
My Yonanas Frozen Treat Maker Recipe Book 101 Delicious

200 Healthy Frozen Dessert Recipes to Enjoy with Your Family and Friends

An Illustrated Step-by-step Guide to Perfect Ice Cream, Gelato, and Sauces

Eat More of What You Love

The Prevent and Reverse Heart Disease Cookbook

Magic Bullet Nutribullet Blender Smoothie Book

Master Yonanas Making

Dairy Free Ice Cream Recipe Book

Yonanas Frozen Treat Maker

101 Delicious Frozen Fruit & Vegan Ice Cream Recipes, Pro Tips & Instructions from Simple Steps!

101 Superfood Smoothie Recipes for Energy, Health and Weight Loss!

Smart Leadership

Over 125 Delicious, Life-Changing, Plant-Based Recipes

Favorite Everyday Recipes from Our Family Kitchen

Psychology of Recovery - Regain Power, Heal from Narcissism and Narcissist Behavior, Re-Discover Yourself After Toxic Manipulation Relationships

How to Make Ice Cream

Dreena's Kind Kitchen

More Than 150 Delicious Recipes for Eating Well with Diabetes

Jeni's Splendid Ice Creams at Home

Yonanas

My Yonanas Frozen Treat Maker Recipe Book

Once Upon a Chef: Weeknight/Weekend

Master Yonanas Making

The Ultimate and Complete Manual on The Best Machine on The Market to Make Low Sugar, Healthy Dessert, Ice-Cream and Sorbets with Delicious Fruits, for Vegans Too

A Workbook To Help You Make Delicious, Fast, Easy-To-Make, Smooth And Frozen Desserts Recipes

My Yonanas Frozen Treat Maker Soft Serve Ice Cream Machine Recipe Book, a Simple Steps Brand Cookbook

Nutri Ninja Master Prep Blender Smoothie Book

Two Peas & Their Pod Cookbook

Recetas de Postres Congelados Con Yonanas

Una Guía Eficaz Para Una Colección De Recetas De Yonanas Caseras Fáciles De Hacer En Casa

101 Delicious Healthy, Vegetarian, Dairy and Gluten-Free, Soft Serve Fruit Desserts for Your Elite Or Deluxe Machine

The Blender Girl

70 Quick-Fix Weeknight Dinners + 30 Luscious Weekend Recipes: A Cookbook

Diabetic Living Cookbook

A Transforming Guide On How To Preparing Yonanas Frozen Treats With Quick And Delicious Recipes Enjoy Healthy Desserts With Your Family And Improve Your Vitality

Perfect Yonanas Cookbook with Tasty and Healthy Frozen Fruit and Ice Cream Recipes

Yonanas Frozen Treat Maker

Yonanas

80+ Recipes for Healthy Homemade Vegan Ice Creams: A Cookbook

Instant Pot Desserts

My Yonanas Frozen Treat Maker Recipe Book 101 Delicious

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200 Healthy Frozen Dessert Recipes to Enjoy with Your Family and Friends Createspace Independent Publishing Platform

From veteran cookbook author Dreena Burton comes a collection of 100 dependable and delicious plant-based recipes that everyone will love. Dreena Burton has been creating plant-based, whole-food recipes for more than 20 years. Home cooks know they can trust her recipes to turn out great—and to be delicious! Now, she has created this one-stop resource for making kinder, more compassionate food choices, for other beings, for the planet, and for yourself. Whether you need weekly staple meals for your family or want a dish to wow your friends for a special occasion, Dreena's Kind Kitchen has you covered with these reliable, flavorful, and healthy recipes. You'll find a variety of breakfasts, salads and dressings, small bites, soups, entrées, and sweets, including: • Lemon-Poppyseed Muffins • Wow 'Em Waffles • Potato-Cauliflower Scramble • Chipotle Chickpea Fries • White Bean and Corn Chowder • Pressure Cooker Quicken Noodle Soup • Truffle-Salted Nut Cheese • Beyond Beet Burgers • Fiesta Taco Filling • Italian Ratatouille • Holiday Dinner Torte • 1-Minute Pasta Alfredo • Crackle Blender Brownies • Mango Carrot Cake • Heavenly Baklava Dreena also shares a cooking troubleshooting section so you can boost your kitchen skills. With helpful guidance on techniques, time-saving tips, and suggestions for repurposing leftovers into delicious new dishes, this dependable resource will boost your cooking confidence and help you find success in your own plant-powered kitchen.

