
Basic Personal Counselling Geldard

A Handbook for Counsellors, Educators and Community Workers
Counselling Skills: A Practical Guide For Counsellors And Helping Professionals
Basic Personal Counselling
The Pro-Active Approach
Counselling, Coaching and Mentoring
Effective Group Counseling
Basic Personal Counseling
A Social Constructionist Approach
A Guide to Recovery from Alcohol And Drug Addiction
An Integrative Approach
Student Manual for Corey's Theory and Practice of Counseling and Psychotherapy
A Person-centred Approach
The Practice of Case Management
Basic Skills in Psychotherapy and Counseling
Living with PTSD on the Autism Spectrum
A Handbook for Counsellors, Therapists and Psychologists
Enough Already!
Relationship Counselling for Children, Young People and Families
Another Chance
Counselling Skills and Theory 4th Edition
Practical Counselling Skills
Effective strategies for positive outcomes
The Green Beauty Guide
Introduction to Counselling Skills
Nelson-Jones' Theory and Practice of Counselling and Psychotherapy
Texts and Activities

A Training Manual for Counsellors
Theory and Practice
A Training Manual for Counsellors
The Art and Science of Brief Psychotherapies
The Big Picture
Counseling Adolescents Competently
Counselling Children
Hope and Health for the Alcoholic Family
Insightful Analysis with Practical Applications
Counselling Adolescents
A practical guide for counsellors and helping professionals
An Integrative Approach
Setting up in Independent Practice
Superhero Therapy for Anxiety and Trauma

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A Handbook for Counsellors, Educators and Community Workers

Jessica Kingsley Publishers

With its effective outcomes, relative speed and reduced costs, the group format is becoming increasingly popular for work with children in counselling and educational settings. Drawing from their extensive experience of running children's groups and training group leaders, Kathryn and David Geldard describe the entire process of running groups from the initial planning to post-group evaluation. Topics covered include the benefits and disadvantages of running groups and the types of group

available, as well as the planning, designing, implementation and evaluation of group programmes. Filled with lots of ideas, activities, games and work-sheets for use in group programmes, as well as examples of complete programmes for particular problems such as domestic violence and low self-esteem, this highly accessible and practical book will be an invaluable resource for anyone wishing to run groups for children.

Counselling Skills: A Practical Guide For Counsellors And Helping Professionals Science & Behavior Books

The relationship between autism and PTSD has historically been neglected in research and understanding but impacts the lives of many. Autistic people are intrinsically vulnerable to traumatic social situations and relationships, which can later manifest as PTSD. Navigating situations where one feels entirely at odds can

lead seemingly commonplace events to be processed as traumatic experiences. In this unique collaboration, Lisa Morgan and Mary Donahue explore PTSD in autistic adults as patient and practitioner. Lisa shares her personal experiences as an autistic adult, reflecting on emotionally traumatic events and their effect on her daily life. Mary examines the challenges surrounding diagnosis, reworking and developing communication and clarifying the symptoms of PTSD within the autistic population. Combining lived experience with professional expertise, this clear and accessible guide will provide a better understanding of autism and PTSD, providing support and direction to autistic adults processing trauma and those involved in their care.

Basic Personal Counselling Free Assn Books

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The Pro-Active Approach Macmillan International Higher Education

From award-winning author Karen Kearns, *The Big Picture, 5e* is written to support training delivery in CHC30113 Certificate III in Early Childhood Education and Care. It provides students with a practical introduction to working in a children's service environment, while helping to bridge the gap between theory and best practice. It is designed to address the relevant units of competency in a holistic and integrated way while covering the skills and knowledge students need to be deemed competent in this qualification. The text also examines the personal and professional skills needed to be an effective early childhood educator. Students are introduced to the Early Childhood

Australia Code of Ethics and the challenges faced by educators when working with families and children. In addition, Kearns emphasises the importance of knowing the traditional domains of early education and development, and links them to the Early Years Learning Framework (EYLF) and the National Quality Standards (NQS). *The Big Picture, 5e* is a highly visual and engaging text for students, or anyone wanting to undertake study in Early Childhood Education and Care. Premium online teaching and learning tools are available on the MindTap platform. Learn more about the online tools [cengage.com.au/mindtap](https://www.cengage.com.au/mindtap) Counselling, Coaching and Mentoring Red Globe Press

This book is an excellent course text for training new counsellors in basic and more advanced counselling micro-skills which come from a number of therapeutic approaches. It enables new trainees to learn how to integrate these skills within a sequential counselling process. It is an easy to read introduction to counselling which teachers will find particularly useful because it contains the following: - A wide variety of examples to illustrate each counselling micro-skill - Practice examples of client statements for students with suggested counsellor response - Client statements, without solutions, for use by teachers in helping students to learn particular micro-skills - An explanation of the therapeutic approaches related to particular micro-skills - A description of a sequential integrative process which enables students to make informed choices about which skills to use at particular stages of the counselling process - A discussion of the way to combine skills to facilitate change - A discussion of a number of practical issues including cultural and ethical issues, the counselling environment, keeping records, the need for

supervision, and the need for the counsellor to look after themselves.

