
Aetna Better Health Of Virginia

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The Healthcare Imperative Random House
This book, endorsed by the European Laryngological Society, is a comprehensive guide to key topics in neurolaryngology, which enables readers to quickly identify and implement solutions in concrete situations likely to arise in everyday clinical practice. It includes detailed information on conditions such as vocal cord paresis/paralysis, laryngeal dystonia,

and upper motor neuron disorders and offers clear advice on imaging and assessment, highlighting the role and performance of electromyography. Treatment options are extensively described, and there are individual chapters on functional therapy, botulinum toxin injection, the full range of phonosurgery options (including transoral endoscopic techniques, office-based phonosurgery, framework surgery, and laryngeal reinnervation), and laryngeal transplantation. With numerous accompanying videos, the book is a

valuable resource for otorhinolaryngologists, speech pathologists and neurologists. *Principles and Practice of College Health* Macmillan
The United States has the highest per capita spending on health care of any industrialized nation but continually lags behind other nations in health care outcomes including life expectancy and infant mortality. National health expenditures are projected to exceed \$2.5 trillion in 2009. Given healthcare's direct impact on the economy, there is a critical

need to control health care spending. According to *The Health Imperative: Lowering Costs and Improving Outcomes*, the costs of health care have strained the federal budget, and negatively affected state governments, the private sector and individuals. Healthcare expenditures have restricted the ability of state and local governments to fund other priorities and have contributed to slowing growth in wages and jobs in the private sector. Moreover, the number of uninsured has risen from 45.7 million in 2007 to 46.3 million in 2008. *The Health Imperative: Lowering Costs and Improving Outcomes* identifies a number of factors driving expenditure growth including scientific uncertainty, perverse economic and practice incentives, system fragmentation, lack of patient involvement, and under-investment in population health. Experts discussed key levers for catalyzing transformation of the delivery system. A few included streamlined health insurance regulation, administrative simplification and clarification and quality and consistency in treatment. The book is an excellent guide for policymakers at all levels of government, as well as private

sector healthcare workers.

Old Records Never Die National Academies Press

As the most substantial health care reform in almost half a century, President Obama's health care overhaul was as historic as it was divisive. In its aftermath, the debate continues. Drawing on decades of experience in health care policy, health care delivery reform, and economics, Rosemary Gibson and Janardan Prasad Singh provide a non-partisan analysis of the reform and what it means for America and its future. The authors shine a light on truths that have been hidden behind a raucous debate marred by political correctness on both sides of the aisle. They show how health care reform was enacted only with the consent of health insurance companies, drug firms, device manufacturers, hospitals, and other special interests that comprise the medical-industrial complex, which gained millions of new customers with the stroke of a pen. Health care businesses in a market-oriented system are designed to generate revenue, which runs counter to affordable health care. Gibson and Singh take a broader perspective on health care

reform not as a single issue but as part of the economic life of the nation. The national debate unfolded while the banking and financial system teetered on the brink of collapse. The authors trace uncanny similarities between the health care industry and the unfettered banking and financial sector. They argue that a fast-changing global economy will have profound implications for the country's economic security and the jobs and health care benefits that come with it, and they predict that global competition will shape the future of employer-provided insurance more than the health care reform law. *School Success* National Academies Press A Hudson Booksellers Best Non-Fiction Book of the Year, with foreword by Wilco's Jeff Tweedy High Fidelity meets *Killing Yourself to Live* when one man searches for his lost record collection. As he finds himself within spitting distance of middle-age, journalist Eric Spitznagel feels acutely the loss of... something. Freedom? Maybe. Coolness? Could be. The records he sold in a financial pinch? Definitely. To find out for sure, he sets out on a quest to find the original vinyl artifacts from his past. Not just copies. The exact same records: The

