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# Dibs In Search Of Self

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Counseling Children Through the World of Play  
 Counselling for Toads  
 Child-Centered Play Therapy Research  
 The Ego Trick  
 Advanced Play Therapy  
 Counseling Children and Adolescents (Fifth Edition)  
 The Healing Path with Children  
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 Dibs in Search of Self

*Dibs In Search Of Self*

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## **KIMBERLY CONRAD**

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### **Counseling Children Through the World of Play** John Wiley & Sons

People of color are eager for white people to deal with their racial ignorance. White people are desperate for an affirmative role in racial justice. *Not My Idea: A Book About Whiteness* helps with conversations the nation is, just now, finally starting to have.

#### Counselling for Toads Routledge

Child abuse cases and problems created by breakdowns in family relationships have highlighted the need for sound techniques for communicating with children. As a result, there is renewed interest in the therapeutic use of play to help prevent or repair emotional damage in both children and their families. The *Handbook of Play Therapy* is a comprehensive introduction to the theory and practice of play therapy. It provides a practical guide to the basic skills necessary to begin tapping the healing potential of play and gives many examples of good practice.

*Child-Centered Play Therapy Research* Oxford University Press

The Bestselling Text on the Theory and Practice of Play Therapy Completely Updated and Revised *Play Therapy Theory and Practice: Comparing Theories and Techniques, Second Edition* provides a forum for the direct comparison of the major theoretical models of play therapy and their implications for treatment. Co-edited by Kevin O'Connor, one of the foremost authorities on play therapy, and Lisa Braverman, an experienced child psychologist, the new edition contains the most recent coverage of diagnostic approaches and treatment modalities in child psychology as they relate to integrating play therapy in practice. This edition also covers new topics such as bipolar and ADHD diagnosis and treatment. Thorough, yet extraordinarily practical, the editors use two case studies throughout the text to demonstrate the application of each play therapy technique and treatment approach, allowing the reader to compare each major model of play therapy and assess its utility to their own particular client needs and practice orientation. After the cases are presented in the introduction, ten chapters follow, each written by a renowned expert(s) in play therapy introducing a major model of play therapy and applying it to the opening cases. This consistent format enables professionals to gain a practical,

hands-on understanding of how current approaches to play therapy work, as well as the underlying principles upon which they are based. Written for mental health professionals at all levels of training and experience, *Play Therapy Theory and Practice: Comparing Theories and Techniques*, Second Edition covers: Psychoanalytic Play Therapy Jungian Analytical Play Therapy Child-Centered Play Therapy Filial Therapy Cognitive Behavioral Play Therapy Adlerian Play Therapy Gestalt Play Therapy Theraplay Ecosystemic Play Therapy Prescriptive Play Therapy Informative, thought provoking, and clinically useful, *Play Therapy Theory and Practice: Comparing Theories and Techniques*, Second Edition is a valuable resource for practitioners in the field of child psychotherapy, setting the standard for training and practice.

**The Ego Trick** Routledge

A Therapist's Guide to Child Development gives therapists and counselors the basics they need to understand their clients in the context of development and to explain development to parents. The chapters take the reader through the various physical, social, and identity developments occurring at each age, explaining how each stage of development is closely linked to mental health and how that is revealed in therapy. This ideal guide for students, as well as early and experienced professionals, will also give readers the tools to communicate successfully with the child's guardians or teachers, including easy-to-read handouts that detail what kind of behaviors are not cause for concern and which behaviors mean it's time to seek help. As an aid to practitioners, this book matches developmental ages with appropriate, evidence-based mental health interventions.

*Advanced Play Therapy* Turtleback Books

*Counseling Children and Adolescents* provides readers with a comprehensive exploration of the practice of counseling young clients. The book introduces several theories that have proven effective with young clients, then couples that information with developmentally and culturally appropriate interventions and counseling techniques. Theories addressed include developmental theory, play therapy, brief counseling, reality therapy, and rational-emotive behavior therapy. Each theory is described with specific applications with children and adolescents. Additional chapters explore working with at-risk youth, exceptional children, and youth affected by challenging circumstances. Other topics addressed in the text include working with parents and families in school and mental health counseling, basic counseling skills and ethical considerations specific to children and adolescents, creative counseling interventions, counseling children from diverse backgrounds, and working with youth in small groups. Each chapter includes case studies, step-by-step processes, Voices from the Field, educational vignettes, and student exercises to the bridge the gap from theory to practice. This updated edition of *Counseling Children and Adolescents* features highly informative chapters and information based on rich experience of the authors. With an emphasis on practical applications and empirically-based approaches, it is ideal for graduate-level courses in counseling, psychology, marriage and family, or social work, as well as for practitioners working with young clients. For a look at the specific features and benefits of *Counseling Children and Adolescents*, visit [cognella.com/counseling-children-and-adolescents-features-and-benefits](http://cognella.com/counseling-children-and-adolescents-features-and-benefits).