Effective Group Counseling SAGE Publications

Basic Personal Counselling A Training Manual for Counsellors Free Assn Books

Basic Personal Counseling Cengage Learning

"Practical Counselling Skills is a comprehensive course text for training new counsellors in basic and more advanced counselling micro-skills which come from a number of therapeutic approaches. The book enables new trainees to learn how to make informed choices about the type of skill to use and how to integrate these skills within a sequential counselling process. This accessible introduction to counselling skills is essential reading for teachers and trainees alike."--BOOK JACKET.

A Social Constructionist Approach Cengage AU

Readers will be introduced to the three core approaches of counselling, coaching and mentoring, and shown how they work across a variety of settings, including therapy, teaching, social work and nursing. Part 1 takes readers through the theory, approaches and skills needed for helping work, and includes chapters on: The differences and similarities of counselling, coaching and mentoring Foundational and advanced skills for effective helping Supervision and reflective practice Ethical helping and working with diversity Part 2 shows how helping skills look in practice, in a variety of different helping professions. 10 specially-written case studies show you the intricacies of different settings and client groups, including work in schools, hospitals, telephone helplines and probation programs.

A Guide to Recovery from Alcohol And Drug Addiction Cengage

Learning

One of the first books in the field of counseling to use a competency-based approach for teaching counseling and psychotherapy theories, Gehart's text is designed to teach the skills and knowledge outlined in current CACREP Standards. Featuring state-of-the-art, outcomes-based pedagogy, the text introduces counseling and psychotherapy theories using theory-informed case conceptualization as well as treatment planning. Assignments empower students to apply theoretical concepts and develop real-world skills as early as possible in their training, resulting in greater mastery of the material. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

An Integrative Approach McGraw-Hill Education (UK)

Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases (Stan and Gwen). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Student Manual for Corey's Theory and Practice of Counseling

and Psychotherapy Sphinx

This second edition is a step by step practical guide to counselling skills for trainees and practitioners. It presents key skills clearly and concisely.

A Person-centred Approach SAGE

This book focuses on the essential elements of leading effective groups in group counseling. Chapter 1 concentrates on the rationale behind using groups and their myths, advantages, and limitations. Chapter 2 discusses different types of groups, especially those that are therapeutic and task-oriented, and their theory and ethics. Chapter 3 delves into the qualities of group leadership; it covers the personal and professional characteristics that effective group leaders possess. Chapter 4 concentrates on the initial preplanning work of setting up any group, covering screening and selecting members and group composition. Chapter 5 explores issues that must be dealt with during a group's first few sessions, including a review of confidentiality. Chapter 6 focuses on the dynamics of transition, a stage often characterized by conflict; positive ways of handling friction as well as exercises that can be helpful in resolving conflict are discussed. Chapter 7 addresses the working stage of groups and presents techniques to aid the productive achievement of individual and collective goals. Effective ways to terminate groups and the importance of wrapping the group up properly are discussed in chapter 8. Creative group exercises and their uses and abuses are examined in chapter 9, which describes proven ways of assisting groups in the beginning, middle, and end of their life cycles. Chapter 10 looks briefly into the future of groups and probable uses of groups in the years to come. (NB)

The Practice of Case Management Charles C Thomas Pub Limited

This introduction to personal counselling is a comprehensive, easy to read volume for professional and volunteer counsellors and those who train them. This book is an excellent complement to practical training courses in counselling, social work, psychology, welfare or nursing - in fact it is invaluable for any community worker wishing to develop practical interpersonal skills.

Basic Skills in Psychotherapy and Counseling SAGE

This revised first edition is a comprehensive, easy-to-read introduction to personal counseling written for professional and volunteer counselors and those who train them. A major new addition to the book, making it particularly attractive to those who train counselors, is the inclusion of training group exercises for all skills chapters. After reading a particular chapter, the exercises relating to that chapter, in part VI of the book, can be used by trainers to greatly enhance the learning process. These exercises have been found to be popular with both students and those teaching them. The chapters describing basic and more advanced counseling skills are arranged in a sequence that is particularly suitable when teaching student counselors to learn and practice using these skills for the first time. The authors adopt an integrative approach that allows the reader to learn, understand, and use skills taken from major counseling approaches, and to integrate these into a sequential process that maximizes the possibility of facilitating change in clients. Of considerable value for new counselors are those sections of the book that describe the fundamental principles of the counseling relationship, and explain the theories of change applicable to the

various approaches to counseling. Unique features include: a highly practical integrative approach; discussion of the specific skills required for success; practical suggestions on ways to learn and develop new skills; an understanding of the role of a counselor's supervisor; information on practical issues such as keeping records, arrangement of the counseling room, and ways to look after yourself as a counselor; plus practical information on issues of confidentiality and professional ethics. The text will serve as a valuable resource for workers in a wide variety of helping professions where counseling skills are useful, such as psychology, social work, welfare work, medicine, nursing, human services, and education.