An Illustrated Step-by-step Guide to Perfect Ice Cream, Gelato, and Sauces Editions Assouline

My Yonanas Frozen Treat Maker Recipe Book 101 Delicious Healthy, Vegetarian, Dairy and Gluten-Free, Soft Serve Fruit Desserts for Your Elite Or Deluxe Machine Createspace Independent Publishing Platform

Eat More of What You Love Penguin

From Saveur Award-winning Finnish author Virpi Mikkonen and Tuulia Talvio, a gorgeous book of decadent, easy--and healthy!--vegan ice cream recipes Just in time to beat the summer heat, N'ice Cream offers 80 decadent and healthy ice cream recipes made from all-natural, wholesome vegan ingredients like fruits, berries, and plant-based milks and nuts--as the authors say, "no weird stuff." Get ready to have your ice cream and eat it too. Award-winning Finnish author Virpi and coauthor Tuulia show that making your own ice cream can be easy and good for you at the same time. These recipes can be made with or without an ice cream maker, and include foolproof instant ice creams that can be savored right away. As Tuulia and Virpi say, people deserve to eat goodies without feeling crappy afterwards, and now they can; all the recipes are dairy-free, gluten-free, and refined-sugar-free, and many are nut-free and raw as well. These delicious recipes include creamy ice creams, soft serves, and milkshakes; fresh sorbets and popsicles; party fare like ice cream cakes, sauces, and more. Enjoy light, summery treats like Coconut Water Coolers and Apple Avocado Mint

Popsicles, or relish more decadent fare like the Dreamy Chocolate Sundae and Mint Chocolate Ice Cream Sandwiches. The book itself is gorgeously designed with mouth-watering photographs. Perfect for those who want to devour summer treats without guilt, N'ice Cream is about to make your summer a whole lot more delicious.

The Prevent and Reverse Heart Disease Cookbook Simon and Schuster

★ 55% OFF for Bookstores! NOW at \$ 23,97 instead of \$ 33,97! LAST DAYS! ★ Yonanas is a healthy frozen treat that is easy to make at home. It's made by combining all the flavors of a delicious frozen dip into a one-step process that creates an amazing treat. Yonanas is made with clean ingredients, so you don't have to feel guilty about enjoying it. Yonanas Frozen Treat Maker is a healthy frozen treat. It's easy to make at home or take on the go. Made with only some of the best ingredients, this stuff will have you saying "yum!" The Yonanas Frozen Treat Maker is made of the finest materials and has more features than you can shake a stick at. This fantastic machine comes with a one-year warranty, so you can be sure that you're getting the best there is. The Yonanas Frozen Treat Maker has been made with high quality stainless steel and commercial grade plastic. It is designed to be durable so it will hold up over time. This is a great choice for anyone looking to start making delicious foods at home! This book covers: - How Often Should I Change the Frozen Dessert Base? - How to Change the Frozen Dessert Base? - Is It Safe to Disassemble? - What Materializes If I Do Not Clean My Yonanas Healthy Dessert Maker? - Machine Troubleshooting - Health Benefits - Why is it better to Make Your Desserts? - Will it Help You Lose Weight? - How to Use and Make Amazing Ice Cream with Your Yonanas Frozen Treat Maker - Ice Cream Using Bananas Recipes - Banana Free Ice Cream Recipes - Sorbet Recipes And much more! You put all the ingredients in on the top of the machine, then set the machine to your favorite chocolate or vanilla mix. Then you plug in the machine and let it do its thing. This tasty treat will come out in three easy steps--shredding, blending, and freezing. Buy it NOW and let your customers get addicted to this amazing book!

Magic Bullet Nutribullet Blender Smoothie Book BenBella Books

Healthy vegan recipes with 7 ingredients or fewer; can it be true? Yes! Being a vegan can be easy, fun and totally delicious. With more than 20 years' experience in plant-based cooking, Rita Serano shows how cooking vegan doesn't have to be complicated. She offers nourishing and delicious recipes with not a single fake overprocessed vegan burger in sight. Plus, all her recipes are low-fat and free from refined sugars. With chapters broken into Start, Fast, Fresh, Nourishing, Gather, Sweets and Basics, including recipes for nut milk and vegetable broth if you want to take it a step further, Rita eschews obscure ingredients in favour of natural, seasonal and organic produce. So ditch premade processed products and cook healthy vegan food at home.