*Counseling Children and Adolescents (Fifth Edition)* Jason Aronson  
*Linking Parents to Play Therapy* is a practical guide containing essential information for play therapists. It includes coverage of legal and medical issues, pragmatic assignments for parents, guidelines for working with angry and resistant parents, a listing of state protective and advocacy agencies, and tips for working

with managed care. Combining theoretical understanding with a variety of techniques, this book makes working with parents possible, practical, and productive.

*The Healing Path with Children* John Wiley & Sons

First Published in 2012. Routledge is an imprint of Taylor & Francis, an informa company.

*No One Ever Asked* Plunkett Lake Press

A practical look at how play therapy can promote mental health wellness in children and adolescents Revised and expanded, *The Therapeutic Powers of Play*, Second Edition explores the powerful effects that play therapy has on different areas within a child or adolescent's life: communication, emotion regulation, relationship enhancement, and personal strengths. Editors Charles Schaefer and Athena Drewes—renowned experts in the field of play therapy—discuss the different interventions and components of treatment that can move clients to change. Leading play therapists contributed to this volume, supplying a wide repertoire of practical techniques and applications in each chapter for use in clinical practice, including: Direct teaching Indirect teaching Self-expression Relationship enhancement Attachment formation Catharsis Stress inoculation Creative problem solving Self-esteem Filled with clinical case vignettes from various theoretical viewpoints, the second edition is an invaluable resource for play and child therapists of all levels of experience and theoretical orientations.

*Dibs: In Search of Self* John Wiley & Sons

In 1947, Virginia Axline introduced professional psychotherapists to a new way of working with children called Nondirective Play Therapy. In 1964, she introduced the rest of the world to "Dibs". Dibs is silent. Dibs is a mystery to his parents and teachers. Dibs cannot be reached no matter how hard they try. He hides under tables and lashes out at other children. Some think he's incapable of learning and interacting in a regular classroom. Some think he's emotionally disturbed. Everyone is desperate to fix him, except for "Miss A". "Miss A," as Dibs calls her, believes that Dibs already knows the answers and can show her what he needs if she is patient enough, accepting enough, and observant enough. Dibs' parents think she's wasting her time trying to watch him play. He doesn't play and he doesn't talk. Dibs' mother finally agrees to let Miss A try her methods, but she's not holding her breath. "Miss A" then introduces Dibs and us to her special play room, where children can be just exactly who they truly are. The room is not magical, but the relationship between therapist and child is. In the safety and freedom of this special relationship, we begin to see what Axline meant when she first encouraged therapists to offer children the opportunity to "play out these feelings" and "realize the power within [themselves]". "A 'must read' classic for play therapists!" — Charles E. Schaefer, PhD, RPT-S, Professor Emeritus of Psychology, Fairleigh Dickinson University; Co-Founder and Director Emeritus, The Association for Play Therapy "Dibs: In Search of Self is a timeless account of Axline as play therapist, advocate, and partner in Dibs' therapeutic journey. I marvel at Axline's ability to encompass multiple roles while demonstrating integration in all of her interactions; whether in the playroom, conducting classroom observations or working with Dibs' parents. This is essential reading for play therapists, child development and counseling practitioners." — Natalya Ann Lindo, PhD, LPC, CCPT-S, CPRT-S, Associate Professor & Counseling Program Coordinator, University of North Texas "There are many books on play therapy theory. There are many books on play therapy techniques. There is only one book that goes beyond theory and technique, getting to the heart of what play therapy is all about. Dibs captures the depth of connection and life-changing impact that play therapy can engender between a child and a therapist." — Nick Cornett, PhD,