Bon Jovi record with his first girlfriend's phone number scrawled on the front sleeve. The KISS Alive II he once shared with his little brother. The Replacements Let It Be he's pretty sure, 20 years later, would still smell like weed. As he embarks on his hero's journey, he reminisces about the actual records, the music, and the people he listened to it with—old girlfriends, his high school pals, and, most poignantly, his father and his young son. He explores the magic of music and memory as he interweaves his adventures in record-culture with questions about our connection to our past, the possibility of ever recapturing it, and whether we would want to if we could. "Memories are far more indelible when married to the physical world, and Spitznagel proves the point in this vivid book. We love vinyl records because they combine the tactile, the visual, the seeable effects of age and care and carelessness. When he searches for the records he lost and sold, Spitznagel is trying to return to a tangible past, and he details that process with great sensitivity and impact."—Dave Eggers, New York Times bestselling author of *The Circle*

Relieving Pain in America CRC Press
Every year, the Global Forum undertakes two workshops whose topics are selected by the more than 55 members of the Forum. It was decided in this first year of the Forum's existence that the workshops should lay the foundation for future work of the Forum and the topic that could best provide this base of understanding was "interprofessional education." The first workshop took place August 29-30, 2012, and the second was on November 29-30, 2012. Both workshops focused on linkages between interprofessional education (IPE) and collaborative practice. The difference between them was that Workshop 1 set the stage for defining and understanding IPE while Workshop 2 brought in speakers from around the world to provide living histories of their experience working in and between interprofessional education and interprofessional or collaborative practice. A committee of health professional education experts planned, organized, and conducted a 2-day, interactive public workshop exploring issues related to innovations in health professions education (HPE). The committee involved educators and other

innovators of curriculum development and pedagogy and will be drawn from at least four health disciplines. The workshop followed a high-level framework and established an orientation for the future work of the Global Forum on Innovations in Health Professional Education. Interprofessional Education for Collaboration: Learning How to Improve Health from Interprofessional Models Across the Continuum of Education to Practice summarizes the presentations and small group discussions that focused on innovations in five areas of HPE: 1. Curricular innovations - Concentrates on what is being taught to health professions' learners to meet evolving domestic and international needs; 2. Pedagogic innovations - Looks at how the information can be better taught to students and WHERE education can take place; 3. Cultural elements - Addresses who is being taught by whom as a means of enhancing the effectiveness of the design, development and implementation of interprofessional HPE; 4. Human resources for health - Focuses on how capacity can be innovatively expanded to better ensure an adequate supply and mix of educated

health workers based on local needs; and 5. Metrics - Addresses how one measures whether learner assessment and evaluation of educational impact and care delivery systems influence individual and population health.

Finding What Works in Health Care

Springer Publishing Company

Netter's Pediatrics, edited by Drs. Todd Florin and Stephen Ludwig, is a rich visual aid with more than 500 images by Dr. Frank Netter and other artists working in his style that will help you diagnose and care for children with common clinical conditions. This is the first time that Netter's drawings of pediatric illness are brought together in a single volume. The superb, accurate artwork accompanies up-to-date text contributed by physicians at the prestigious Children's Hospital of Philadelphia. The book provides you with all the at-a-glance information you need for a quick overview of common issues from nutrition, allergy, infectious disease, and adolescent medicine, to cancer and heart disease. This user-friendly, clinical reference is also a great tool for patient and staff education. Efficiently review key details for each condition with 500

detailed, crystal-clear images provided by Frank H. Netter and others working in the Netter tradition. Apply dependable, concise, clinical advice from a team of physicians at Children's Hospital of Philadelphia, one of the top children's hospitals in the U.S. Get answers at a glance during pediatric rotations when studying for exams or preparing for consultations.

Handbook of Pediatric Transfusion Medicine CRC Press

The definitive resource on the innovative use of DISE for obstructive sleep apnea Obstructive sleep apnea is the most prevalent sleep-related breathing disorder, impacting an estimated 1.36 billion people worldwide. In the past, OSA was almost exclusively treated with Continuous Positive Airway Pressure (CPAP), however, dynamic assessment of upper airway obstruction with Drug-Induced Sleep Endoscopy (DISE) has been instrumental in developing efficacious alternatives. Drug-Induced Sleep Endoscopy: Diagnostic and Therapeutic Applications by Nico de Vries, Ottavio Piccin, Olivier Vanderveken, and Claudio Vicini is the first textbook on DISE written by world-renowned sleep

