

Fina Synchronised Swimming Manual For Judges Coaches

Development - Publications | fina.org - Official FINA website

A. JUDGING FIGURES - Edinburgh Synchro

FINA SYNCHRONISED SWIMMING OPERATING MANUAL

2013 - 2017 FINA Synchronised Swimming Manual for Judges ...

C. ANALYSIS OF FIGURES - Edinburgh Synchro

OFFICIALS RESOURCES - Canada Artistic Swimming

FINA ARTISTIC SWIMMING MANUAL FOR JUDGES, COACHES & REFEREES

How to Create Patterns that \"WOW\"! **Preliminary Free Combination - Fina World Junior Synchronised Swimming Championships 2016 (RSA) Team Free Final - FULL REPLAY | Artistic Swimming - Gwangju 2019 | FINA World Championships**

Team USA's Revolutionary Robot Artistic Swimming Routine | Water Figures Japan's emotional Artistic Swimming moment at Kazan 2015 | Full length | [FINA World Championships Sculls - Artistic Swimming](#)

Mixed Duet Free Final - FULL REPLAY! | Artistic Swimming - Kazan 2015 | [FINA World Championships 15-18 Yrs Solo - ASA NAG Synchronised Swimming Championships 2015](#)

FINA Artistic Swimming World Series 2020 *RUSSIA solo gala show - 1st FINA World Youth Artistic Swimming Championships 2019 Team Spain's first ever Gold Medal in Artistic Swimming | Rome 2009 | FINA World Championships The Difficulty of Measuring Difficulty - Session 3 | FINA World Sports Medicine Congress 2016 Team Canada Synchronized Swimming Montreal November 2009 Team China Synchronized Swimming Montreal November 2009 China 2nd in 2015 Synchro Free Combination Champs - Universal Sports Reading Royals | Free Team Gold | National Synchro Champs 2019 Artistic Swimming - Full Team Event from Rio 2016 | Throwback Thursday Russia wins 2015 Synchro Team Tech Champs - Universal Sports A Synchronised Swimming Tribute to Michael Jackson | Music Monday USA wins first Mixed Synchro Swim Champs - Universal Sports Russia 2nd in first Mixed Synchro Swim Champs - Universal Sports Romashina \u0026 Ishchenko \u2713 \u2713 ALL Artistic Swimming Medal routines | Athlete Highlights RUSSIA Team Free routine final - 1st FINA World Youth Artistic Swimming Championships 2019 Re-Live: Duet Free - FINA Synchronised Swimming Olympic Games Qualification - Rio de Janeiro Barracuda | Synchronised Swimming Figures*

2015 FINA World Championship: USA 2nd in Synchro Mixed Duet Free [RE-LIVE | Team Highlight - Toronto | FINA Synchronised Swimming World Series 2017 Solo Free Routine Synchronised Swimming 2012 European Championships TVE Synchro Team Technical FINAL 2007 FINA World Championships Melbourne S5 Runmifit smartwatch - MROTY Montre Connect\u00e9e - RunMiFit App - IP68 Smartband - Unboxing](#)

4. 2013-2017 FINA FIGURE GROUPS - Edinburgh Synchro

Figure Grade 3 | English Synchronised Swimming Grades

Fina Synchronised Swimming Manual For

C. JUDGING THE FREE COMBINATION ROUTINE - Edinburgh Synchro

Figure Grade 5 | English Synchronised Swimming Grades

Artistic Swimming | fina.org - Official FINA website

FINA Rules | fina.org - Official FINA website

fina.org - Official FINA website

SWIMMING FOR ALL - SWIMMING FOR LIFE MANUAL - FINA

Technical Artistic Swimming Committee | fina.org ...

3. ANALYSIS OF FINA FIGURES - Edinburgh Synchro

PART VIII - FINA

FINA SYNCHRONISED SWIMMING MANUAL FOR JUDGES, COACHES ...

