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# Padi Open Water Diver E Italiano

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Sea Shepherd  
Pristine Seas  
Open water diver manual  
Bandaging and Splinting  
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Why Divers Die  
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PADI Open Water Diver Manual  
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PADI Adventures in Diving Manual  
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Scuba Fundamental  
Hyperbaric Physiology and Medicine

*Padi Open Water Diver E Italiano*

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Sea Shepherd Springer Nature

For a limited time, receive a free Fodor's Guide to Safe and Healthy Travel e-book with the purchase of this guidebook! Go to [fodors.com](http://fodors.com) for details. Whether you want to surf on the Nicoya Peninsula, glide on a zipline through the rainforest in Monteverde, or stand in awe of Arenal Volcano, the local Fodor's travel experts in Costa Rica are here to help! Fodor's Essential Costa Rica 2020 guidebook is packed with maps, carefully curated recommendations, and everything else you need to simplify your trip-planning process and make the most of your time. This new edition has been FULLY-REDESIGNED with an easy-to-read layout, fresh information, and beautiful color photos. GET INSPIRED • AN ILLUSTRATED ULTIMATE EXPERIENCES GUIDE to the top things to see and do • COLOR PHOTOS throughout to spark your wanderlust! • PHOTO-FILLED "BEST OF" FEATURES on the best beaches, eco-lodges, and food to try while you're there • UP-TO-DATE and HONEST RECOMMENDATIONS covering the most recommended sights, restaurants, hotels, nightlife, shopping, performing arts, activities, side-trips, and more. GET PLANNING • MULTIPLE ITINERARIES to effectively organize your days and maximize your time • SPECIAL FEATURES on "Choosing a Beach," "Coffee, the Golden Bean," "Surfing Costa Rica," and "Canopy Tours" • COVERS: San José, Monteverde Cloud Forest, Arenal Volcano, Manuel Antonio, Nicoya Peninsula, Guanacaste, Limón, Tamarindo, Jacó, Osa Peninsula, and more GET GOING • MORE THAN 35 DETAILED MAPS AND A FREE PULLOUT MAP to navigate confidently • TRIP-PLANNING TOOLS AND PRACTICAL TIPS on when to go, getting around, beating the crowds, and saving time and money • HISTORICAL AND CULTURAL INSIGHTS providing rich context on the local people, government, sports, cuisine, geography, and more • LOCAL WRITERS to help you find the under-the-radar gems • SPANISH LANGUAGE PRIMER with useful words and essential phrases Planning on visiting other destinations in Central America? Check out Fodor's Belize and Fodor's Cancún & the Riviera Maya. ABOUT FODOR'S AUTHORS: Each Fodor's Travel Guide is researched and written by local experts. Fodor's has been offering expert advice for all tastes and budgets for over 80 years. For more travel inspiration, you can sign up for our travel newsletter at [fodors.com/newsletter/signup](http://fodors.com/newsletter/signup), or follow us @FodorsTravel on Facebook, Instagram, and Twitter. We invite you to join our friendly community of travel experts at [fodors.com/community](http://fodors.com/community) to ask any other questions and share your experience with us! IMPORTANT NOTE: The digital edition of this guide does not contain all the images included in the physical edition.

*Pristine Seas* Human Kinetics Publishers

Dive Logbook : Training, Certification and Fun 100 dives to record : Dive No., Date, Location, Time in/out, Dive Time, Cumulative Dive Time, Temperature Air/Surface/Bottom, Visibility, Depth, Bar Start/End, Bottom Time, Safety Stop, Air/EAN %, RNT+ABT=TBT, Suit, Weight, Conditions, Notes, Signature and Stamp. practical dimensions : 6 x 9 in glossy softbound cover, high quality high

quality paper This Dive Logbook is a perfect gift for male, female, beginner to professional divers.

