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especially for people who need not only
to manage their time better, but also
ensure their time is being spent on the
right things. Too often, wisdom about
the proper priorities of work, family,
volunteerism, and so forth is won at the
expense of years (even decades) of
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18 Minutes: Find Your Focus, Master Distractions, and Get the Right Things Done is a worthwhile read, especially for people who need not only to manage their time better, but also ensure their time is being spent on the right things. Too often, wisdom about the proper priorities of work, family, volunteerism, and so forth is won at the expense of years (even decades) of misdirected labor and focus.

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