Master Yonanas Making Boston Common Press

115 recipes--wholesome new creations and celebrated favorites from the blog--from the husband and wife team behind Two Peas & Their Pod TWO PEAS & THEIR POD celebrates a family, friends, and community-oriented lifestyle that has huge and growing appeal. Maria the genuine, fun, relaxed mom next door who's got the secret sauce: that special knack for effortlessly creating tantalizing and wholesome (and budget-friendly) meals with ease. From a Loaded Nacho Bar bash for 200

guests to quick-and-easy healthy weeknight dinners like never-fail favorites like One-Skillet Sausage Pasta or Asian Pork Lettuce Wraps (always followed by a fab dessert!), Maria shares her best lifestyle tips and home cook smarts. An essential resource for parents looking to update their healthy, inexpensive, time-saving, kid friendly meal roster; aspiring home cooks who want to eat-in delicious food more than they eat out; as well as anyone looking to share their love of food and the giving spirit with their neighbors, TWO PEAS & THEIR POD will help readers bring home that (achievable!) slice of Americana, where families come together to enjoy fresh and nutritious meals and there's always a batch of still-warm cookies waiting on the counter.

Dairy Free Ice Cream Recipe Book Grand Central Publishing

Are you looking for some delicious and healthy frozen dessert recipes to enjoy with your family and friends? If yes, then keep reading! Frozen desserts are amazing! And it is no surprise that they are a big business. Yet, despite advances in technology, many makers of frozen desserts still struggle to get the same kinds of flavors and textures in their frozen desserts as they are able to get in their traditional non-frozen products. In this Cold Desserts book, you will discover: - Over 100 delectable recipes to crave your sweet tooth - Tips & techniques to make all kinds of healthy frozen desserts -- popsicles, frozen yogurts, oft serves, cheesecake bites, sorbets, cakes, pies, and much more! - A complete shopping list to prepare you for everything - BONUS RECIPES: Learn to make healthy non-dessert recipes like (mashed potatoes, guacamole, etc.) Recipes You Didn't Know You Could Make With Your Yonanas Machine: - Decadent Dark Chocolate PB Ice Cream - Vegan Oatmeal Raisin Cookie Dough - Fantastic Frozen Raspberry Pie - Oh-My Mango Coconut Pie - Zesty Spicy Mango Sorbet Non Dessert Recipes: - Rich Rosemary And Roasted Garlic Butter - Garlicy Sweet Potato Magic - I Can't Believe It's Not Pumpkin Butter - Cool Creamy Guacamole And so much more! The benefits of Yonanas ice cream are very simple: They are the best, they are cheaper to make than actual ice cream, and no one can beat them at making an excellent, delicious dessert. Now it is your turn to make the most delicious yonanas treats!

Yonanas Frozen Treat Maker BenBella Books

The long-awaited cookbook companion to the revolutionary New York Times bestseller Prevent and Reverse Heart Disease. "I hope you'll treat yourself to one of these recipes and just open that door. I guarantee you won't close it!" —Samuel L. Jackson Hundreds of thousands of readers have been inspired to turn their lives around by Dr. Caldwell B. Esselstyn's Jr.'s bestseller, Prevent and Reverse Heart Disease. The plant-based nutrition plan Dr. Esselstyn advocates based on his twenty-year nutritional study—the most comprehensive of its kind—is proven to stop and reverse even advanced coronary disease, and is built on the message the Esselstyn family has lived by for years: Your health is truly in your own hands, and what you eat matters. Mother-daughter team Ann and Jane Esselstyn have decades of experience developing delicious, healthful recipes for both their family and Dr. Esselstyn's many grateful patients. Now, they combine their expertise to offer you the cookbook companion to Dr. Esselstyn's groundbreaking book, with more than 125 easy and mouthwatering recipes, brimming with nourishment for your heart and your overall health. From their quick and easy meals like Fast Pasta and Greens and delicious "Sloppy Joes" to their indulgent desserts like their signature Kale Cake and Minty Frozen Chocolate Balls, these recipes will empower you to reclaim your health and discover the pleasures of eating plant-based.

