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Bestselling author and psychologist Richard Wiseman had become increasingly frustrated with the self-help industry and its snake-oil treatments.  
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Own Eulogy59 Seconds PDF Summary - Richard Wiseman | 12min BlogRichard J. Wiseman (born 17 September 1966) is a Professor of the Public Understanding of Psychology at the University of Hertfordshire in the United Kingdom. He has written several best-selling popular psychology books that have been translated into over 30 languages. He has given keynote addresses to The Royal Society, The Swiss Economic Forum, Google and Amazon.Richard Wiseman - Wikipedia59 Seconds: Change Your Life in Under a Minute by Richard Wiseman in 9 minutes This book was published in 2010 and in at weighing 357 pages. An easy-to-use, concise guide to changing your life in ...Richard Wiseman: 59 Seconds Book SummaryACHIEVE YOUR GOALS IN 59

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is based at the University of  
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psychology, including deception, humor,  
and luck. He is the author of The Luck  
Factor, Quirkology, and numerous other  
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Richard J. Wiseman (born 17 September 1966) is a Professor of the Public Understanding of Psychology at the University of Hertfordshire in the United Kingdom. He has written several best-selling popular psychology books that have been translated into over 30 languages. He has given keynote addresses to The Royal Society, The

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Fortunately, in 59 Seconds: Think a Little, Change a Lot psychologist Richard

Wiseman is on hand to provide fast-acting, myth-busting scientific answers to a huge range of everyday problems. From job-hunting to relationships, and from parenting to self-esteem, personal and professional success may be less than a minute away . . .

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Richard Wiseman is based at the University of Hertfordshire in the United Kingdom and has gained an international reputation for research into offbeat areas of psychology, including deception, humor, and luck. He is the author of *The Luck Factor*, *Quirkology*, and numerous other books. A passionate advocate for science, Wiseman is well-known for his media appearances, high-profile talks, live ...

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Many people make the mistake of trying to achieve too much.

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