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A Single Mother, a Few Perspectives... ... and Anyone Else That Is a Single Parent
The Complete Idiot's Guide to Single Parenting

Focus on Single Parent Families Past Present And Future

Parents who have raised children alone often wish there could be a do-over button. "Here's where I messed up..." Whenever I say those words during my parenting workshops, you can hear a pin drop. Parents are on the edges of their seats. "And here's what I'd do differently next time..." That's when every pen in the room begins writing furiously. Let's face it. Hindsight is 20/20. If you ever find yourself saying "I wish I had a do-over..." You're not alone! Join author and youth culture expert, Jonathan McKee, as he shares from his own personal parenting experiences of raising three kids, while making purposeful, effective tweaks along the way. Delivered with a refreshing blend of humor and vulnerability, the author's candid style and real-world application will equip you with solid, helpful practices you can actually use in your own home. With chapters like "Let It Go," "Press Pause," and "Tip the Scales," McKee provides the honest answers you're seeking as you parent your kids.

If I Had a Parenting Do-Over Routledge

Based on the presentations and discussions from a national symposium on family-school links held at the Pennsylvania State University, this volume brings together psychologists, sociologists, educators, and policymakers studying the bidirectional effects between schools and families. This topic -- the links between families and schools, and how these affect children's educational achievement -- encompasses a host of questions, each of key social and educational significance. * How far does parental involvement in schools affect children's experiences and achievement at school? * What explains the great differences between schools, families, and communities in the extent of such involvement? * Are these differences a matter of school practices, or do they reflect much broader social and cultural divisions? * What is the nature of the impact schools have on children and their families? * How can family-school-partnerships be fostered in a way that helps children? The chapter authors consider these questions and related issues, present different perspectives, highlight various aspects of the issues, and suggest widely differing answers. This volume's goal is to provide the reader with current information on what is known...
about family-school-community links, and to provoke new ways of thinking about these links and their implications for children’s education and well-being.

The Single Parent SAGE Publications, Incorporated

Here is a comprehensive source of vital information on single parent families in contemporary society. This book analyzes literature and empirical research concerning single parent families and explores issues and challenges they face. Contributing authors from many fields and perspectives examine a broad range of subjects relating to families in which one person is primarily responsible for parenting. The only state-of-the-art compendium on the topic of single parent families available today, the book synthesizes empirical, theoretical, and contemporary literature about the diversity, myths, and realities of single parent families in western countries. Each chapter contains a demographic overview, definitions, a literature review, and implications for practice, research, education, and social policy. Theoretical and conceptual perspectives related to parenting and wider families are included. An analysis, synthesis, and commentary on single parent families concludes the volume. Themes highlighted throughout the book include socioeconomic and demographic characteristics of single parent families, cultural and ethnic features, and legal and ethical components. Some chapter topics include: single parenthood following divorce single parenthood following death of a spouse never married teen mothers and fathers female-headed homeless families adoptions by single parents noncustodial mothers and fathers grandparents as primary parents single parents of children with disabilities Single Parent Families contains additional resources useful for family professionals: an annotated bibliography, a video/filmography, and a national community resource list. The book is intended for a multidisciplinary audience, including sociologists, psychologists, health care professionals, social workers, therapists, and other researchers, clinicians, policymakers, and educators. An ideal primary or reference text for undergraduate and graduate level programs, the book can also serve as a tool for staff development and continuing education in service agencies.

Unbroken Homes Barbour Publishing

Are you looking for a single parent guide written by an author who understand and shares your experience? Are you a single mother by choice? Are you looking for single mother assistance or single mother help? Would you like to learn about single motherhood? Does it seem difficult being a single parent in general? If you are able to answer yes to any of the above questions regarding single parenthood then “A Single Mother, A Few Perspectives...” is the book for you. This incredible self-help book uses valuable strategies to assist single parents in maximizing their time, energy, and resources so they can make the most of their lives for themselves and their children. An excellent parent education manual!


A comprehensive statistical profile of single-parent families reveals significant differences among different types of such families. Summarizes the home and school life for one-parent children and presents a variety of types of assistance. Family-School Links National Academies Press

It’s a fact that children with disabilities are more likely than other children to be living in single-parent homes. If you’re raising a child with disabilities on your own/”on your own” parenting/whether by choice or circumstance, you’ll find a wealth of support, affirmation, and practical ideas in this guide to living well. This is the first book for solo parents whose kids have a wide variety of disabilities (physical, neurodevelopmental, and psychiatric), and who are widowed, separated, divorced, single by choice, adoptive or foster parents, or military spouses with deployed partners. In Going Solo, Laura Marshak skilfully weaves together extensive interviews and survey results of solo mothers and fathers (and grandparents, too) with reliable coping strategies gleaned from 25 years as a practicing psychologist and specialist in disability adjustment. The book’s insightful personal narratives and the author’s deconstruction of these to offer universal lessons’from the basic (e.g., practice mindfulness to stress) to the profound (e.g., cultivate gratitude as the antidote to resentment)”can help readers assess and transform their own lives for the better. Agencies, extended family, and friends will want a copy of this book, too, to support the solos they care about.