**Open water diver manual** Notion Press

This book is open access under a CC BY 4.0 license. By 2050, human population is expected to reach 9.7 billion. The demand for increased food production needs to be met from ever reducing resources of land, water and other environmental constraints. Rice remains the staple food source for a majority of the global populations, but especially in Asia where ninety percent of rice is grown and consumed. Climate change continues to impose abiotic and biotic stresses that curtail rice quality and yields. Researchers have been challenged to provide innovative solutions to maintain, or even increase, rice production. Amongst them, the 'green super rice' breeding strategy has been successful for leading the development and release of multiple abiotic and biotic stress tolerant rice varieties. Recent advances in plant molecular biology and biotechnologies have led to the identification of stress responsive genes and signaling pathways, which open up new paradigms to augment rice productivity. Accordingly, transcription factors, protein kinases and enzymes for generating protective metabolites and proteins all contribute to an intricate network of events that guard and maintain cellular integrity. In addition, various quantitative trait loci associated with elevated stress tolerance have been cloned, resulting in the detection of novel genes for biotic and abiotic stress resistance. Mechanistic understanding of the genetic basis of traits, such as N and P use, is allowing rice researchers to engineer nutrient-efficient rice varieties, which would result in higher yields with lower inputs. Likewise, the research in micronutrients biosynthesis opens doors to genetic engineering of metabolic pathways to enhance micronutrients production. With third generation sequencing techniques on the horizon, exciting progress can be expected to vastly improve molecular markers for gene-trait associations forecast with increasing accuracy. This book emphasizes on the areas of rice science that attempt to overcome the foremost limitations in rice production. Our intention is to highlight research advances in the fields of physiology, molecular breeding and genetics, with a special focus on increasing productivity, improving biotic and abiotic stress tolerance and nutritional quality of rice.

*Bandaging and Splinting* Mascot Books

From author Kia Abdullah, *Take It Back* is a harrowing and twisting courtroom thriller that keeps you guessing until the last page is turned. One victim. Four accused. Who is telling the truth? Zara Kaleel, one of London's brightest legal minds, shattered the expectations placed on her by her family and forged a brilliant legal career. But her decisions came at a high cost, and now, battling her own demons, she has exchanged her high profile career for a job at a sexual assault center, helping victims who need her the most. Victims like Jodie Wolfe. When Jodie, a sixteen-year-old girl with facial deformities, accuses four boys in her class of an unthinkable crime, the community is torn apart. After all, these four teenage defendants are from hard-working immigrant families and they all have proven alibis. Even Jodie's best friend doesn't believe her. But Zara does—and she is determined to fight for Jodie—to find the truth in the face of public outcry. And as issues of sex, race and social justice collide, the most explosive criminal trial of the year builds to a shocking

conclusion.

**Scuba** Createspace Independent Publishing Platform

"Lobster is served three ways in this fascinating book: by fisherman, scientist and the crustaceans themselves. . . . Corson, who worked aboard commercial lobster boats for two years, weaves together these three worlds. The human worlds are surely interesting; but they can't top the lobster life on the ocean floor." — Washington Post In this intimate portrait of an island lobstering community and an eccentric band of renegade biologists, journalist Trevor Corson escorts the reader onto the slippery decks of fishing boats, through danger-filled scuba dives, and deep into the churning currents of the Gulf of Maine to learn about the secret undersea lives of lobsters. This P.S. edition features an extra 16 pages of insights into the book, including author interviews, recommended reading, and more.

Scuba Compendium Harper Collins

With 2170 kilometers of coastline fronting on the Gulf of Thailand and the Andaman Sea, Thailand has one of the richest marine faunas in the world. Its tropical climate ensures year-round diving pleasure in pristine waters and varied underwater terrain that host a diversity of marine life, from brilliant colored coral polyps to graceful featherstars and a wide variety of reef fish, shark, marlin, sailfish, and barracuda. In a unique compilation of facts and photographs, writer Collin Piprell and photographer Ashley J. Boyd take an enticing look at some of Thailand's best dive sites - along with expert advice on travel, preparation, and facilities. Whether it is scuba diving, wreck diving or live-aboard cruises to premier destinations such as the Similans, the Surins, or the fabled Burma Banks, Diving in Thailand opens up an exciting vista of undersea life and diving spots that are among the best in the world. Contents Introduction Weather Conditions Diving Regulations Thailand's Marine Life Dangerous Marine Life Conserving Thailand's Coral Reefs Underwater Photography: Some Basic Tips Using this Guide ANDAMAN SEA Destination Phuket and Immediate Environs Destination Trang Destination Islands and Banks North and Northwest of Phuket GULF of THAILAND Destination Pattaya/Sattahip/Samae San Destination Chumphon. Destination Koh Samui/Koh Tao Destination Koh Chang Marine National Park A Concluding Note Author Collin Piprell, a Canadian, is a professional writer based in Bangkok. He has had wide experience of sports diving and has collaborated with Ashley J. Boyd on THAILAND'S CORAL REEFS and dozens of articles related to diving and the natural history of coral reefs. About the Photographer: Ashley J. Boyd, an Australian, is a professional still and video photographer based in Bangkok. His photographs have appeared in a wide variety of books, magazines, calendars and posters. His video work has appeared on television and in promotional and educational films. A qualified PADI scuba instructor who specialises in underwater photography courses, Boyd has so far logged over 2,500 dives in tropical Asia.