101 Delicious Frozen Fruit & Vegan Ice Cream Recipes, Pro Tips & Instructions from Simple Steps!

Mary Rodriguez

Get a quick start with your Magic Bullet NutriBullet High Speed Blender/Mixer and meet your goals for better health today! This book shows you exactly how to get the most out of your NutriBullet Blender and make 101 of the most delicious and nutritious smoothies you've ever tasted! No other book contains specific instructions and recipes for your Magic Bullet NutriBullet Blender. Combined with 101 of the best, most popular recipes, this book is the perfect companion for anyone who owns a NutriBullet! 101 SMOOTHIE RECIPES - anti-aging - detox - weight loss - bones and joints - constipation - blood sugar - immune system - beauty - energy boost - general health - heart - mood - performance - stress - kids This book is for all models of blender made by Magic Bullet, including the NutriBullet High Speed Blender/Mixer, the Magic Bullet Blender, and all others. All of our recipes and "how to" instructions are designed specifically for Magic Bullet blenders, and to help you with your lifestyle and health goals. Buy today! MONEY-BACK GUARANTEE Free shipping for Prime members 101 Superfood Smoothie Recipes for Energy, Health and Weight Loss! Simon and Schuster

The New Food Dehydrator Bible - A Must-Have For Any Dehydrator Owner Learn how to use your new (or old) food dehydrator like a Pro! Are you purchasing a Nesco, Excalibur, Presto, Waring, Ronco or other food dehydrator? Then you'll need this book! Amazon #1 Best Seller author Lisa Brian has cracked the code on food dehydrating, and written an easy-to-use yet comprehensive guide to getting the most out of your dehydrator. Here's what you'll learn: * How to get the most out of your new dehydrator * How to dehydrate anything! (from fruit to vegetables, to nuts, to meats) * Proper temperatures for different foods * How to pick foods for dehydrating * How to marinate and prepare foods for dehydrating * How to properly store dehydrated foods PLUS... 101 delicious recipes showing exactly how to make: * Vegetable Chips * Fruit Leathers * Granola * Trail Mix * Jerky * And much, much more! FULLY GUARANTEED, NO RISK! Hit the "Add To Cart" button today! Remember - FREE SHIPPING for Amazon Prime members :)

Smart Leadership Penguin

★ 55% OFF for Bookstores! NOW at \$ 23.97 instead of \$ 33.97! LAST DAYS! ★ Yonanas is a healthy frozen treat that is easy to make at home. It's made by combining all the flavors of a delicious frozen dip into a one-step process that creates an amazing treat. Yonanas is made with clean ingredients, so you don't have to feel guilty about enjoying it. Yonanas Frozen Treat Maker is a healthy frozen treat. It's easy to make at home or take on the go. Made with only some of the best ingredients, this stuff will have you saying "yum!" The Yonanas Frozen Treat Maker is made of the finest materials and has more features than you can shake a stick at. This fantastic machine comes with a one-year warranty, so you can be sure that you're getting the best there is. The Yonanas Frozen Treat Maker has been made with high quality stainless steel and commercial grade plastic. It is designed to be durable so it will hold up over time. This is a great choice for anyone looking to start making delicious foods at home! This book covers: - How Often Should I Change the Frozen Dessert Base? - How to Change the Frozen Dessert Base? - Is It Safe to Disassemble? - What Materializes If I Do Not Clean My Yonanas Healthy Dessert Maker? - Machine Troubleshooting - Health Benefits - Why is it better to Make Your Desserts? - Will it Help You Lose Weight? - How to Use and Make Amazing Ice Cream with Your Yonanas Frozen Treat Maker - Ice Cream Using Bananas Recipes - Banana Free Ice

Cream Recipes - Sorbet Recipes And much more! You put all the ingredients in on the top of the machine, then set the machine to your favorite chocolate or vanilla mix. Then you plug in the machine and let it do its thing. This tasty treat will come out in three easy steps-shredding, blending, and freezing. ★ 55% OFF for Bookstores! NOW at \$ 23.97 instead of \$ 33.97! LAST DAYS! ★ [Over 125 Delicious, Life-Changing, Plant-Based Recipes](#) Createspace Independent Publishing Platform

Koch delivers with over 200 brand-new super satisfying guilt-free recipes (under 350 calories!) that everyone will love--from mile high meatloaf and chicken fried steak with cream gravy to stuffed black and blue steak burgers to pizza pasta pie and red velvet cupcake.