Single Parents Families Baker Books

This first-hand account of a single father teaches single parents to practice five helpful habits and three “Healing Principles” as they adjust to their new life. It also provides hope that God can lead struggling single parents to a new perspective on life, as well as to healing and restoration.

Therapy with Single Parents Routledge

Noting that although families have always been characterized by change, there is strong evidence that they are changing faster today than ever before. This book focuses on the changing roles of mothers, fathers, and children, emphasizing how fathers and mothers meet parental responsibilities and what children have a right to expect from their parents. The research discussed covers multicultural perspectives, including analysis of statistics from many countries. The chapters in the report are: (1) “Families in Transition” (Cynthia B. Lloyd and Niev Duffy), presenting demographic analysis of how families are changing, covering later marriage and childbirth, smaller families, increasing dependency burden on working-age parents, and female-headed households; (2) “The Economics of Motherhood” (Judith Bruce), discussing the prevalence of mother-supported families; (3) “Fathers as Parenting Partners” (Patrice L. Engle and Ann Leonard), giving a definition for fatherhood and focusing on factors affecting, and the benefits of, father-child relationships; (4) “Familial Risk Factors for Children” (Cynthia B. Lloyd and Niev Duffy), discussing birth circumstances, primary family relationships, and living arrangements; and (5) “Family Policy: Supporting the Parent-Child Link” (Judith Bruce), detailing practical policies and programs. Contains 25 tables; each chapter contains references. (BGC)

Dating and the Single Parent Harvard University Press

Explores the effects of divorce on children and their parents. Parenting Matters Oxford University Press, USA

This volume explores the causes and consequences of family inequality in the United States, Europe, and Latin America. Unequal Family Lives Simon and Schuster

Maybe you’ve heard the statistics about children growing up in single-parent families. According to a lot of the research, these kids are more likely to struggle in school, have difficulties with the law, and deal with drug and alcohol abuse-along with other problems. But does growing up with a single parent have to mean these things will happen? Are these children going to lead worse lives than those with two parents? This book tells the stories of several single-parent families, their struggles, and the things they have learned from their situations. These families are not concerned with the statistics, but with making their families and themselves the best they can be. Diversity in Single-parent Families
Population
Decades of research have demonstrated that the parent-child dyad and the environment of the familyâ€”which includes all primary caregiversâ€”are at the foundation of children’s well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child’s brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents’ lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents’ use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

Growing Up with a Single Parent NYU Press
The day Angela Thomas sold the only thing she had, the diamond from her engagement ring, to take care of her kids was the day she began to believe they were going to make it. In that decision, the faith she had always talked about became the faith she was going to learn how to live. In the years since, God has given Angela a passionate desire . . . to live an amazing life, even while raising four kids as a single mom. In this book she shares her hard-earned wisdom on loneliness, dating, finances, and parenting, encouraging every solo mom. “As a gift to our children,” she says, “we can become healthy moms who are strong and amazing women in spite of our circumstances.”

Single Parents in Focus Zondervan Dowd (law, U. of Florida) argues that the justifications for stigmatizing single-parent families are founded on myths used to rationalize harshly punitive social policies that hit children hardest. She says that many two-parent families in fact function as single-caregiving environments anyway, that the two kind of families have some unique and some common problems, that the failure or success of a family has little to do with its form, and that single-parent children often grow up with more admirable traits than their more conventional contemporaries. She looks hard at how the laws and other policies lay extra burdens on families, and recommends reforms. Annotation copyrighted by Book News, Inc., Portland, OR.