*Why Divers Die* Random House (UK)

Biography of British Columbia conservationist who is determined to stop the hunting of seals and whales, and used his own boat, Sea Shepherd, to do so.

**Take It Back** New York : Coward-McCann

Whether you want to surf in Manuel Antonio, zip-line through the Monteverde Cloud Forest, or hike around Arenal Volcano, the local Fodor's travel experts in Costa Rica are here to help! Fodor's Essential Costa Rica guidebook is packed with maps, carefully curated recommendations, and

everything else you need to simplify your trip-planning process and make the most of your time. This new edition has been fully-redesigned with an easy-to-read layout, fresh information, and beautiful color photos. Fodor's "Essential" guides were named by Booklist as the Best Travel Guide Series of 2020! Fodor's Essential Costa Rica travel guide includes: AN ILLUSTRATED ULTIMATE EXPERIENCES GUIDE to the top things to see and do MULTIPLE ITINERARIES to effectively organize your days and maximize your time MORE THAN 35 DETAILED MAPS and a FREE PULL-OUT MAP to help you navigate confidently COLOR PHOTOS throughout to spark your wanderlust! HONEST RECOMMENDATIONS FROM LOCALS on the best sights, restaurants, hotels, nightlife, shopping, performing arts, activities, side-trips, and more PHOTO-FILLED "BEST OF" FEATURES on "Best Beaches," "Best Eco-Lodges," "Best Outdoor Adventures," "Best Surfing," and more TRIP-PLANNING TOOLS AND PRACTICAL TIPS including when to go, getting around, beating the crowds, and saving time and money HISTORICAL AND CULTURAL INSIGHTS providing rich context on the local people, politics, art, architecture, cuisine, music, geography and more SPECIAL FEATURES on "Ecotourism in Costa Rica," "Weddings and Honeymoons in Costa Rica," "What to Watch and Read Before You Visit," and "What to Eat and Drink" LOCAL WRITERS to help you find the under-the-radar gems SPANISH LANGUAGE PRIMERS with useful words and essential phrases UP-TO-DATE COVERAGE ON: San Jose, Arenal Volcano, La Fortuna, Cara National Park, Cano Negro National Wildlife Refuge, Manuel Antonio National Park, Monteverde Cloud Forests, Guanacaste, surfing, beaches, sloth sanctuaries, and more Planning on visiting Belize? Check out Fodor's Belize. \*Important note for digital editions: The digital edition of this guide does not contain all the images or text included in the physical edition. ABOUT FODOR'S AUTHORS: Each Fodor's Travel Guide is researched and written by local experts. Fodor's has been offering expert advice for all tastes and budgets for over 80 years. For more travel inspiration, you can sign up for our travel newsletter at [fodors.com/newsletter/signup](https://www.fodors.com/newsletter/signup), or follow us @FodorsTravel on Facebook, Instagram, and Twitter. We invite you to join our friendly community of travel experts at [fodors.com/community](https://www.fodors.com/community) to ask any other questions and share your experience with us!