Fina Synchronised Swimming Manual For Judges Coaches

Downloaded from archive.imba.com by guest

ALLEN STEWART

Development - Publications | fina.org -

Official FINA website *How to Create*

Patterns that \"WOW\"! **Preliminary Free**

Combination - Fina World Junior

Synchronised Swimming

Championships 2016 (RSA) Team Free

Final - FULL REPLAY | Artistic

Swimming - Gwangju 2019 | FINA

World Championships

Team USA's Revolutionary Robot Artistic Swimming Routine | Water Figures Japan's emotional Artistic Swimming moment at [Kazan 2015 | Full length | FINA World Championships Sculls - Artistic Swimming](#)

Mixed Duet Free Final - FULL REPLAY! | Artistic Swimming - Kazan 2015 | [FINA World Championships 15-18 Yrs Solo - ASA NAG Synchronised Swimming](#)

Championships 2015

FINA Artistic Swimming World Series 2020 *RUSSIA solo gala show - 1st FINA World Youth Artistic Swimming Championships 2019 Team Spain's first ever Gold Medal in Artistic Swimming | Rome 2009 | FINA World Championships The Difficulty of Measuring Difficulty - Session 3 | FINA World Sports Medicine Congress 2016 Team Canada Synchronized Swimming Montreal November 2009 Team China Synchronized Swimming Montreal*

November 2009 China 2nd in 2015
 Synchro Free Combination Champs -
 Universal Sports Reading Royals | Free
 Team Gold | National Synchro Champs
 2019 **Artistic Swimming - Full Team
 Event from Rio 2016 | Throwback
 Thursday** Russia wins 2015 Synchro
 Team Tech Champs - Universal Sports A
 Synchronised Swimming Tribute to Michael
 Jackson | Music Monday USA wins first
 Mixed Synchro Swim Champs - Universal
 Sports Russia 2nd in first Mixed Synchro
 Swim Champs - Universal Sports
**Romashina \u0026 Ishchenko \u2713 ALL
 Artistic Swimming Medal routines | Athlete
 Highlights** RUSSIA Team Free routine final
 -1st FINA World Youth Artistic Swimming
 Championships 2019 **Re-Live: Duet Free
 - FINA Synchronised Swimming
 Olympic Games Qualification - Rio de
 Janeiro Barracuda | Synchronised
 Swimming Figures**

2015 FINA World Championship: USA 2nd
 in Synchro Mixed Duet Free **RE-LIVE |
 Team Highlight - Toronto | FINA
 Synchronised Swimming World Series
 2017 Solo Free Routine Synchronised
 Swimming 2012 European
 Championships TVE Synchro Team
 Technical FINAL 2007 FINA World
 Championships Melbourne S5
 Runmifit smartwatch - MROTY Montre
 Connectée - RunMiFit App - IP68
 Smartband - Unboxing** Fina
 Synchronised Swimming Manual For It is
 my great pleasure to present to you the
 FINA Artistic Swimming Manual for Judges,
 Coaches and Referees ... Judith McGowan,
 Chairman of the Technical Synchronised
 Swimming Committee from 1984 -1992.
 Since 1993 it has been updated every four
 years following each FINA Technical
 Congress. This Manual is recognised
 worldwide as a useful reference for judges,
 coaches, referees and athletes ...FINA
 ARTISTIC SWIMMING MANUAL FOR
 JUDGES, COACHES & REFEREES It is my
 great pleasure to present to you the FINA
 Synchronised Swimming Manual for
 Judges, Coaches and Referees, a precious
 tool for all those in charge of developing
 and promoting this artistic discipline in the
 five continents. Synchronised Swimming
 has steadily progressed over the last
 years. 2013 - 2017 FINA Synchronised
 Swimming Manual for Judges ...MESSAGE
 FROM THE FINA PRESIDENT It is my great
 pleasure to present you the FINA
 Synchronised Swimming Manual for
 Judges, Coaches and Referees, a precious
 tool for all those in charge of developing
 and promoting this artistic discipline in the
 five continents. Synchronised Swimming
 has steadily progressed over the last