Living with PTSD on the Autism Spectrum Cengage Learning

A key book in the Basic Texts in Counselling and Psychotherapy series, this is an accessible introduction to the benefits and applications of systemic therapy with individuals. It builds upon the growing interest in this approach which, unlike many other therapeutic approaches, can effectively be employed as a meta-theory whilst practitioners continue to work in another main model, such as cognitive-behavioural or psychodynamic. This popular text book provides counselling and psychotherapy students, trainees and practitioners new to this approach, with a lively, accessible and thoroughly practical introduction to the key theoretical concepts and techniques of systemic therapy with individuals.

A Handbook for Counsellors, Therapists and Psychologists
SAGE

Examines the differences between natural, organic, and biodynamic products, discusses how to shop for the best products

for the best prices, offers instructions for making homemade cleansers and toner, and includes other practical suggestions for natural skin, teeth, and hair care. Original. 25,000 first printing.

Enough Already! SAGE

Counseling Adolescents Competently is a comprehensive text for students and professionals compiling foundational and emerging skills in the counseling field. Authors Lee A. Underwood, Ph.D. and Frances L.L. Dailey, Ph.D. review extensive interventions ranging from assessment to diagnosis as well as fresh perspectives on working with this often challenging group.

Employing clinical case scenarios and profiles that demonstrate key issues, this book helps the counselor-in-training to understand the relevant theories and research around adolescents to better engage in culturally relevant interventions and treatment planning. Key Features Unlike most literature related to behavioral health services for adolescents, this text is crafted specifically for the profession of counseling, yet is applicable for all behavioral health providers. Case scenarios address critical issues impacting today's adolescents including their characteristics, technology issues, diagnoses and typologies, special needs, and interventions involving treatment planning. Themes that are commonly faced by teens, including trauma, grief, loss, emotional issues, sexual development, and peers are covered. A diverse range of adolescents from both urban and non-urban settings are examined. This book addresses a broad audience that includes students in behavioral health training, counseling, and school programs; the practicing provider; and administrative/clinical supervisors and educators.

Relationship Counselling for Children, Young People and Families

Jessica Kingsley Publishers

This sixth edition provides an essential introduction to the major theoretical approaches in counselling and psychotherapy today. Comprehensive and accessible, it now includes two brand new chapters on Mindfulness and Positive Therapy, as well as additional content on ethics, on new developments in each approach, including the latest research and updated references. Following a clearly-defined structure, each chapter describes the origin of the therapeutic approach, a biography of its originator, its theory and practice, discusses case material and further developments, and suggests further reading. Each chapter also contains review and personal questions. Richard Nelson-Jones' authoritative and practical textbook is the ideal companion for students on introductory courses and those embarking on professional training.

Another Chance SAGE

Counselling and Supporting Children and Young People is the ideal introduction to counselling and supporting children and young people. Taking a person-centered approach, Mark Prever offers readers a clear understanding of the theory and practice of working with children and young people in difficulty – whether in a therapeutic, school or social work setting. This practical text: specifically addresses both the counsellor and the 'helper', who may be unfamiliar with counselling jargon; contains exercises, points for further thought and discussion, and boxed notes throughout, highlighting exactly how the theory applies to the child or young person; discusses ethics, the current political

agenda and evidence-based practice. This book is a must-read for trainees and professionals working with children and young people in the fields of counselling and psychotherapy, education, mental health, nursing, youth work and social work.

Counselling Skills and Theory 4th Edition Health Communications, Inc.

Most of us find ourselves listening to other people's problems at some time or another - either our friends' or, in the course of our work, patients, pupils, clients, colleagues. This book, written clearly in user friendly language, takes the reader step by step through a range of skills to help them become a better listener, communicator and helper in their everyday lives, progressing from inviting the person to talk to ending a helping conversation. Using plenty of examples, tips, exercises and sample conversations, the authors show how the skills described can be easily learned and can fit comfortably into everyday life. This book is essential reading for everyone interested in improving their communication and helping skills as well as those students taking introductory courses in counselling and counselling skills. KATHERYN GELDARD is a Child and Family Therapist and a visiting lecturer at the Queensland University of Technology, Australia. DAVID GELDARD is a Counselling Psychologist. Together they are the authors of several books on counselling. They jointly manage a counselling practice where they specialise in working with children, adolescents, and their families. They also run training programmes for helping professionals who wish to enhance their counselling skills.

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