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## POWELL JAYLEN

*AcuPoints Made Easy* Springer Science & Business Media

The Essentials of Chinese Medicine is a text book intended for international students who wish to gain a basic understanding of Chinese Medicine (CM) at the university level. The idea of writing such a text was originated from the Sino-American Consortium for the Advancement of Chinese Medicine (SACACM), which was founded in February 2000. In 1995, the British Hong Kong Administration set up a Preparatory Committee for the Development of Chinese Medicine to look into ways of bringing Chinese medical practice and herbal trade under proper control and regulation. After the reunification of Hong Kong with mainland China in 1997, the Government of the Hong Kong Special Administrative Region continued the efforts to uplift the practice of CM to a fully professional level through legislation. To help bring up a new generation of professional CM practitioners, the Hong Kong Baptist University (HKBU) obtained approval from the Government's university funding authority to develop a School of Chinese Medicine to prepare students who will meet the future professional requirements through public examinations. In order to establish itself quickly as a rigorous provider of university level CM education, HKBU sought alliance with eight major CM universities in the Chinese Mainland, and one US university which was interested in developing CM education within its medical college. As a result, the Consortium known as SACACM was formed, with ten founding institutions from Beijing, Shanghai, Nanjing, Shandong, Guangzhou, Chengdu, Heilongjiang, Hong Kong, and the United States.

*Clinical Pearls* Springer Science & Business Media

In 1987, our first book *Acupuncture: Textbook and Atlas* received rave reviews (e.g., in *New England Journal of Medicine*). This prompted us to write this smaller, affordable version in order to reach a wider audience. The smaller format has been so successful that we are now into our fourth revised edition. This has given us the opportunity to update and improve the book. For example, numerous new references to scientific advances have been added. Also the section on traditional Chinese medicine (TCM) was added because it gives a more complete picture of the current practice of acupuncture. Acupuncture has come a long way since our first book in 1987. There has been a surge of interest in treating drug addictions by ear acupuncture in 450 centers world wide. The treatment of nausea and vomiting has been so well tested (scientifically) that the FDA (USA) is considering making this the major indication for acupuncture in America. Research into its efficacy for neurological and pulmonary diseases is also gaining credibility. No longer is chronic pain the only scientifically acceptable use for acupuncture (based on the endorphin mechanism).

*Chinese Medicine Made Easy* Thieme

Thousands of years ago Ayurveda described multiple levels of the radial pulse that could be used to interpret the status of the organs and systems of the body as well as the mental and physical constitutions of the individual. For the first time in the west this book presents this ancient art and provides a method by which anyone can learn to read his or her own pulse. Imbalances and potential disease states can be detected in their early stages, giving one the opportunity to correct them before they affect the quality of life. With practice and guidance, one can acquire the proficiency to use this knowledge to heal self and others. This book will give guidelines to think about various ways of feeling, reading and gathering information through the pulse. It is quite difficult to put subjective experience into words. It is an attempt to express these simple ways of feeling the pulse.

*Face Reading in Chinese Medicine* Paradigm Publications

Acupuncture therapy has been practiced in China and other Asian countries for more than two

thousand years. Modern clinical research has confirmed the impressive therapeutic effect of acupuncture on numerous human ailments, such as controlling pain, nausea, and vomiting. However, the biological mechanisms of acupuncture are still under debate. In Traditional Chinese Medicine (TCM), the mechanism of acupuncture therapy is explained by a meridian model. According to this model, acupuncture is believed to treat the diseased organs by modulating two conditions known as Yin and Yang, which represent all the opposite principles that people find in the universe, both inside and outside the human body. Yin and Yang complement each other, and are subjected to changes between each other. The balance of Yin and Yang is thought to be maintained by Qi, an energy substance flowing constantly through the meridian, a network connecting all the organs of the body. The illness, according to this theory, is the temporary dominance of one principle over the other, owing to the blockade of the Qi from flowing through the meridian under certain circumstance. The axiom of "No stagnation, No pain" in TCM summarizes this concept. Thus, the goal of acupuncture treatment is to restore the balance of Yin and Yang conditions in the diseased organ(s). This theory has been considered to be useful to guide this ancient therapy, such as carrying out diagnosis, deciding on the principle, and selecting the acupoints.

**Covid-19 From Traditional Chinese Medicine Perspective: Severe Clinical Cases In The Context Of Syndrome Differentiation** Blue Poppy Enterprises, Inc.