years. FINA SYNCHRONISED SWIMMING
 OPERATING MANUAL fina.org - Official FINA
 website fina.org - Official FINA website 2009
 - 2013 FINA Synchronised Swimming
 Manual for Judges, Coaches & Referees 11
 4. Judges may remain on the FINA Judges
 List until the end of the year in which they
 reach the age of 65, unless the judges'
 Federation requests that their name be
 withdrawn. If a withdrawal results in a
 vacancy on the G list, the Federation may
 submit the name of a new candidate. FINA
 will periodically ask ...FINA SYNCHRONISED
 SWIMMING MANUAL FOR JUDGES,
 COACHES ...SWIMMING FOR ALL -
 SWIMMING FOR LIFE It is my great
 pleasure to introduce you this "Swimming
 for All, Swimming for Life - Learn how to
 swim, the basics" Manual, as part of FINA's
 global effort in the development of
 Aquatics in the five continents. SWIMMING
 FOR ALL - SWIMMING FOR LIFE MANUAL -
 FINA Download Artistic Swimming Manual
 (Updated August 2018) Judges & Coaches
 Manual - Addendum 06.09.2020 FINA AS
 Judges & Coaches Manual - Addendum
 06.09.2020 FINA Water Polo Manual - July
 2020. FINA Water Polo Referees Manual
 Download Diving Manual (06-03-2018)
 Download High Diving Manual
 (14-10-2019) facebook. Like. twitter.
 Follow. youtube. Subscribe. instagram.
 Follow. flickr. Follow. youku
 ...Development - Publications | fina.org -
 Official FINA website Artistic Swimming
 Manual. Technical Committee. Officials.
 Latest results . Artistic Swimming More
 results. FINA Artistic Swimming World
 Series 2020. 06 Mar 2020. Paris, FRA. FINA
 World Youth Artistic Swimming
 Championships 2019. 28 Aug 2019.
 Samorin, SVK. 18th FINA World
 Championships 2019. 12 Jul 2019.
 Gwangju, KOR. FINA Artistic Swimming
 World Series 2019 - Super Final. 14 Jun
 2019. Budapest ...Artistic Swimming |
 fina.org - Official FINA website FINA Water
 Polo Manual (Instructions and Clarifications
 for Referees and NF) FINA Beach Water
 Polo Rules (Last update: 27.06.2019)
 Masters Rules. FINA Masters Rules - Valid
 from 21.09.2017 Masters World Record
 Form - Valid from 21.09.2017 Facilities
 Rules. Facilities - valid from 28.01.2020.
 FINA Swimming Pool Certification -
 February 2020 Version (updated on 27 Mar
 2020) FINA Swimming Pool ...FINA Rules |
 fina.org - Official FINA website artistic
 swimming 2017 - 2021 valid as of 13
 september 2017 . version 15.09.2017 1 .
 part viii . fina artistic swimming rules .
 2017 - 2021 . as 1 general . as 2
 competitions . as 3 eligibility . as 4
 sessions . as 5 programmes . as 6 entries .
 as 7 preliminaries and finals . as 8 figure