[Favorite Everyday Recipes from Our Family Kitchen](#) Clarkson Potter

Your Yonanas(R) can do more than you think! Why not take a shortcut and learn tips, tricks and workarounds that most people take months to learn through trial and error? Get the most from your Yonanas Soft Serve Dessert Maker with this well-researched, independent cookbook and guide from Simple Steps(TM) Cookbooks! We love the Yonanas so much, we wrote this independent cookbook to show you exactly how to use your Yonanas to prepare the most flavorful and satisfying soft-serve frozen treat desserts you've ever tasted! This Simple Steps Cookbook combines illustrated instructions with 101 of our best, most popular frozen fruit soft serve recipes. It is written to be an independent, compatible companion book useful to anyone who owns a Yonanas! LEARN HOW TO: - make delicious soft-serve with your Yonanas like a pro! - get your kids to eat healthy desserts - prepare fruit for freezing - combine fruits for perfect results - use additional ingredients besides just fruit - make 101 gourmet-quality soft serve recipes LEARN TO AVOID: - goopy slushy desserts nobody wants to eat - freezer-burned fruits (especially bananas) - bad combinations of fruits (Scroll up and "Look Inside" for a full table of contents) Do you own a frozen fruit treat maker, and are you interested in making delicious soft serve desserts? Then this book is for you! All of our recipes and "how to" tips are designed specifically to be compatible with the Yonanas, and to help you get the most out of this amazing frozen treat maker. Buy today! MONEY-BACK GUARANTEE Free shipping for Prime members ABOUT SIMPLE STEPS(TM) COOKBOOKS Simple Steps Cookbooks are independently published, home kitchen-tested cookbooks which cover a range of diets and cooking-methods. Our team of chefs, writers and enthusiasts love to cook and love testing new kitchen products! Our mission is to help our readers get the most from their cooking journey! This book is not endorsed or authorized by Yonanas. However, the publisher (Simple Steps Cookbooks) stands behind the content of the book to be fully compatible with the Yonanas.

Artisan Books

★ 55% discount for bookstores! Now at \$27.99 instead of \$37.99! ★ Your Yonanas can do more than you think! Why not take a shortcut and learn tips, tricks and workarounds that most people take months to learn through trial and error? We love the Yonanas so much, we wrote this independent cookbook to show you exactly how to use your Yonanas to prepare the most flavorful and satisfying soft-serve frozen treat desserts you've ever tasted! This Simple Steps Cookbook combines illustrated instructions with 101 of our best, most popular frozen fruit soft serve recipes. It is written to be an independent, compatible companion book useful to anyone who owns a Yonanas! LEARN HOW TO: - make delicious soft-serve with your Yonanas like a pro! - get your kids to eat healthy desserts -

prepare fruit for freezing - combine fruits for perfect results - use additional ingredients besides just fruit - make 101 gourmet-quality soft serve recipes LEARN TO AVOID: - goopy slushy desserts nobody wants to eat - freezer-burned fruits (especially bananas) - bad combinations of fruits (Scroll up and "Look Inside" for a full table of contents) Do you own a frozen fruit treat maker, and are you interested in making delicious soft serve desserts? Then this book is for you! All of our recipes and "how to" tips are designed specifically to be compatible with the Yonanas, and to help you get the most out of this amazing frozen treat maker. Buy today! MONEY-BACK GUARANTEE

Psychology of Recovery - Regain Power, Heal from Narcissism and Narcissist Behavior, Re-Discover Yourself After Toxic Manipulation Relationships Grand Central Life & Style