**Fodor's Essential Costa Rica 2020** Independently Published

"In our increasingly digitally enabled education world, analytics used ethically, strategically, and with care holds the potential to help more and more diverse students be more successful on higher education journeys than ever before. Jay Liebowitz and a cadre of the fields best 'good trouble' makers in this space help shine a light on the possibilities, potential challenges, and the power of learning together in this work." —Mark David Milliron, Ph.D., Senior Vice President and Executive Dean of the Teachers College, Western Governors University Due to the COVID-19 pandemic and its aftereffects, we have begun to enter the "new normal" of education. Instead of online learning being an "added feature" of K-12 schools and universities worldwide, it will be incorporated as an essential feature in education. There are many questions and concerns from parents, students, teachers, professors, administrators, staff, accrediting bodies, and others regarding the quality of virtual learning and its impact on student learning outcomes. Online Learning Analytics is conceived on trying to answer the questions of those who may be skeptical about online learning. Through better understanding and applying learning analytics, we can assess how successful learning and student/faculty engagement, as examples, can contribute towards producing the educational

outcomes needed to advance student learning for future generations. Learning analytics has proven to be successful in many areas, such as the impact of using learning analytics in asynchronous online discussions in higher education. To prepare for a future where online learning plays a major role, this book examines: Data insights for improving curriculum design, teaching practice, and learning Scaling up learning analytics in an evidence-informed way The role of trust in online learning. Online learning faces very real philosophical and operational challenges. This book addresses areas of concern about the future of education and learning. It also energizes the field of learning analytics by presenting research on a range of topics that is broad and recognizes the humanness and depth of educating and learning.

#### **Life Off the Label** Austin Macauley

Building on his first book, "SCUBA: A Practical Guide for the New Diver", James Lapenta addresses what is most often the next step in diver training. Advanced Level or Advanced Open Water training is often taken by divers to gain additional skills and knowledge. It is also taken to allow them to gain access to more challenging dives and dive sites. These also pose a greater degree of risk to the individual. Unfortunately some advanced classes are no more than a "taste" or "tour" of advanced level dives. The divers do not get the new knowledge and skills required to safely embark on these dives. In order to safely pursue these dives James has outlined the steps to take to reduce the risk of injury and worse. From describing the dives to offering advice on the content one should expect, as well as selecting an instructor, he offers new and not so new divers guidance. Additional sections on equipment options, air supply management, dive planning, and dive selection for maximum learning potential are looked at. Also included is a section on a subject often overlooked in recreational SCUBA diving - the after-effects of a diving accident and rescue/recovery on the rescuer and witnesses to the event. Post Traumatic Stress in Recreational Dive Rescues is a real possibility and one that must be looked at when executing dives with greater risk. Safety in training and after training is the heart of this work and the driving force behind its publication. James has experienced the best in training and that which left something to be desired. He gives examples of both throughout the work. If you do not have his first book, it is highly recommended that you also acquire it as a companion to this one. While they do contain some sections of the same information, there are sections in the first book that are not included in this that are highly beneficial.

#### PADI Open Water Diver Manual Independently Published

Education enables every human to live their best life and to handle different situations that life may present to them. Every individual has the right to get educated. Every person has special skills and abilities. One only needs to identify and tap into that potential. Some gifted, driven students plan and join courses of their choice. Most students are confused with the number of courses available to them. They are not confident if they are making the right choices or whether they will do well in the course they choose. This book is an attempt to highlight course options for those students who do not take the formal education route like graduation, post-graduation, doctoral programmes or correspondence or open university courses. Such students still have many options open to them. One may have a good voice, love for animals, passion for cooking, an eye to capture the beauty of nature, ability to dance, skills in music, etc. They can all get trained and take up lucrative careers of their choice based on their aptitude. Self-confidence, perseverance, grit, motivation to achieve, and

passion are absolutely needed for a student to be successful. Make your choices based on your aptitude and interest. Once you put in the effort from your side, success will follow.