sessions . as 9 figure panels . as 10
 judgment of figures . as 11 penalties in
 figure sessions . as 12 ...PART VIII -
 FINA 2013 - 2017 FINA Synchronised
 Swimming Manual For Judges, Coaches &
 Referees Section III 2013 - 2017 FINA
 Synchronised Swimming Manual for
 Judges, Coaches & Referees 112 C.
 JUDGING THE FREE COMBINATION
 ROUTINE The Free Combination must have
 eight (8) to ten (10) competitors who
 make a combination of routines
 choreographed to music. (SS 4.4) In Free
 Combination, at least two (2) parts must
 ...C. JUDGING THE FREE COMBINATION
 ROUTINE - Edinburgh Synchro 2013 - 2017
 FINA Synchronised Swimming Manual For
 Judges, Coaches & Referees SECTION II
 2013 - 2017 FINA Synchronised Swimming
 Manual for Judges, Coaches & Referees 44
 C. ANALYSIS OF FIGURES 1. ANALYSIS OF
 BASIC POSITIONS FINA Handbook
 APPENDIX II - Basic Positions In all basic
 positions: a) arm positions are optional, b)
 toes must be pointed, ankle must be
 extended, c) the legs, trunk and ...C.
 ANALYSIS OF FIGURES - Edinburgh
 Synchro Headquarters. Chemin de Bellevue
 24a/24b. CH - 1005 Lausanne.
 SWITZERLAND Tel: (+41-21) 310 47 10.
 Fax: (+41-21) 312 66 10 Technical Artistic
 Swimming Committee | fina.org ...2013 -
 2017 FINA Synchronised Swimming
 Manual For Judges, Coaches & Referees
 SECTION II 2013 - 2017 FINA Synchronised
 Swimming Manual for Judges, Coaches &
 Referees 25 A. JUDGING FIGURES A figure
 is a combination of basic body positions
 and transitions, performed in a manner
 and order as prescribed by the FINA
 Handbook rule descriptions. 1. FINA RULES
 FOR JUDGEMENT OF FIGURES SS 10 ...A.
 JUDGING FIGURES - Edinburgh
 Synchro 2013 - 2017 FINA Synchronised
 Swimming Manual For Judges, Coaches &
 Referees SECTION II 2013 - 2017 FINA
 Synchronised Swimming Manual for
 Judges, Coaches & Referees 38 OPTIONAL
 GROUPS: Group 1 3 330c Aurora Twirl DD
 3.0 An Aurora is executed to Vertical
 Position. A Twirl is executed. Total NVT
 12.0 12.0 19.5 13.0 18.5 23.0 14.0 1124.
 2013-2017 FINA FIGURE GROUPS -
 Edinburgh Synchro 2013 - 2017 FINA
 Synchronised Swimming Manual for
 Judges, Coaches & Referees 68 Figure 142
 - Manta Ray Difficulty - 2.8 Rule Book
 Description NV Diagrams Major Desired
 Actions 1. A Flamingo is executed to a
 Surface Flamingo Position. 10.5 11.0 10.5
 1. Same as Figure 130 Flamingo, steps 1
 and 2. 2. As the body unrolls, the bent leg
 is extended horizontally to assume a
 Fishtail Position ...3. ANALYSIS OF FINA
 FIGURES - Edinburgh Synchro FINA Artistic

Swimming Manual 2017-2021: Aug 2018 4,9 Mb: 2017-2018 Synchro Canada Rulebook: 2018 2017-2021 FINA Rulebook: 2017 2017-2021 Figures and Required Elements: 2017 Technical Information Archive. NAME AS OF TYPE SIZE; CASSA Rulebook: SEP 2016 1.4 Mb: 2015-2017 FINA Rulebook: 2015 2.1 Mb: FINA Synchronised Swimming Manual for Judges & Referees: 2013 1.6 Mb: Description of figures for ...OFFICIALS RESOURCES - Canada Artistic Swimming Figure Grade 3 The England Synchro Figure Grade 3 focuses on 12 and under age group figures in synchronised swimming. Swimmers will be required to perform 10 elements to judges. Each grade has three levels (gold, silver and bronze) so all athletes have the ability to perfect their figures before moving to the next grade. Figure Grade 3 | English Synchronised Swimming Grades To view full descriptions of synchronised swimming basic positions (BP), basic movements (BM) and figures (Fig), download the FINA Figures and Required Elements document on the right of this page. 10 Elements to Synchro Figure Grade 5 Junior Team element 1 (DD 2.3) Junior Team element 2 (DD 1.8) Figure Grade 5 | English Synchronised Swimming Grades 2017-2021 FINA Required Elements 2017-2021 FINA Figures JUNIORS & SENIORS # Name DD Videos Notes COMPULSORY 308i Barracuda Airborne Split Spin Up 360° 3.3 Over water & Underwater New Figure 355g Porpoise Twist Spin 2.5 DD changed from 2.6 to 2.5 2013 - 2017 FINA Synchronised Swimming Manual For Judges, Coaches & Referees SECTION II 2013 - 2017 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 25 A. JUDGING FIGURES A figure is a combination of basic body positions and transitions, performed in a manner and order as prescribed by the FINA Handbook rule descriptions. 1. FINA RULES FOR JUDGEMENT OF FIGURES SS 10 ... A. JUDGING FIGURES - Edinburgh Synchro Headquarters. Chemin de Bellevue 24a/24b. CH - 1005 Lausanne. SWITZERLAND Tel: (+41-21) 310 47 10. Fax: (+41-21) 312 66 10

FINA SYNCHRONISED SWIMMING OPERATING MANUAL

2009 - 2013 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 114. Judges may remain on the FINA Judges List until the end of the year in which they reach the age of 65, unless the judges' Federation requests that their name be withdrawn. If a withdrawal results in a vacancy on the G list, the Federation may submit the name of a new candidate. FINA will periodically ask ...

