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# Culture And Depression Studies In The Anthropology And Cross Cultural Psychiatry Of Affect And Disorder Comparative Studies Of Health Systems And Medical Care

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Self-Silencing, Psychological Distress, and  
Recovery

Great Depression and the Middle Class  
Depression

Mental Illness in General Health Care

Faulkner and the Great Depression

Kenneth Fearing, Nathanael West, and Mass  
Culture in the 1930s

How to Change Your Mind

A Public Feeling

Psychiatric Cures for a Society in Distress  
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Caste and Culture in San Antonio, 1929-1939  
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The Great Depression and the Rise of Modern  
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The Neurasthenia-Depression Controversy  
Rethinking Psychiatry  
Breadlines Knee-Deep in Wheat  
Women of the Depression  
Symbolic Transformation in Psychoanalysis and  
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Era Mass Culture  
What the New Science of Psychedelics Teaches  
Us About Consciousness, Dying, Addiction,  
Depression, and Transcendence  
Studies in the Anthropology and Cross-Cultural

Psychiatry of Affect and Disorder  
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Culture, Race, and Ethnicity : Executive Summary  
: a Supplement to Mental Health : a Report of the  
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Lost Connections  
The Black Cultural Front

*Culture And  
Depression  
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The  
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Medical Care*

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## **NEAL CULLEN**

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*Self-Silencing,  
Psychological Distress,  
and Recovery* Univ of  
California Press  
In the last few years

there has been a great  
revival of interest in  
culture-bound  
psychiatric syndromes.  
A spate of new papers  
has been published on  
well known and less  
familiar syndromes,  
and there have been a  
number of attempts to  
put some order into  
the field of inquiry. In a  
review of the literature  
on culture-bound  
syndromes up to 1969  
Yap made certain

suggestions for organizing thinking about them which for the most part have not received general acceptance (see Carr, this volume, p. 199). Through the seventies new descriptive and conceptual work was scarce, but in the last few years books and papers discussing the field were authored or edited by Tseng and McDermott (1981), Al-Issa (1982), Friedman and Faguet (1982) and Murphy (1982). In 1983 Favazza summarized his understanding of the state of current thinking for the fourth edition of the *Comprehensive Textbook of Psychiatry*, and a symposium on culture-bound syndromes was organized by Kenny for the Eighth International Congress of

Anthropology and Ethnology. The strongest impression to emerge from all this recent work is that there is no substantive consensus, and that the very concept, "culture-bound syndrome" could well use some serious reconsideration. As the role of culture-specific beliefs and practices in all affliction has come to be increasingly recognized it has become less and less clear what sets the culture-bound syndromes apart.

### **Great Depression and the Middle Class**

Routledge

Some of the most innovative and provocative work on the emotions and illness is occurring in cross-cultural research on depression. *Culture and Depression*

presents the work of anthropologists, psychiatrists, and psychologists who examine the controversies, agreements, and conceptual and methodological problems that arise in the course of such research. A book of enormous depth and breadth of discussion, *Culture and Depression* enriches the cross-cultural study of emotions and mental illness and leads it in new directions. It commences with a historical study followed by a series of anthropological accounts that examine the problems that arise when depression is assessed in other cultures. This is a work of impressive scholarship which demonstrates that

anthropological approaches to affect and illness raise central questions for psychiatry and psychology, and that cross-cultural studies of depression raise equally provocative questions for anthropology. *Depression* Princeton University Press  
*The Black Cultural Front* describes how the social and political movements that grew out of the Depression facilitated the left turn of several African American artists and writers. The Communist-led John Reed Clubs brought together black and white writers in writing collectives. The Congress of Industrial Organizations's effort to recruit black workers inspired growing interest in the labor