#### Open Water Diver Padi

Only available in e-book form, this is the presentation in one volume of four books in Simon Pridmore's Scuba series: Scuba Fundamental, Scuba Confidential, Scuba Exceptional and Scuba Professional. In musical terms, Scuba Compendium is a re-mastering and repackaging of the original albums rather than a greatest hits or a Best of compilation. The books were written and published over a period of eight years and each book was designed for divers at a particular point in their diving life. Listed in the order they were written, the audience for Scuba Confidential was the general population of divers; Scuba Professional was for those thinking of making a career out of the sport; Scuba Fundamental was for non-divers and beginners and Scuba Exceptional was for more experienced divers. The idea was not to create a series. It just turned out that way. A number of topics merited inclusion for multiple groups of readers - rebreathers and surface safety for example - which meant that there was some unavoidable overlap between the individual books. In Scuba Compendium, the text and chapters have been cleaned up and streamlined to remove any unnecessary repetition and improve continuity. Apart from this, nothing is missing from the four original books and the only new material is an introductory chapter on the philosophy behind the Scuba series. So, if you already own all the books in the Scuba series, from a content point of view you have no need to buy this one. However, from a reference point of view, some readers may find it an advantage to have these four books in one volume where every word or phrase in the series is easily searchable on an e-reader. They are arranged here in the order in which they make sense as a series, following the path from beginner to diver to experienced diver to expert. Scuba Compendium covers the full gamut of the sport diving experience and is a resource that will accompany a scuba diver throughout their career in the sport, wherever it takes them, to be dipped back into from time to time whenever necessary. If you only own one or two books in the series, then you may find Scuba Compendium well worthwhile for another reason too. For instance, if you are not a beginner, you may think you don't need to read Scuba Fundamental, but many experienced divers have found it useful and entertaining. Also, Scuba Professional introduces a number of topics, such as real risk awareness and constructive paranoia, which are just as relevant for amateur divers as they are for professionals. Although the title makes it sound as if Scuba Professional is only for instructors, this is certainly not the case. And, of course, if you have not yet bought any of these four Scuba series books, then this is a great option to buy all of them together with just one click. "Scuba Fundamental is a great book! Simon Pridmore is to be congratulated for this insightful, interesting and honest introduction to scuba diving. He tells it as it is!" John Lippmann, Divers Alert Network "If PADI's Open-Water manual is the Bible of scuba diving, consider this the New Testament." David Espinosa, Editor in Chief, Sport Diver magazines "I so wish Scuba Exceptional had existed when I was in the early days of my diving life nearly 30 years ago!" Phil Short, explorer and pioneer "There is quite simply nothing like Scuba Professional. It is the ultimate backstage pass into the business of scuba." Jill Heinerth, explorer and filmmaker

#### *Diving in Thailand* Amanda Symonds

This book covers everything the diving instructor should know, progressing from basic lessons in the

pool, fault analysis and correction, surface lessons and underwater positioning, to teaching in open water, and more.

Scuba Diving Safety CRC Press

If you are planning to take your Open Water Diver course in a few weeks, then you need a study guide that will help you prepare for the final test with practise questions. We include things to know before you take the test, tips from an experienced instructor, tricks for taking the exam, Recreational Dive Planner information and 57 practise questions. During the test you need to answer questions about the basic principles of scuba diving, which shows that you know how to plan dives, choose the right scuba gear and understand underwater signals and diving procedures. This book is written by an experienced instructor to help you make sure you are adequately prepared and ready! It was updated in 2022 to include Covid related questions.

*DAN Annual Diving Report 2019 Edition* John Wiley & Sons

"Superbly written and action-packed, *The Last Dive* ranks with such adventure classics as *The Perfect Storm* and *Into Thin Air*."—Tampa Tribune Spurred on by a fatal combination of obsession and ambition, Chris and Chrisy Rouse, an experienced father-son scuba diving team, hoped to achieve wide-spread recognition for their outstanding and controversial diving skills by solving the secrets of a mysterious, undocumented, World War II German U-boat that lay only a half day's mission from New York Harbor. The Rouses found the ultimate cost of chasing their personal challenge: death from what divers dread the most—decompression sickness, or "the bends." In this gripping recounting of their tragedy, author Bernie Chowdhury, himself an expert diver, explores the thrill-seeking, high-risk world of deep sea diving, its legendary figures, most celebrated triumphs, and notorious tragedies.

Advanced Open Water Diver Manual St. Martin's Press

The beautiful locales, exotic plant and sea life, and relaxing environs of dive locations are even more peaceful when you are armed with the expertise and skill to stay safe in any situation. With self-rescues, buddy rescues, open-water resuscitation, and towing techniques, *Scuba Diving Safety* will become your most valuable diving companion. Covering a full range of underwater environments, as well as dangerous marine life, entanglements, and equipment failures, this vital resource is an essential reference for every underwater enthusiast. Do not rely on someone else—or chance—to keep you safe. Let *Scuba Diving Safety* help you prepare for the unexpected and provide the confidence to enjoy your underwater adventures to the fullest.