Going Solo While Raising Children with Disabilities Policy Press
What you hoped for in life was a smooth road with enough turns to make it interesting. As a single parent, what you got was a rocky path marked by money issues, a barren social life, and more to do in one day than most people accomplish in three. Dr. Lynda Hunter knows how hard it can be. Her own experience as a single parent has taught her firsthand about the concerns you face daily. It’s also taught her how to handle those concerns effectively. Now, in Parenting On Your Own, Dr. Hunter combines her personal insights with those of hundreds of single parents across the country to offer this first-of-its-kind, definitive handbook for single parents. Here at last are the real-life answers you’ve longed for to the real-life questions you’ve been asking about - coping with isolation, loneliness, and other emotions - being a full-time parent and making a living and having a social life - filling in the gaps left by the missing parent - dealing with financial crunches . . . and much more. You won’t find a more thorough, practical, and well-researched guide to single parenting anywhere. This timely resource not only supplies help for your greatest struggles, but new hope and encouragement a single parent’s best allies.

Love-Centered Parenting Bethany House Publishers
Provide effective counseling to members of single-parent families. With more than half of all first marriages ending in divorce, it’s time to re-think the notion that “divorce” means “failure.” Therapy with Single Parents focuses on the strengths of the single-parent family rather than its weaknesses, stressing the need to look at the socially constructed norms, values, and definitions associated with marriage and family in order to provide effective counseling. This unique book examines experiences that are common to single parents and presents interventive strategies for treating single-parent family issues, drawing on clinical case studies to provide technical knowledge in everyday language. Current research shows that single parents account for 27 percent of family households that include children under 18 and that the number of single mothers in the United States more than tripled between 1970 and 2000. Therapy with Single Parents challenges outdated notions that the single-parent family is somehow deficient and associated with adjustment problems in children. It doesn’t ignore the anger, pain, sadness, and guilt experienced by many members of single parent families but offers therapeutic considerations from a more balanced approach. The book examines the social, psychological, and sexual experiences of newly single parents and addresses the ups and downs they’ll face in dealing with schools, the workplace, and social services. Therapy with Single Parents examines: social and psychological differences between divorce and widowhood cognitive-behavioral principles of single-parent families what children can learn from divorce dealing with the ghosts of past relationships relationship rules dealing with adult children and extended families the effect of change in divorcing families the feminization of poverty the therapeutic value of social networks Therapy with Single Parents is an invaluable resource for psychologists, professional counselors, social workers, and marriage and family therapists. The book presents a thorough, in-depth examination of the single-parent family system as a viable, healthy family form. Single Parent Families Routledge
“The Handbook of Family Diversity” fills this gap in scholarship by providing a comprehensive discussion of several key dimensions where families differ: race, socioeconomic status, family structure, sexual orientation, and gender. It is designed to inform and broaden the
debate among students, family scholars, practitioners, and policymakers as to what constitutes a family and how families should function. Featuring commissioned chapters by prominent scholars from a variety of fields, The Handbook of Family Diversity discusses different types of families from widely varying social and economic backgrounds. These authoritative yet highly readable essays discuss important public policy issues pertaining to family diversity and describe the everyday realities of family interactions—the tensions and dynamics of intimacy, support, control, communication, and conflict. Multiple disciplinary, theoretical, and methodological perspectives are presented throughout the volume, providing evidence that there is no unified or monolithic perspective on families. Emphasizing the most current and cutting edge knowledge on family diversity, "The Handbook of Family Diversity" sets a new standard for research in this important and vital area of study. Mom Set Free Policy Press Practical help for determining healthy boundaries for parenting adult children. Previously published as Just Because They've Left Doesn't Mean They're Gone. The Triple Bind of Single-Parent Families Cambridge University Press Diversity in Single-Parent Families: Working from Strength is designed to fill gaps in current literature. The book presents strength-based service delivery options for single-parent families, which have been under-represented in literature and research. Research and appropriate service responses areorganised by race/ethnicity, gender, economic status, sexual orientation, structure, and disability. The editors begin by discussing the socio-economic issues impacting single-parent families along with a framework for strength-based practice. The following chapters focus on communities that have been marginalised and overlooked. For each community, implications for strength-based practice are summarised. The editors recognize a broader need to present factual data as a base for decreasing assumptive biases about single-parent family structures. This book could be used in micro and macro practice courses, courses on multicultural practice, and courses focusing on families and/or children. The Single Mom and Her Rollercoaster Emotions Thomas Nelson Trustworthy Stepfamily Expert Offers Single Parents a Guide to Dating Single parents who are dating or want to begin a dating relationship wonder, How will dating affect my children and my parenting? They probably have figured out that "dating in a crowd" is complicated. Now they're looking for help. Ron Deal, who has counseled single parents and remarried couples for many years, helps single parents—as well as those who date them—navigate the potential pitfalls involved. He gives perspective on when a relationship may be harmful to the children as well as how it can be a blessing to all. Always at the forefront is the goal of strengthening families. Includes questions for individual or group study.

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