medicine pioneers. Twenty-four chapters feature contributions from an impressive group of multidisciplinary international experts. Foundational chapters encompass indications, contraindications, informed consent, organization and logistics, patient preparation, and drugs used in DISE. Subsequent chapters focus on treatment outcomes, the role of DISE in therapeutic decision making and upper airway stimulation, pediatric sleep endoscopy, craniofacial syndromes, advanced techniques, and more. Key Highlights Comprehensive video library highlights common and rare DISE findings A full spectrum of sleep disordered breathing and OSA topics, from historic to future perspectives Insightful clinical pearls on preventing errors and managing complications including concentric and epiglottis collapse Discussion of controversial DISE applications including oral appliances and positional and combination therapies This unique book is essential reading for otolaryngology residents, fellows, and surgeons. Clinicians in other specialties involved in sleep medicine will also benefit from this reference, including pulmonologists,

neurologists, neurophysiologists, maxillofacial surgeons, and anesthesiologists.

Photodermatology National Academies Press

This volume provides a comprehensive, state-of-the-art overview on interventional endoscopic ultrasound (EUS). Each chapter covers a single procedure or related group of procedures, features a detailed literature evaluation and tips on these cutting edge endoscopic techniques, and is accompanied by a comprehensive endoscopic video and illustrative endoscopic and ultrasonographic images. The text also reviews adverse events related to interventional EUS, both how to avoid them and how to manage them when they arise. Written by top endoscopic experts in the field, *Interventional Endoscopic Ultrasound* is a valuable resource for practicing gastroenterologists who perform advanced endoscopy.

Living and Dying in Brick City National Academies Press

American Empire is at its apex. We are the sole superpower with no potential challenger for a generation. We can reach any point on the globe with our cruise

missiles and smart bombs and our culture penetrates every nook and cranny of the global village. Yet we are now the most hated country on earth, buried beneath a mountain of debt and morally bankrupt. *Where the Right Went Wrong* chronicles how the Bush administration and Beltway conservatives have abandoned their principles, and how a tiny cabal hijacked U. S. foreign policy, and may have ignited a "war of civilizations" with the Islamic world that will leave America's military mired down in Middle East wars for years to come. At the same time, these Republicans have sacrificed the American worker on the altar of free trade and discarded the beliefs of Taft, Goldwater and Reagan to become a party of Big Government that sells its soul to the highest bidder. A damning portrait of the present masters of the GOP, *Where the Right Went Wrong* calls to task the Bush administration for its abandonment of true conservatism including: - The neo-conservative cabal-liberal wolves in conservative suits. - Why the Iraq War has widened and imperiled the War on Terror. - How current trade policy outsources American sovereignty, independence and

industrial power.

Interventional Endoscopic Ultrasound National Academies Press

America's Children is a comprehensive, easy-to-read analysis of the relationship between health insurance and access to care. The book addresses three broad questions: How is children's health care currently financed? Does insurance equal access to care? How should the nation address the health needs of this vulnerable population? *America's Children* explores the changing role of Medicaid under managed care; state-initiated and private sector children's insurance programs; specific effects of insurance status on the care children receive; and the impact of chronic medical conditions and special health care needs. It also examines the status of "safety net" health providers, including community health centers, children's hospitals, school-based health centers, and others and reviews the changing patterns of coverage and tax policy options to increase coverage of private-sector, employer-based health insurance. In response to growing public concerns about uninsured children, last year Congress voted to provide \$24 billion

over five years for new state insurance initiatives. This volume will serve as a primer for concerned federal policymakers and regulators, state agency officials, health plan decisionmakers, health care providers, children's health advocates, and researchers.

