commerce Business Daily Trivium LLC

This title looks at Kaalai and her worship in Kaula Tantra."

The Genesis Process Simon and Schuster Trivium Test Prep's NCE & CPCE study guide is your key to success. Our NCE & CPCE prep book is comprehensive yet concise, so you get a book loaded with the high-yield information you must know. This means you get more effective study time, which results in higher test scores. Our NCE & CPCE study guide is written by industry experts who bring their years of knowledge and experience to you in an easy to use package. Take advantage of our experts real world knowledge and learn the insider secrets of the exam so you pick up points you didn't even realize you might be missing. When you are deciding which study guide to use, you are actually deciding who to trust with your potential score. Demand the best and trust

your success to the best: Trivium Test Prep's NCE & CPCE study guide! With our National Counselor Exam (NCE) & Counselor Preparation Comprehensive Examination (CPCE) test prep, you will get a complete and comprehensive review of exam material as well as diagnostic practice questions to ensure you understand the information. Practice test questions are one of the most important factors in preparing for any exam, but it is only worthwhile effort if the practice questions are realistic to what you will see on the actual exam. This NCE & CPCE study guide practice questions are designed to prepare you for the exam, so you know exactly what to expect and don't have any unwanted surprises on test day.

**NCMHCE Study Guide** NYU Press  
 Test Prep Books' NCMHCE Study Guide: NCMHCE Exam Prep and Practice Test Questions for the National Clinical Mental Health Counseling Examination [2nd Edition] Made by Test Prep Books experts for test takers trying to achieve a great score on the NCMHCE exam. This comprehensive study guide includes:  
 Quick Overview Find out what's inside this guide!  
 Test-Taking Strategies Learn the best tips to help overcome your exam!  
 Introduction to the Exam Get a thorough breakdown of what the test is and what's on it!  
 Assessment and Diagnosis Client Assessment and Observational Data, Precipitating Problems or Symptoms, Individual and/or Relationship Functioning, and Relevant Family Issues Counseling and Psychotherapy Ethical Standards and Practice, Counselor/Client Roles, Counseling in Relation to a Plan of Treatment, and Referral Information Administration, Consultation, and Supervision Case Notes, Records, and/or Files, Services and Client Needs, Professional Communications, and Obtaining Services DSM-5 Diagnostic and Statistical Manual of Mental Disorders (DSM-5) and Section III (Emerging Measures and Models) Case Analysis Practice Simulations NCMHCE Simulations Answer Explanations Figure out where you went wrong and how to improve! Studying can be hard. We get it. That's why we created this guide with these great features and benefits: Comprehensive

Review: Each section of the test has a comprehensive review created by Test Prep Books that goes into detail to cover all of the content likely to appear on the test. NCMHCE Practice Test Questions: We want to give you the best practice you can find. That's why the Test Prep Books practice questions are as close as you can get to the actual test. Answer Explanations: Every single problem is followed by an answer explanation. We know it's frustrating to miss a question and not understand why. The answer explanations will help you learn from your mistakes. That way, you can avoid missing it again in the future. Test-Taking Strategies: A test taker has to understand the material that is being covered and be familiar with the latest test taking strategies. These strategies are necessary to properly use the time provided. They also help test takers complete the test without making any errors. Test Prep Books has provided the top test-taking tips. Customer Service: We love taking care of our test takers. We make sure that you interact with a real human being when you email your comments or concerns. Anyone planning to take this exam should take advantage of this NCMHCE study guide. Purchase it today to receive access to: NCMHCE review materials Practice questions Test-taking strategies [Head Start Program Performance Standards](#) Createspace Independent Publishing Platform Discusses media portrayals of black men who are outside the expected roles of stock characters and are thus, "illegible" to spectators. [Psychedelics and Spirituality](#) Mometrix Secrets Study Guides Advocating for Women with Postpartum Mental Illness takes the reader into the world of one of the most misunderstood mental illnesses. Through this book, Feingold and Lewis humanize the mother's experience and provide vital tools for mental health and legal professionals. Complete with case studies and the authors' experiences in changing the law in their own state of Illinois, this book is a necessary resource for all.

**Renew Your Vows** New Harbinger Publications

Reveals how psychedelics can facilitate spiritual development and direct encounters with the sacred • With contributions by Albert Hofmann, Huston Smith, Stanislav Grof, Charles Tart, Alexander "Sasha" Shulgin, Brother David Steindl-Rast, and many others • Includes personal accounts of Walter Pahnke's Good Friday Experiment as well as a 25-year follow-up with its participants • Explores protocols for ceremonial use of psychedelics and the challenges of transformingentheogenic insights into enduring change Modern organized religion is based predominantly on secondary religious experience--we read about others' extraordinary spiritual encounters with God but have no direct experience ourselves. Yet there exist powerful sacraments to help us directly experience the sacred, to help us seek out the meaning of being human and our place in the universe, and to help us see the sacred in the world that surrounds us. In this book, more than 25 spiritual leaders, scientists, and psychedelic visionaries examine how we can return to the primary spiritual encounters at the basis of all religions through the guided use of psychedelics. With contributions by Albert Hofmann, Huston Smith, Stanislav Grof, Charles Tart, Alexander "Sasha" Shulgin, Brother David Steindl-Rast, Myron Stolaroff, and many others, this book explores protocols for ceremonial and spiritual use of psychedelics, including LSD, psilocybin, ayahuasca, and MDMA, and the challenges of transformingentheogenic insights into enduring change. It examines psychoactive sacraments in the Bible, myths surrounding the use of LSD, and the transformative ayahuasca rituals of Santo Daime. The book also includes personal accounts of Walter Pahnke's Good Friday Experiment as well as a 25-year follow-up with its participants. Dispelling fears of inauthentic spirituality, addiction, and ill-prepared encounters with the holy, this book reveals the potential of psychedelics as catalysts for spiritual development, a path through which faith can directly encounter God's power, and the beginning of a new religious era based on personal spiritual experience.

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