"Ice cream perfection in a word: Jeni's." -Washington Post James Beard Award Winner: Best Baking and Dessert Book of 2011! At last, addictive flavors, and a breakthrough method for making creamy, scoopable ice cream at home, from the proprietor of Jeni's Splendid Ice Creams, whose artisanal scooperies in Ohio are nationally acclaimed. Now, with her debut cookbook, Jeni Britton Bauer is on a mission to help foodies create perfect ice creams, yogurts, and sorbets—ones that are every bit as perfect as hers—in their own kitchens. Frustrated by icy and crumbly homemade ice cream, Bauer invested in a \$50 ice cream maker and proceeded to test and retest recipes until she devised a formula to make creamy, sturdy, lickable ice cream at home. Filled with irresistible color photographs, this delightful cookbook contains 100 of Jeni's jaw-droppingly delicious signature recipes—from her Goat Cheese with Roasted Cherries to her Queen City Cayenne to her Bourbon with Toasted Buttered Pecans. Fans of easy-to-prepare desserts with star quality will scoop this book up. How cool is that?

How to Make Ice Cream Mary Rodriguez

More than 150 great-tasting recipes specially designed for people living with (or at risk of developing) diabetes. Recipes are so flavorful they're sure to satisfy everyone at the table—no need to cook separate meals! Choices for every meal and snack of the day. Savor Rosemary Potato Frittata, Salmon Penne Salad, Mocha Cake with Berries, and much more. Every recipe includes exchanges and complete nutritional information. Sidebars throughout the book spotlight helpful tips on healthy cooking techniques, smart ways to dine out, and lifestyle ideas that make living with diabetes easier. Advice from professionals on how to get the best results when cooking with sugar substitutes.

Dreena's Kind Kitchen Mary Rodriguez

"100 gluten-free, vegan recipes"--Cover.

More Than 150 Delicious Recipes for Eating Well with Diabetes Storey Publishing, LLC

The first step is always the hardest... but never impossible. If you are feeling trapped or powerless in your relationships, remember it is not your fault. But only you can take the first step towards recovery by recognizing the signs of narcissistic behavior and manipulations that are rampant in toxic relationships. The journey ahead will seem hard but with knowledge and guidance, you will be able to see the light at the end of the tunnel. Take the first step for yourself: Quickly recognize narcissism and the types of narcissistic types and abuse: So you can stop the doubts and take action to know how to seek support and help yourself. Be able to see if you are in a narcissistic relationship: And be proactive in your healing recovery, and even for your partner. Learn the signs of

emotional manipulation like gaslighting and Stockholm Syndrome: Giving you the clarity to see what's truly going on and get out of this toxic control. Practical advice for recovery and healing: To lead your way towards rediscovering yourself and rebuilding your life, on your own terms. Self-care tips and therapies: To further strengthen your mindset and paradigm shift to create a life that you not only dream of but realize. We each have only one life, don't let others control yours with lies and fears. Click "Buy Now" to get your copy and start to regain the power in your life.

[Jeni's Splendid Ice Creams at Home HCI](#)

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Clean My Yonanas Healthy Dessert Maker? - Machine Troubleshooting - Health Benefits - Why is it better to Make Your Desserts? - Will it Help You Lose Weight? - How to Use and Make Amazing Ice Cream with Your Yonanas Frozen Treat Maker - Ice Cream Using Bananas Recipes - Banana Free Ice Cream Recipes - Sorbet Recipes And much more! You put all the ingredients in on the top of the machine, then set the machine to your favorite chocolate or vanilla mix. Then you plug in the machine and let it do its thing. This tasty treat will come out in three easy steps-shredding, blending, and freezing. ★ 55% OFF for Bookstores! NOW at \$ 26.97 instead of \$ 36.97! LAST DAYS! ★

[Yonanas Kyle Books](#)

Escape the mediocrity that ensnares so many in business and become a better, more effective leader. Have you ever wondered what it would take to be a better leader, or achieve your wildest dreams, or make a bigger difference in the world? The answer lies in the choices you make: about everything from how you spend your time to the way you view the world. Smart Leadership is the latest essential business title from internationally bestselling author of Win the Heart and Chess Not Checkers Mark Miller. In this book, he shares the four research-based "smart choices" the best leaders make to scale their influence and results. By teaching you how to Confront Reality, Grow Capacity, Fuel Curiosity, and Create Change, Miller will help you: • Bring fresh eyes and fresh thinking to your leadership approach. • Increase your confidence in your ability to make a difference. • Lead at levels you never thought possible. • Accelerate your learning curve so that all these benefits come faster and more naturally. With this guide, your leadership—and your life—will be transformed forever.

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