movement. One of the most concerted efforts was made by the National Negro Congress (NNC), a coalition of civil rights and labor organizations, which held cultural panels at its national conferences, fought segregation in the culture industries, promoted cultural education, and involved writers and artists in staging mass rallies during World War II. The formation of a black cultural front is examined by looking at the works of poet Langston Hughes, novelist Chester Himes, and cartoonist Ollie Harrington. While none of them were card-carrying members of the Communist Party, they all participated in the Left at one point in their

careers. Interestingly, they all turned to creating popular culture in order to reach the black masses who were captivated by the movies, radio, newspapers, and detective novels. There are chapters on the Hughes' "Simple" stories, Himes' detective fiction, and Harrington's "Bootsie" cartoons. Collectively, the experience of these three figures contributes to the story of a "long" movement for African American freedom that flourished during the 1930s, 1940s, and 1950s. Yet this book also stresses the impact that McCarthyism had on dismantling the Black Left and how it affected each individual involved. Each was radicalized at a different moment

and for different reasons. Each suffered for their past allegiances, whether fleeing to the haven of the "Black Bank" in Paris, or staying home and facing the House Un-American Activities Committee (HUAC). Yet the lasting influence of the Depression in their work was evident for the rest of their lives.

Mental Illness in  
General Health Care  
National Academies  
Press

This major new book offers a much-needed introduction to the work of Siegfried Kracauer, one of the main intellectual figures in the orbit of the Frankfurt School of Critical Theory. It is part of a timely revival and reappraisal of his unique contribution to our critical understanding of

modernity, the interrogation of mass culture, and the recognition of both the dynamism and diminution of human experience in the hustle and bustle of the contemporary metropolis. In stressing the extraordinary variety of Kracauer's writings (from scholarly philosophical treatises to journalistic fragments, from comic novels to classified reports) and the dazzling diversity of his themes (from science and urban architectural visions to slapstick and dancing girls), this insightful book reveals his fundamental and formative influence upon Critical Theory and argues for his vital relevance for cultural analysis today. Kracauer's work is distinguished by an

acute sensitivity to the 'surface manifestations' of popular culture and a witty, eminently readable literary style. In exploring and making accessible the work of this remarkable thinker, this book will be indispensable for scholars and students working in many disciplines and interdisciplinary fields: sociology and social theory; film, media and cultural studies; urban studies, cultural geography and architectural theory; philosophy and Critical Theory.

**Faulkner and the Great Depression**

Routledge

'The Loss of Sadness' argues that the increased prevalence of major depressive disorder is due not to a

genuine rise in mental disease, as many claim, but to the way that normal human sadness has been 'pathologised' since 1980.

**Kenneth Fearing, Nathanael West, and Mass Culture in the 1930s**

Univ of California Press

Exploring how depression has become a national disease in Japan, this work shows how psychiatry has responded to the nation's ailing social order & how, in a remarkable transformation, the discipline has begun to overcome longstanding resistance to its intrusion in Japanese life.

*How to Change Your Mind* University of Chicago Press

This book is about the largest debate that has



occurred in the field of cultural psychiatry and its impact on diagnosing, theorizing, and clinical practice. It is also about the role of culture in psychopathology specifically in relation to China. This book is the first comprehensive and critical assessment of the anthropological psychiatry that has provided Western physicians with their ideas about somatization and culture. It is argued that psychiatric nosology and the broader cultural milieu interact in a fascinating way and co-facilitate individual conformity to culturally salient categories, consciously or unconsciously, through a process of belief, expectation, and learning. The result is

that codified experiences can be translated from the mind to the body and back again. Through a critical evaluation of the Neurasthenia-Depression controversy, we can gain a view of the contested and shifting nature of psychiatric nosology, and thereby attempt to introduce the beginnings of a model that elucidates how psychiatric distress varies across cultures. This timely book challenges conventional wisdom about neurasthenia and depression in Chinese societies. Its findings will be of value to anyone who works with Chinese people with these mental illnesses across the global diaspora. *A Public Feeling*  
University of Georgia