2013 - 2017 FINA Synchronised Swimming

Manual for Judges ...

SWIMMING FOR ALL - SWIMMING FOR LIFE It is my great pleasure to introduce you this "Swimming for All, Swimming for Life - Learn how to swim, the basics" Manual, as part of FINA's global effort in the development of Aquatics in the five continents.

C. ANALYSIS OF FIGURES - Edinburgh Synchro

FINA Artistic Swimming Manual 2017-2021: Aug 2018 4,9 Mb: 2017-2018 Synchro Canada Rulebook: 2018 2017-2021 FINA Rulebook: 2017 2017-2021 Figures and Required Elements: 2017 Technical Information Archive. NAME AS OF TYPE SIZE; CASSA Rulebook: SEP 2016 1.4 Mb: 2015-2017 FINA Rulebook: 2015 2.1 Mb: FINA Synchronised Swimming Manual for Judges & Referees: 2013 1.6 Mb: Description of figures for ...

OFFICIALS RESOURCES - Canada Artistic Swimming

Download Artistic Swimming Manual (Updated August 2018) Judges & Coaches Manual - Addendum 06.09.2020 FINA AS Judges & Coaches Manual - Addendum 06.09.2020 FINA Water Polo Manual - July 2020. FINA Water Polo Referees Manual Download Diving Manual (06-03-2018) Download High Diving Manual (14-10-2019) facebook. Like. twitter. Follow. youtube. Subscribe. instagram. Follow. flickr. Follow. youku ...

FINA ARTISTIC SWIMMING MANUAL FOR JUDGES, COACHES & REFEREES

2017-2021 FINA Required Elements 2017-2021 FINA Figures JUNIORS & SENIORS # Name DD Videos Notes COMPULSORY 308i Barracuda Airborne Split Spin Up 360° 3.3 Over water & Underwater New Figure 355g Porpoise Twist Spin 2.5 DD changed from 2.6 to 2.5

How to Create Patterns that "WOW"!

Preliminary Free Combination - Fina World Junior Synchronised Swimming Championships 2016 (RSA) Team Free Final - FULL REPLAY | Artistic Swimming - Gwangju 2019 | FINA World Championships

Team USA's Revolutionary Robot Artistic Swimming Routine | Water Figures Japan's emotional Artistic Swimming moment at Kazan 2015 | Full length | FINA World Championships Sculls - Artistic Swimming

Mixed Duet Free Final - FULL REPLAY! | Artistic Swimming - Kazan 2015 | FINA World Championships 15-18 Yrs Solo - ASA NAG Synchronised Swimming Championships 2015

*FINA Artistic Swimming World Series 2020 RUSSIA solo gala show - 1st FINA World Youth Artistic Swimming Championships 2019 Team Spain's first ever Gold Medal in Artistic Swimming | Rome 2009 | FINA World Championships The Difficulty of Measuring Difficulty - Session 3 | FINA World Sports Medicine Congress 2016 Team Canada Synchronized Swimming Montreal November 2009 Team China Synchronized Swimming Montreal November 2009 China 2nd in 2015 Synchro Free Combination Champs - Universal Sports Reading Royals | Free Team Gold | National Synchro Champs 2019 **Artistic Swimming - Full Team Event from Rio 2016 | Throwback Thursday** Russia wins 2015 Synchro Team Tech Champs - Universal Sports A Synchronised Swimming Tribute to Michael Jackson | Music Monday USA wins first Mixed Synchro Swim Champs - Universal Sports Russia 2nd in first Mixed Synchro Swim Champs - Universal Sports*

Romashina \u0026; Ishchenko \u0026; ALL Artistic Swimming Medal routines | Athlete Highlights RUSSIA Team Free routine final - 1st FINA World Youth Artistic Swimming Championships 2019 **Re-Live: Duet Free - FINA Synchronised Swimming Olympic Games Qualification - Rio de Janeiro Barracuda | Synchronised Swimming Figures**