Issues Patients Face After Visiting a Provider Elsevier Health Sciences

How do we rise above anger and self-doubt to achieve our most deeply held goals? Countless writers have tried to answer this question--perhaps none with more searing honesty than Dr. Johnny Lops, a respected Williamsburg psychiatrist whose refreshingly no-nonsense and humane approach to personal and professional achievement draws on his own colorful experiences growing up in blue-collar Brooklyn during the 1980s and 1990s. Witty, funny, and sometimes disconcertingly frank, Dr. Lops takes us back to his obsessive, anxiety-ridden childhood (complete with twelve-year-old neighborhood tough guys); his disastrous early dating experiences; and the process of self-discovery that enabled him to become a professional actor, doctor, and amateur marathon runner. In

this vividly written and engaging book that is part memoir and part instruction manual, Dr. Lops offers eleven simple, practical, and effective tools for maximizing our performance potential and regaining control over our lives.

Guidelines for Perinatal Care Springer Nature

Education and health care significantly influence well-being and health outcomes, especially throughout adolescence. In fact, doctors note that performance in school is highly reflective of a child's current and future health. Despite knowledge of this connection, pediatricians are rarely aware of their patients' school performance and have a limited understanding of the education system. Fostering collaboration and aligning efforts within the health and education sectors is a critical step towards building stronger and healthier communities. On June 14, 2018, the National Academies convened a workshop to discuss how efforts within the health sector can support children's education from pre-kindergarten through 12th grade and to explore the barriers between these sectors. The committee also examined case examples of health-education

collaboration and opportunities in policy. This publication summarizes the presentations and discussions from the workshop.

Laboratory Tests for the Detection of Reproductive Tract Infections Rowman & Littlefield Publishers

The ability to see deeply affects how human beings perceive and interpret the world around them. For most people, eyesight is part of everyday communication, social activities, educational and professional pursuits, the care of others, and the maintenance of personal health, independence, and mobility. Functioning eyes and vision system can reduce an adult's risk of chronic health conditions, death, falls and injuries, social isolation, depression, and other psychological problems. In children, properly maintained eye and vision health contributes to a child's social development, academic achievement, and better health across the lifespan. The public generally recognizes its reliance on sight and fears its loss, but emphasis on eye and vision health, in general, has not been integrated into daily life to the same extent as other health promotion

activities, such as teeth brushing; hand washing; physical and mental exercise; and various injury prevention behaviors. A larger population health approach is needed to engage a wide range of stakeholders in coordinated efforts that can sustain the scope of behavior change. The shaping of socioeconomic environments can eventually lead to new social norms that promote eye and vision health. *Making Eye Health a Population Health Imperative: Vision for Tomorrow* proposes a new population-centered framework to guide action and coordination among various, and sometimes competing, stakeholders in pursuit of improved eye and vision health and health equity in the United States. Building on the momentum of previous public health efforts, this report also introduces a model for action that highlights different levels of prevention activities across a range of stakeholders and provides specific examples of how population health strategies can be translated into cohesive areas for action at federal, state, and local levels.

Birth Settings in America National Academies Press

Chronic pain costs the nation up to \$635 billion each year in medical treatment and lost productivity. The 2010 Patient Protection and Affordable Care Act required the Department of Health and Human Services (HHS) to enlist the Institute of Medicine (IOM) in examining pain as a public health problem. In this report, the IOM offers a blueprint for action in transforming prevention, care, education, and research, with the goal of providing relief for people with pain in America. To reach the vast multitude of people with various types of pain, the nation must adopt a population-level prevention and management strategy. The IOM recommends that HHS develop a comprehensive plan with specific goals, actions, and timeframes. Better data are needed to help shape efforts, especially on the groups of people currently underdiagnosed and undertreated, and the IOM encourages federal and state agencies and private organizations to accelerate the collection of data on pain incidence, prevalence, and treatments. Because pain varies from patient to patient, healthcare providers should increasingly aim at tailoring pain care to

each person's experience, and self-management of pain should be promoted. In addition, because there are major gaps in knowledge about pain across health care and society alike, the IOM recommends that federal agencies and other stakeholders redesign education programs to bridge these gaps. Pain is a major driver for visits to physicians, a major reason for taking medications, a major cause of disability, and a key factor in quality of life and productivity. Given the burden of pain in human lives, dollars, and social consequences, relieving pain should be a national priority.