Press  
 Even before the  
 Depression,  
 unemployment, low  
 wages, substandard  
 housing, and poor  
 health plagued many  
 women in what was  
 then one of America's  
 poorest cities—San  
 Antonio. Divided by  
 tradition, prejudice, or  
 law into three distinct  
 communities of  
 Mexican Americans,  
 Anglos, and African  
 Americans, San  
 Antonio women faced  
 hardships based on  
 their personal  
 economic  
 circumstances as well  
 as their identification  
 with a particular racial  
 or ethnic group.  
 Women of the  
 Depression, first  
 published in 1984,  
 presents a unique  
 study of life in a city  
 whose society more  
 nearly reflected

divisions by the  
 concept of caste rather  
 than class. Caste was  
 conferred by  
 identification with a  
 particular ethnic or  
 racial group, and it  
 defined nearly every  
 aspect of women's  
 lives. Historian Julia  
 Kirk Blackwelder shows  
 that Depression-era  
 San Antonio, with its  
 majority Mexican  
 American population,  
 its heavy dependence  
 on tourism and light  
 industry, and its  
 domination by an  
 Anglo elite, suffered  
 differently as a whole  
 than other American  
 cities. Loss of migrant  
 agricultural work drove  
 thousands of Mexican  
 Americans into the  
 barrios on the west  
 side of San Antonio,  
 and with the intense  
 repatriation fervor of  
 the 1930s, the fear of  
 deportation inhibited

many Mexican Americans from seeking public or private aid. The author combines excerpts from personal letters, diaries, and interviews with government statistics to present a collective view of discrimination and culture and the strength of both in the face of crisis.

**Psychiatric Cures for a Society in Distress**

Bloomsbury Publishing  
Despite general agreement that psychosocial factors play an important role in various facets of the etiology, onset, treatment response and outcome of depressive disorders, the replicability of research results has left much to be desired. Because much of this unreliability has been attributed to

variability in diagnostic criteria, this volume focuses on efforts to identify sources of variability in the definition and diagnosis of depressive disorders within Western society and cross-culturally. It also explicates the elusive role of aversive life events in the development and course of depressive disorders, deals with the interpersonal experiences and dispositions related to the vulnerability and maintenance of depression, and addresses an often neglected issue: how stress and social support affect the quality and response to treatment received. The text concludes with the presentation of an integrative framework for

vulnerability to recurrent depressions which emphasizes the interaction of biological and psychosocial factors as largely mediated by personality and temperament.

Clinician's Guide to Evidence-Based Practice Penguin

"This book is relevant to anyone grappling with the central challenge of relationships: how to achieve connections to others without losing oneself."--Deborah Tannen (author of *You Just Don't Understand*), New York Times Book Review

Caste and Culture in San Antonio, 1929-1939 Springer Nature

This book presents an extensive collection of high-yield case vignettes with

recommendations for a comprehensive approach to cultural psychiatry. Culture is defined from an anthropological perspective, with an emphasis on aspects of culture beyond race, ethnicity, and other traditional demographic categories. The goal of this book is to offer clinical applications of cultural psychiatry via examination of special populations, systems, and settings. With ever-changing geopolitical environments, institutional structures, and sociodynamics, attention and consideration of context is paramount. Theoretical models and specific frameworks for evaluating cultural influence on the manifestation,

development, and treatment response of mental health illnesses are presented. The chapters are organized to showcase different ways in which culture plays into everyday clinical practice. Emphasis is placed on the full sum of the care delivery transaction within a larger context, including public and community systems of care. Real-world case examples are discussed in each chapter to help contextualize the dynamic nature that culture plays in practice across inpatient and outpatient settings. Each case presents with relevant academic and historical background and practical operational advice for psychiatrists providing care within

these respective communities. The authors address diverse clinical cases related to refugee and asylum seekers, military service members, survivors of human trafficking, incarcerated populations, and more. Training recommendations and best practices are outlined including psychopharmacology, psychosocial treatments, and cultural adaptations to evidence based treatments. Diversity in Action: Case Studies in Cultural Psychiatry is a useful resource for all psychiatrists, psychologists, general practitioners, social workers, nurses, administrators, public policy officials, and all medical professionals working with a

culturally diverse subset of patients seeking mental health. *Folk Illnesses of Psychiatric and Anthropological Interest* Princeton University Press