*PADI Advanced Open Water Diver Manual* Harper Collins

If you do not yet scuba dive but are thinking of learning, then *Scuba Fundamental - Start Diving the Right Way* is for you. It takes you from the germ of the idea that you might like to try scuba diving up to the point where you have done around 20 dives. This is not your standard how-to scuba diving manual. It is very different. The purpose of *Scuba Fundamental* is not to teach you how to dive. A dive instructor will do that. But this book will make the learning process much easier. It will help you make the right choices and avoid the pitfalls that await new and uninformed divers coming into the sport. It will also set you well on the road to becoming a capable and competent lifelong diver. *Scuba Fundamental* tells you how to make sure you are prepared for a scuba diving course and what a good beginners course should entail. It tells you how to choose a good instructor, how to decide

which operators to dive with after you have finished your course and what sort of dives you should be doing when you first start diving. You will learn the many ways in which diving will change your life and also acquire some extremely valuable advice on the etiquette involved in the sport. Throughout the book and especially in the chapter "It Happened to Me" you will be entertained, educated and encouraged by anecdotes from people who are now experienced divers but were once beginners too. There is also an entire section devoted to diving safety, much of which covers vitally important aspects of scuba diving that standard training manuals don't emphasise enough or even leave out completely. The book's message is: start scuba diving the right way and you will be relaxed and ready for the adventure. You will have more fun, make fewer mistakes and be confident in the fact that you are well informed, have made the best choices and have spent your money wisely. *Scuba Fundamental* is a unique, reliable and essential guide: one that you can trust completely and follow during this formative phase of your scuba diving life. "I wish I had had this book to read when I learned to dive. I remember being totally confused." Robin Yao, Executive Editor, *EZDIVE* magazine "This is the book divers should give to friends when they say they want to learn to scuba dive." Ian Thomas, Scuba Instructor Trainer

**Scuba** W. W. Norton

For millions of Americans, diving offers the chance to get away from everyday life and enter a world of stunning natural beauty and fascinating complexity. And getting started is a breeze! Anyone can learn to dive safely and explore the world's wondrous oceans - all it takes is a little training and basic equipment. *Scuba Diving & Snorkeling For Dummies* presents all the fundamentals for anyone interested in getting dive certified or just looking for good snorkeling while on vacation. Written by PADI-Certified diver John Newman, this friendly guide covers everything you need to know to: Get certified Plan a great diving trip Save money on equipment Dive or snorkel safely This user-friendly guide starts by helping you evaluate your underwater skills and walking you step by step through a typical certification program. Once you're certified, it helps you pick a dive site, purchase and set up your equipment, and take care of any fears you might have. Then you'll discover what to expect on your first dive - from which creatures are dangerous to how to protect fragile sea life. *Scuba Diving & Snorkeling For Dummies* also covers these topics and more: Free diving Special breathing techniques Emergency procedures How to avoid the bends Handling dive anxiety The physics and chemistry of diving Staying healthy on dive trips Ocean ecosystems Rip tides and tidal waves Ten great dive destinations In addition to beautiful full-color photography and all the information you need to plan a dive trip, the book also includes a handy appendix of dive organizations and publications, as well as a CD-ROM sampler from PADI (Professional Association of Diving Instructors). Whether you're a novice diver or an old hand, *Scuba Diving & Snorkeling For Dummies* is perfect for anyone who wants to see the beauty of the ocean from a fish's point of view. Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

It Only Takes One Day Fodor's Travel

The 2019 DAN Annual Diving Report is a summary of recreational scuba diving and freediving incidents, injuries and fatalities that occurred in 2017 in the U.S. or Canada or that involved U.S. or Canadian residents. DAN's intention is for this annual publication to enhance awareness of dive injuries and give divers the insights they need to better avoid emergencies.

**The Last Dive** Padi

Colleen Kachmann kept a close eye on calories, was active with her four energetic children, and exercised regularly. But her best efforts were futile against midlife reality. Dieting led to weight gain. Her emotions were unstable. Her body hurt. Various medications proved ineffective. She wasn't sick, exactly, but she wasn't healthy, either. Sound familiar? Life Off the Label details Colleen's dedicated

efforts to live and be well, only to discover she wasn't. She's not alone. Seventy percent of Americans are overweight and take at least one medication. Colleen did not want to be a statistic, so she deconstructed the habits and beliefs that limited her potential. What she discovered will change your life.

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