2015 FINA World Championship: USA 2nd in Synchro Mixed Duet Free **RE-LIVE | Team Highlight - Toronto | FINA Synchronised Swimming World Series 2017 Solo Free Routine Synchronised Swimming 2012 European Championships TVE Synchro Team Technical FINAL 2007 FINA World Championships Melbourne S5 Runmifit smartwatch - MROTY Montre Connectée - RunMiFit App - IP68 Smartband - Unboxing**

2013 - 2017 FINA Synchronised Swimming Manual For Judges, Coaches & Referees Section III 2013 - 2017 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 112 C. JUDGING THE FREE COMBINATION ROUTINE The Free Combination must have eight (8) to ten (10) competitors who make a combination of routines choreographed to music. (SS 4.4) In Free Combination, at least two (2) parts must ...

4. 2013-2017 FINA FIGURE GROUPS - Edinburgh Synchro

2013 - 2017 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 68 Figure 142 - Manta Ray Difficulty - 2.8 Rule Book Description NV Diagrams Major Desired Actions 1. A Flamingo is executed to a Surface Flamingo Position. 10.5 11.0

10.5 1. Same as Figure 130 Flamingo, steps 1 and 2. 2. As the body unrolls, the bent leg is extended horizontally to assume a Fishtail Position ...

[Figure Grade 3 | English Synchronised Swimming Grades](#)

FINA Water Polo Manual (Instructions and Clarifications for Referees and NF) FINA Beach Water Polo Rules (Last update: 27.06.2019) Masters Rules. FINA Masters Rules - Valid from 21.09.2017 Masters World Record Form - Valid from 21.09.2017 Facilities Rules. Facilities - valid from 28.01.2020. FINA Swimming Pool Certification - February 2020 Version (updated on 27 Mar 2020) FINA Swimming Pool ...

Fina Synchronised Swimming Manual For

2013 - 2017 FINA Synchronised Swimming Manual For Judges, Coaches & Referees SECTION II 2013 - 2017 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 38 OPTIONAL GROUPS: Group 1 3 330c Aurora Twirl DD 3.0 An Aurora is executed to Vertical Position. A Twirl is executed. Total NVT 12.0 12.0 19.5 13.0 18.5 23.0 14.0 112

C. JUDGING THE FREE COMBINATION ROUTINE - Edinburgh Synchro

2013 - 2017 FINA Synchronised Swimming Manual For Judges, Coaches & Referees SECTION II 2013 - 2017 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 44 C. ANALYSIS OF FIGURES 1. ANALYSIS OF BASIC POSITIONS FINA Handbook APPENDIX II - Basic Positions In all basic positions: a) arm positions are optional, b) toes must be pointed, ankle must be extended, c) the legs, trunk and ...

Figure Grade 5 | English Synchronised Swimming Grades

artistic swimming 2017 - 2021 valid as of 13 september 2017 . version 15.09.2017 1 . part viii . fina artistic swimming rules . 2017 - 2021 . as 1 general . as 2 competitions . as 3 eligibility . as 4 sessions . as 5 programmes . as 6 entries . as 7 preliminaries and finals . as 8 figure sessions . as 9 figure panels . as 10 judgment of figures . as 11 penalties in figure sessions . as 12 ...

Artistic Swimming | fina.org - Official FINA website

Figure Grade 3 The England Synchro Figure Grade 3 focuses on 12 and under age group figures in synchronised swimming. Swimmers will be required to perform 10 elements to judges. Each grade has three levels (gold, silver and bronze) so all athletes have the ability to

perfect their figures before moving to the next grade.

[FINA Rules | fina.org - Official FINA website](#) MESSAGE FROM THE FINA PRESIDENT It is my great pleasure to present you the FINA Synchronised Swimming Manual for Judges, Coaches and Referees, a precious tool for all those in charge of developing and promoting this artistic discipline in the five continents. Synchronised Swimming has steadily progressed over the last years.

fina.org - Official FINA website Artistic Swimming Manual. Technical Committee. Officials. Latest results . Artistic Swimming More results. FINA Artistic Swimming World Series 2020. 06 Mar 2020. Paris, FRA. FINA World Youth Artistic Swimming Championships 2019. 28 Aug 2019. Samorin, SVK. 18th FINA World Championships 2019. 12 Jul 2019. Gwangju, KOR. FINA Artistic Swimming World Series 2019 - Super Final. 14 Jun 2019. Budapest ...