We live in an era of depression, a condition that causes extensive suffering for individuals and families and saps our collective productivity. Yet there remains considerable confusion about how to understand depression. *Depression: Integrating Science, Culture, and Humanities* looks at the varied and multiple models through which depression is understood. Highlighting how depression is increasingly seen through models of biomedicine—and through biomedical catch-alls such as

"broken brains" and "chemical imbalances"—psychiatrist and cultural studies scholar Bradley Lewis shows how depression is also understood through a variety of other contemporary models. Furthermore, Lewis explores the different ways that depression has been categorized, described, and experienced across history and across cultures.

*The Great Depression and the Rise of Modern Mass Culture* Univ of North Carolina Press

This volume is the product of two decades of field research by one of Sri Lanka's distinguished anthropological interpreters.

**The Work of Culture**  
Texas A&M University Press

*In Depression: A Public*

Feelings Project, Ann Cvetkovich seeks to understand why intellectuals, activists, professionals, and other privileged people struggle with feelings of hopeless and self-loathing. She focuses particularly on those in academia, where the pressure to succeed and the desire to find space for creative thinking and alternative worlds bump up against the harsh conditions of a ruthlessly competitive job market, the shrinking power of the humanities, and the corporatization of the university. In her candid memoir, Cvetkovich describes what it was like to move through the days as she finished her dissertation, started a job, and then completed a book for

tenure. Turning to critical essay, she seeks to create new forms of writing and knowledge that don't necessarily follow the usual methods of cultural critique but instead come from affective experience, ordinary life, and alternative archives. Across its different sections, including the memoir, the book crafts - and it's no accident that crafting is one of its topics -- a cultural analysis that can adequately represent depression not as medical pathology but as a historical category, a felt experience, and a point of entry onto discussions not only about theory and contemporary culture but about how to live.

**Treatment of  
Depression in**

## **Adolescents and Adults**

Routledge  
Great Depression and the Middle Class: Experts, Collegiate Youth and Business Ideology, 1929-1941 explores how middle-class college students navigated the rocky terrain of Depression-era culture, job market, dating marketplace, prospective marriage prospects, and college campuses by using expert-penned advice and business ideology to make sense of their situation.

*Ten Years, a Thousand Women, and the Consequences of Having—or Being Denied—an Abortion*  
Harper Collins  
“Pollan keeps you turning the pages . . . cleared and assured.” —New York Times A #1 New York Times Bestseller, New

York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are



improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash

against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

*Women and Depression* Cambridge University Press  
 Praise for *Treatment of Depression in Adolescents and Adults*  
 "This outstanding book, written for clinicians, provides a fascinating examination of leading depression treatments supported by cutting-edge scientific evidence. The editors have assembled an impressive list of authors who expertly describe each intervention at a level of detail rarely seen in other books. Clinicians looking for guidance on how to implement evidence-based treatments for depression will find this book indispensable."  
 —Aaron T. Beck, MD, Professor of Psychiatry, University of Pennsylvania President Emeritus, Beck

Institute for Cognitive Therapy and Research  
 "This is a much-needed book that can increase accessibility of empirically based treatments to practicing clinicians. The chapters are informative, readable, and peppered with clinical examples that bring the treatments to life. This book is an essential bridge to enhance dissemination of some of our most potent treatments for depression to those on the front lines of treatment delivery."  
 —Adele M. Hayes, PhD, Associate Professor of Psychology, University of Delaware Evidence-based interventions for treating depression in adolescents and adults  
 Part of the Clinician's Guide to Evidence-Based Practice Series,  
 Treatment of