For over two thousand years, Traditional Chinese Medicine (TCM) has made many significant contributions to China's growth and prosperity. This textbook, based on the unique characteristics of TCM, discusses its principle theories and presents a comprehensive daily practice guide for health maintenance and disease treatment. The book provides clinical practitioners with a fundamental understanding of the essence of TCM. We highly recommend this book for students interested in TCM, Chinese medicine doctors and other healthcare professionals, biomedical researchers, and interested individuals. Readers will benefit from the inspirational viewpoints discussed in the book.

*Secrets of the Pulse* Elsevier Health Sciences

This translation of the original Chinese text provides a guide to clinical examination and differential diagnosis in traditional Chinese medicine. It examines the diagnostic method used in traditional Chinese medicine and relates it to TCM syndromes. Colour plates illuminate key diagnostic signs.

**Differential Diagnosis in Internal Medicine** Springer Science & Business Media

One of the most highly-regarded and respected authors and lecturers in the West, Giovanni Maciocia, illuminates and examines the art of traditional Chinese acupuncture with this in-depth look at the secondary channels and other key structures encompassing the human body in Chinese anatomy. This book describes in detail the pathways, pathology, diagnosis, and treatment of the Luo, Muscle, and Divergent secondary channels, as well as other key structures such as the Cou Li and Huang membranes, and gives a thorough, clear overview of subjects poorly understood and incompletely covered in other English language texts. Over one third of the book is dedicated to the Eight Extraordinary Channels, providing the reader with the most in-depth information available in the English language. Drawing on his broad clinical experience, the author covers the energetic physiology, pathology and points by body area, providing ease of access for both the student and practitioner of acupuncture. The Channels of Acupuncture presents comprehensive and clear information on an essential part of traditional Chinese medicine. - Covers key channels not thoroughly discussed in other texts, giving all students and practitioners detailed and clear material to guide them in their practice of acupuncture. - Offers new information and insight on other key body structures in Chinese medicine including extraordinary vessels as well as the Cou Li and Huang membranes. - Clear illustrations depict the exact channel pathways, diminishing any confusion about their location. - Case histories and research from Giovanni Maciocia present a wide range of experiences and examples of clinical practice and study.

**E-Book - The Channels of Acupuncture** Springer Science & Business Media

A Guide to Chinese Medicine on the Internet frees readers from having to sift through countless websites to find up-to-date, high quality, reliable information on all types of Chinese medicine. This handy resource provides an introduction to the terms and philosophies of Chinese medicine in addition to an extensive categorized listing of online sites related to Chinese culture and medicine, complete with a brief description of each site's content. Guidelines are provided for searching, cataloging, and evaluating websites concerned with Chinese medicine, based on the author's research and personal experience as a practitioner and user of Chinese medicines.

*Understanding Traditional Chinese Medicine* World Scientific

This exciting new edition covers the theory of traditional Chinese medicine and acupuncture, and discusses in detail the function of the acupuncture points and principles of treatment.

*Traditional Chinese Medicine Diagnosis Study Guide* Taylor & Francis

Praise for the First Edition: The authors take a comprehensive approach to treatment by including acupuncture, herbs and diet; the photos are good; and the cases are interesting.--The Lantern: A Journal of Traditional Chinese Medicine In this fully up-to-date Second Edition, experts in Chinese medicine explain how traditional Chinese tongue diagnosis can be used in daily practice to complement conventional Western methods. The guide begins with a brief introduction to the history, anatomy, physiology, and methodology of tongue diagnosis followed by basic techniques and systematic procedures for identifying the manifold individual characteristics of the tongue's shape and its many modifications. Full-color photographs of tongues then demonstrate a variety of clinical scenarios to help readers develop a holistic approach to diagnosis. Features An in-depth review of the tongue's most important anatomic and physiologic features, including the lingual papillae, the tongue muscles, arterial supply, and much more More than 180 full-color illustrations and high-quality clinical photographs of Western tongues enhance the text Treatment suggestions for using acupuncture, herbs, and nutrition accompany each clinical image Medical assessment of 28 case histories with real-life photographs from the authors' practice The Second Edition of Pocket Atlas of Tongue Diagnosis is an essential resource for every practitioner or student of Chinese medicine, acupuncture, or complementary medicine.