Making Eye Health a Population Health Imperative Springer

An urgent picture of medical care in our cities, written by an emergency room physician (and co-author of the New York Times bestseller *The Pact*) who grew up in the very neighborhood he is now serving “A pull-no-punches look at health care from a seldom-heard sector . . . Living and Dying isn’t a sky-is-falling chronicle. It’s a real, gutsy view of a city hospital.”—*Essence* In this book, Dr. Sampson Davis looks at the healthcare crisis in the inner city from a rare

perspective: as a doctor who works on the front line of emergency medical care in the community where he grew up, and as a member of that community who has faced the same challenges as the people he treats every day. He also offers invaluable practical advice for those living in such communities, where conditions like asthma, heart disease, stroke, obesity, and AIDS are disproportionately endemic. Dr. Davis's sister, a drug addict, died of AIDS; his brother is now paralyzed and confined to a wheelchair as a result of a bar fight; and he himself did time in juvenile detention—a wake-up call that changed his life. He recounts recognizing a young man who is brought to the E.R. with critical gunshot wounds as someone who was arrested with him when he was a teenager during a robbery gone bad; describes a patient whose case of sickle-cell anemia rouses an ethical dilemma; and explains the difficulty he has convincing his landlord and friend, an older woman, to go to the hospital for much-needed treatment. With empathy and hard-earned wisdom, *Living and Dying in Brick City* is an important resource guide for anyone at risk, anyone close to

those at risk, and anyone who cares about the fate of our cities.

Colorectal Cancer Screening McGraw Hill Professional

For decades, the manufacturing industry has employed the Toyota Production System the most powerful production method in the world to reduce waste, improve quality, reduce defects and increase worker productivity. In 2001, Virginia Mason Medical Center, an integrated healthcare delivery system in Seattle, Washington set out to achieve its compe

Netter's Pediatrics E-Book National Academies Press

On cover and title page: STI/HIV.

Herpes Zoster and Postherpetic Neuralgia Springer

Globalization has given many of us unparalleled opportunities to live all over the world. But it has made being a teen more complicated than ever. Imagine having to discover your identity and place in the world when you keep having to move communities. How can we help these teens be happy, healthy, and resilient?

Medicare Hospice Benefits Elsevier

Publishing Company

This work brings together knowledge about the pain of herpes zoster and postherpetic neuralgia. The volume aims to expand knowledge not only of this specialized syndrome, but of every kind of chronic pain. It deals with all the basic scientific information on the acute and chronic stages of herpes zoster, as well as knowledge of all the possible treatments for this terrible affliction. A variety of treatment modalities are described, and more people are now obtaining relief than was thought possible a decade ago.

research, leading to a more thorough understanding of the problems and to pain relief for those who continue to suffer.

Eliminating the Public Health Problem of Hepatitis B and C in the United States

Penguin

Healthcare decision makers in search of reliable information that compares health interventions increasingly turn to systematic reviews for the best summary of the evidence. Systematic reviews identify, select, assess, and synthesize the findings of similar but separate studies, and can help clarify what is known and not known about the potential benefits and

harms of drugs, devices, and other healthcare services. Systematic reviews can be helpful for clinicians who want to integrate research findings into their daily practices, for patients to make well-informed choices about their own care, for professional medical societies and other organizations that develop clinical practice guidelines. Too often systematic reviews are of uncertain or poor quality. There are no universally accepted standards for

developing systematic reviews leading to variability in how conflicts of interest and biases are handled, how evidence is appraised, and the overall scientific rigor of the process. In *Finding What Works in Health Care* the Institute of Medicine (IOM) recommends 21 standards for developing high-quality systematic reviews of comparative effectiveness research. The standards address the entire systematic review process from the initial steps of

formulating the topic and building the review team to producing a detailed final report that synthesizes what the evidence shows and where knowledge gaps remain. *Finding What Works in Health Care* also proposes a framework for improving the quality of the science underpinning systematic reviews. This book will serve as a vital resource for both sponsors and producers of systematic reviews of comparative effectiveness research.

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