Depression in Adolescents and Adults provides busy mental health practitioners with detailed, step-by-step guidance for implementing clinical interventions that are supported by the latest scientific evidence. This thorough, yet practical volume draws on a roster of experts and researchers in the field who have assembled state-of-the-art knowledge into this well-rounded guide. Each chapter serves as a practitioner-focused how-to reference and covers interventions that have the best empirical support for the treatment of depression, including: Cognitive Behavior Therapy Behavioral Activation Cognitive Behavioral Analysis System of

Psychotherapy for Chronic Depression Easy to use and accessible in tone, Treatment of Depression in Adolescents and Adults is indispensable for practitioners who would like to implement evidence-based, culturally competent, effective interventions in their care of clients struggling with depression. NYU Press At no time during the Great Depression was the contradiction between agriculture surplus and widespread hunger more wrenchingly graphic than in the government's attempt to raise pork prices through the mass slaughter of millions of "unripe" little pigs. This contradiction was

widely perceived as a "paradox." In fact, as Janet Poppendieck makes clear in this newly expanded and updated volume, it was a normal, predictable working of an economic system rendered extreme by the Depression. The notion of paradox, however, captured the imagination of the public and policy makers, and it was to this definition of the problem that surplus commodities distribution programs in the Hoover and Roosevelt administrations were addressed. This book explains in readable narrative how the New Deal food assistance effort, originally conceived as a relief measure for poor people, became a program designed to

raise the incomes of commercial farmers. In a broader sense, the book explains how the New Deal years were formative for food assistance in subsequent administrations; it also examines the performance--or lack of performance--of subsequent in-kind relief programs. Beginning with a brief survey of the history of the American farmer before the depression and the impact of the Depression on farmers, the author describes the development of Hoover assistance programs and the events at the end of that administration that shaped the "historical moment" seized by the early New Deal. Poppendieck goes on to analyze the food assistance policies

and programs of the Roosevelt years, the particular series of events that culminated in the decision to purchase surplus agriculture products and distribute them to the poor, the institutionalization of this approach, the results achieved, and the interest groups formed. The book also looks at the takeover of food assistance by the U.S. Department of Agriculture and its gradual adaptation for use as a tool in the maintenance of farm income. Utilizing a wide variety of official and unofficial sources, the author reveals with unusual clarity the evolution from a policy directly responsive to the poor to a policy serving mainly democratic needs. *Radio's America* Simon

and Schuster  
Depression is a widespread condition affecting approximately 7.5 million parents in the U.S. each year and may be putting at least 15 million children at risk for adverse health outcomes. Based on evidentiary studies, major depression in either parent can interfere with parenting quality and increase the risk of children developing mental, behavioral and social problems. *Depression in Parents, Parenting, and Children* highlights disparities in the prevalence, identification, treatment, and prevention of parental depression among different sociodemographic populations. It also outlines strategies for

effective intervention and identifies the need for a more interdisciplinary approach that takes biological, psychological, behavioral, interpersonal, and social contexts into consideration. A major challenge to the effective management of parental depression is developing a treatment and prevention strategy that can be introduced within a two-generation framework, conducive for parents and their children. Thus far, both the federal and state response to the problem has been fragmented, poorly funded, and lacking proper oversight. This study examines options for widespread implementation of best

practices as well as strategies that can be effective in diverse service settings for diverse populations of children and their families. The delivery of adequate screening and successful detection and treatment of a depressive illness and prevention of its effects on parenting and the health of children is a formidable challenge to modern health care systems. This study offers seven solid recommendations designed to increase awareness about and remove barriers to care for both the depressed adult and prevention of effects in the child. The report will be of particular interest to federal health officers, mental and behavioral health providers in diverse parts of health

care delivery systems,  
health policy staff,  
state legislators, and  
the general public.

*A Practical Guide*

Routledge

Bipolar Expeditions' is  
an ethnographic

inquiry into mania and  
depression in their  
American cultural and  
historical contexts. The  
text explores the  
complex darkness and  
stigma associated with  
those deemed 'mad.

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