*Diagnostics in Chinese Medicine* Churchill Livingstone

The curriculum of most schools of Chinese medicine is usually broken down into the following topics concerning the theory of Chinese medicine: Physiology of the Internal Organs; Aetiology; Diagnosis; Patterns of disharmony of the Internal Organs. In addition, the acupuncture curriculum is based on the study of the channels and points. Within each of these topics, various parts of the body are discussed. For example, when studying diagnosis the subject is broken down into interrogation, observation, palpation and auscultation. Within each of these broad areas, students study the diagnostic elements of specific areas. The result is that areas become disjointed and there is nothing to connect elements of channels and points relevant to specific areas. Giovanni Maciocia wrote *The Energetics and Treatment of Body Areas - The Vertex*, with the purpose to turn this attitude on its head and to place areas first so that everything else is subordinate to that. This book places the vertex first and each diagnostic and therapeutic element relevant to the vertex is discussed together.

**The Channels of Acupuncture Cards** Elsevier Health Sciences

A remarkable journey through Chinese medical illustrations from the earliest illustrated manuscripts to advertising and comic books. Senior and emerging scholars from Asia, Europe and the Americas rethink the history of medicine, its epistemologies and materialities, challenging Eurocentric narratives.

*Obstetrics and Gynecology in Chinese Medicine* World Scientific

Optimal eye health is just around the corner with this guide to treating common eye disorders with acupuncture, herbs, and other tenets of Chinese medicine For the past ten years, Andy Rosenfarb has successfully used acupuncture and Chinese medicine to treat a wide range of eye conditions. His treatments include moxibustion techniques, tuina (massage), microcurrent stimulation, Chinese herbs, and qigong exercises, along with "essential acupuncture" where essential oils are placed on acupuncture points. The culmination of his work—which includes a recent pioneering study involving metabolic testing—is this handbook for healing the kinds of conditions too often considered almost impossibly challenging or irreversible. The first half of *Healing Your Eyes with Chinese Medicine* explains Traditional Chinese Medicine and its perspective on the eyes, which is based on the idea that the eyes and the brain work in tandem, not isolation. The second half focuses on proven methods derived from Rosenfarb's practice, including nutritional, supplemental, and lifestyle adjustments. Individual chapters cover eye disorders such as glaucoma, macular degeneration, retinitis pigmentosa, and many more. This book is intended as a practical manual to help readers understand their eyes and vision more comprehensively, and to learn new, affordable ways for retaining the precious gift of sight.

*Pocket Atlas of Tongue Diagnosis* World Scientific

COVID-19 is a severe and complex epidemic ravaging many countries. Traditional Chinese medicine (TCM) has accumulated rich experience and achieved outstanding effects in its struggle against epidemics for thousands of years. As an essential intervention means for prevention and control of COVID-19, TCM boasts significant effects in relieving fever symptoms, slowing down disease progression, preventing disease transformation, reducing hormone dosage, and alleviating complications. Establishing and improving the emergency supply service mode of Chinese medicine in response to public health emergencies, and scientifically managing and allocating Chinese medicine medical resources are conducive to establishing a green channel for the emergency supply of Chinese medicine in response to major public health emergencies. This book focuses on the four oral Chinese patent medicines used in the clinical treatment period based on the Guidelines for the Diagnosis and Treatment of COVID-19 by the National Health Commission and National Administration of Traditional Chinese Medicine of China. This work is not only an important part of

the theoretical system of TCM treatment based on syndrome differentiation but also an effective way to promote an even deeper integration of clinical pharmaceutical service and clinical medical practice.

**Acupuncture Therapy for Neurological Diseases** PMPH-USA

Traditional Chinese medicine has a complex history, yet the basic principles at the heart of practice have remained the same for hundreds of years. Without a solid understanding of these fundamental theories, effective practice is impossible. This book provides a complete introduction to everything that students and practitioners need to know.

*Pulse Diagnosis* Elsevier Health Sciences

Acting as a bridge between the basic theory of Chinese medicine (CM) and various clinical subjects, Diagnostics in Chinese Medicine can be regarded as a core subject in understanding the concept of CM. Based on the national textbooks of CM in China, Diagnostics in Chinese Medicine is written combined with the National Standard and Quality Course given by Professor Chen Jiayu at Beijing University of CM. According to Professor Chen's long-standing high academic profile and clinical practice, figures and tables are presented clearly to intensify understanding and comprehension. We are sorry that the DVD content are not included.