SWIMMING FOR ALL - SWIMMING FOR LIFE MANUAL - FINA

It is my great pleasure to present to you the FINA Synchronised Swimming Manual for Judges, Coaches and Referees, a precious tool for all those in charge of developing and promoting this artistic discipline in the five continents. Synchronised Swimming has steadily progressed over the last years.

[Technical Artistic Swimming Committee | fina.org ...](#)

How to Create Patterns that "WOW"!

Preliminary Free Combination - Fina World Junior Synchronised Swimming Championships 2016 (RSA) Team Free Final - FULL REPLAY | Artistic Swimming - Gwangju 2019 | FINA World Championships

[Team USA's Revolutionary Robot Artistic Swimming Routine | Water Figures Japan's emotional Artistic Swimming moment at Kazan 2015 | Full length | FINA World Championships Sculls - Artistic Swimming](#)

[Mixed Duet Free Final - FULL REPLAY! | Artistic Swimming - Kazan 2015 | FINA World Championships 15-18 Yrs Solo - ASANAG Synchronised Swimming Championships 2015](#)

[FINA Artistic Swimming World Series 2020 RUSSIA solo gala show - 1st FINA World Youth Artistic Swimming Championships 2019 Team Spain's first ever Gold Medal in Artistic Swimming | Rome 2009 | FINA World Championships The Difficulty of](#)

[Measuring Difficulty - Session 3 | FINA World Sports Medicine Congress 2016 Team Canada Synchronised Swimming Montreal November 2009 Team China Synchronised Swimming Montreal November 2009 China 2nd in 2015 Synchro Free Combination Champs - Universal Sports Reading Royals | Free Team Gold | National Synchro Champs 2019 Artistic Swimming - Full Team Event from Rio 2016 | Throwback Thursday Russia wins 2015 Synchro Team Tech Champs - Universal Sports A Synchronised Swimming Tribute to Michael Jackson | Music Monday USA wins first Mixed Synchro Swim Champs - Universal Sports Russia 2nd in first Mixed Synchro Swim Champs - Universal Sports Romashina \u0026 Ishchenko \u2713 ALL Artistic Swimming Medal routines | Athlete Highlights RUSSIA Team Free routine final - 1st FINA World Youth Artistic Swimming Championships 2019 Re-Live: Duet Free - FINA Synchronised Swimming Olympic Games Qualification - Rio de Janeiro Barracuda | Synchronised Swimming Figures](#)

[2015 FINA World Championship: USA 2nd in Synchro Mixed Duet Free RE-LIVE | Team Highlight - Toronto | FINA Synchronised Swimming World Series 2017 Solo Free Routine Synchronised Swimming 2012 European Championships TVE Synchro Team Technical FINAL 2007 FINA World Championships Melbourne S5 Runmifit smartwatch - MROTY Montre Connectée - RunMiFit App - IP68 Smartband - Unboxing 3. ANALYSIS OF FINA FIGURES - Edinburgh Synchro](#)

To view full descriptions of synchronised swimming basic positions (BP), basic movements (BM) and figures (Fig), download the FINA Figures and Required Elements document on the right of this page. 10 Elements to Synchro Figure Grade 5 Junior Team element 1 (DD 2.3) Junior Team element 2 (DD 1.8) PART VIII - FINA

It is my great pleasure to present to you the FINA Artistic Swimming Manual for Judges, Coaches and Referees ... Judith McGowan, Chairman of the Technical Synchronised Swimming Committee from 1984 -1992. Since 1993 it has been updated every four years following each FINA Technical Congress. This Manual is recognised worldwide as a useful reference for judges, coaches, referees and athletes ...

Related with Fina Synchronised Swimming Manual For Judges Coaches:

- What Is The Language Of Nigeria : [click here](#)