**The Foundations of Chinese Medicine** McGraw Hill Professional

Examination of the tongue, like the pulse, is one of the principal diagnostic methods in traditional Chinese medicine. This book--newly revised in 1995--systematically describes each of the primary characteristics of the tongue (body color, shape and coating) and their significance in the clinic. It traces the historical development of tongue diagnosis and its relationship to externally- contracted disorders and the eight principals. Featured in this revised edition are 59 color plates and accompanying case histories from the author's own practice. Other aspects of tongue diagnosis newly described in this edition include the integration of tongue and pulse diagnosis; the use of the tongue in diagnosing emotional problems; tongue diagnosis and herbal treatment; the tongue in prognosis; and special considerations regarding tongue diagnosis in children.

*Eye Diagnosis in Chinese Medicine* Routledge

This book is a collection of Givoanni's insights into Chinese Medicine based on his 39 years of clinical experience in the UK and USA. The book covers a wide array of topics, ranging from interesting case histories to long discussions on diseases, in particular: autoimmune diseases, the functions of the Triple Burner, the classification and treatment of Heat and the functions and pathology of the Shen and Hun.

*An Introduction to Western Medical Acupuncture* Univ of California Press

New edition of the most comprehensive Chinese Medicine Obstetrics and Gynecology textbook in the English language World-renowned author and teacher Giovanni Maciocia gives a clear, detailed explanation of the physiology, pathology and aetiology of women's disorders in Traditional Chinese Medicine (TCM) and adapts these to Western conditions and patients. Seventy gynecological conditions are discussed in detail with consideration given to differentiation between conditions, the advised treatment using acupuncture and herbs, prevention and prognosis. Guidelines on lifestyle and use of the eight Extraordinary Vessels are provided, with case studies allowing easy application of theory to practice throughout. New for this edition: New attractive two-colour layout with book marks to ease navigation Endometriosis and its treatment now included and fully covered in a new chapter Infertility chapter includes recent research highlighting factors in infertility All prescriptions now removed from the text and attractively presented in three appendices: Patient Remedies, Prescriptions and Three Treasure Remedies "Obstetrics and Gynecology in Chinese Medicine is a paradigmatic work. It is tempered with reverence and innovation, meticulous archival attention and detailed modern clinical insight. When future generations look back at this work...they will find not only knowledge and wisdom but also reasons for inspiration and awe." From the Foreword to the first edition by Ted J. Kaptchuk, Associate Director, Centre for Alternative Medicine Research, Beth Israel Hospital; Instructor in Medicine, Harvard medical School, Boston, USA. • Physiology and pathology of women's disorders in Chinese medicine • Aetiology and diagnosis of women's disorders • Differentiation and treatment - including acupuncture, herbs and patent remedies - of 64 gynecological conditions • Prevention and prognosis for each disease • Approximately 100 case histories from the author's own practice • A detailed discussion of the use of the eight extraordinary vessels in gynecology

*The Practice of Chinese Medicine* Singing Dragon

An exciting new, full-colour edition of Face Reading in Chinese Medicine featuring over 200 colour photographs and practical instructions on how to conduct a face reading! Face reading has been part of Traditional Chinese Medicine for many centuries, and Professor Lillian Bridges is a popular academic and international lecturer on the subject who gained her fascinating knowledge through her family line of Master Face Readers in China. Based on an understanding of the shapes, markings and features of a face, practitioners can learn about the health and life of a patient relating to the principles of Chinese medicine. In addition to understanding how the body's internal functions - physical, psychological and emotional - can be seen on a face, practitioners can also learn how to evaluate Shen to understand non-verbal expressions. Technical and detailed information is presented in an upbeat, insightful and highly readable manner. This was the first book to focus on the deeper aspects of face reading and diagnosis, this edition includes ancient Taoist knowledge regarding the Original Face and Facial Jing and Qi markers which have previously only been taught through the oral tradition. - Clear discussions demonstrate how this technique can be used as a supplement to other diagnostic tools in Traditional Chinese Medicine. - Engaging, insightful, highly readable text is written by a well-known and experienced lecturer in the field. - Extensive illustrations give you a clear understanding of theories and techniques. - A focus on the deeper aspects of face reading and diagnosis helps readers become more conscious of their actions, reactions, and the health consequences of behavior.

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