LPC, LMFT, RPT, Assistant Professor, John Brown University  
*The Therapist's Notebook for Children and Adolescents* Routledge  
 For twenty-five years, *Positive Discipline* has been the gold standard reference for grown-ups working with children. Now Jane Nelsen, distinguished psychologist, educator, and mother of seven, has written a revised and expanded edition. The key to positive discipline is not punishment, she tells us, but mutual respect. Nelsen coaches parents and teachers to be both firm and kind, so that any child—from a three-year-old toddler to a rebellious teenager—can learn creative cooperation and self-discipline with no loss of dignity. Inside you'll discover how to • bridge communication gaps • defuse power struggles • avoid the dangers of praise • enforce your message of love • build on strengths, not weaknesses • hold children accountable with their self-respect intact • teach children not what to think but how to think • win cooperation at home and at school • meet the special challenge of teen misbehavior "It is not easy to improve a classic book, but Jane Nelsen has done so in this revised edition. Packed with updated examples that are clear and specific, *Positive Discipline* shows parents exactly how to focus on solutions while being kind and firm. If you want to enrich your relationship with your children, this is the book for you." —Sal Severe, author of *How to Behave So Your Children Will, Too!* Millions of children have already benefited from the counsel in this wise and warmhearted book, which features dozens of true stories of positive discipline in action. Give your child the tools he or she needs for a well-adjusted life with this proven treasure trove of practical advice.

#### **A Therapist's Guide to Child Development** Routledge

A common question at the initial meeting of a family therapist and a new client(s) is often whether or not to include a child or children in the counseling sessions. The inclusion of a child in the family therapy process often changes the dynamic between client and therapist -- and between the clients themselves -- within the context of the counseling sessions. And yet, although this is such a common experience, many counselors and family therapists are not adequately equipped to advise parents on whether to include a child in therapy sessions. Once the child does make an appearance in the counseling session, the therapist is faced with the challenges inherent in caring for a child, in addition to many concerns due to the unique circumstance of the structured therapy. Counseling a child in the context of a family therapy session is a specific skill that has not received the attention that it deserves. This book is intended as a guide for both novice and experienced counselors and family therapists, covering a wide range of topics and offering a large body of information on how to effectively counsel children and their families. It includes recent research on a number of topics including working with children in a family context, the exclusion of children from counseling, and counselor training methods and approaches, the effectiveness of filial play therapy, the effects of divorce on children, and ADHD. Theoretical discussion is given to different family therapy approaches including family play therapy and filial play therapy. Central to the text are interviews with leaders in the field, including Salvador Minuchin, Eliana Gil, Rise VanFleet and Lee Shilts. A chapter devoted to ethical and legal issues in working with children in family counseling provides a much-needed overview of this often overlooked topic. Chapters include discussion of specific skills relevant to child counseling in the family context, case vignettes and examples, practical tips for the counselor, and handouts for parents.

#### **Play Therapy** National Geographic Books

When originally published, this book filled a void in child therapy literature. Counselors and therapists, in schools, mental health centers and private practice, embraced this book. It is the largest

selling book on the subject in the world. This brand-new 2nd edition includes over 300 pages of methods, materials, and techniques for working with children and adolescents. Also included are session transcripts, case examples and discussions. This edition includes a new introduction by Oaklander's long-time professional colleague and friend Christiane Elsbree and concludes with an in-depth interview with Oaklander by Elsbree.

#### **Handbook of Play Therapy, Advances and Innovations** PublicAffairs

Silent, desperate, on the run. To set things right, he'll have to be as game as Ned Kelly. Ned is a teenager with an encyclopaedic knowledge of Australian bushrangers. He is also autistic. Erin is a sixteen-year-old trouble-magnet trying to make a fresh start in a new town. Ned never speaks. Erin rarely stops - and when she stands up to a bully the consequences are catastrophic. Now Ned's on the run, branded 'disturbed and dangerous' by police. To set things right, he'll need to be as game as Ned Kelly... 'A brilliant new Young Adult voice. I found this book compelling.'

Susanne Gervay

#### *Play Therapy* WaterBrook

"The most brilliant and intuitive, as well as the clearest written, work in this field. It is unpretentious yet clearly the most authoritative work that has been published." NORMAN CAMERON, Ph.D. Professor of Psychiatry Yale University School of Medicine Here is an intensely practical book that gives specific illustrations of how therapy can be implemented in play contacts, and tells how the toys of the playroom can be vivid performers and aids in growth. As she did with *DIBS IN SEARCH OF SELF*, Dr. Axline has taken true case histories from the rich mine of verbatim case material of children referred for play therapy, choosing children ranging in age, problem, and personality. It's all here in an important and rewarding book for parents, teachers, and anyone who comes in contact with children.

#### Doing Play Therapy Simon and Schuster

If we are to touch the hearts of hurting children, we must enter their world, the world of play. Play therapy honors children by meeting them in their world. Children say with toys what they have difficulty saying with words. Toys become the play therapist's tools to help unlock the healing process for wounded children. Whether you are a psychologist, a social worker, a family therapist, a pastoral counselor, a group-home worker, or a children's ministry worker, this book will help you build relationships that minister to the souls of hurting children and bring understanding to the confusion of their pain. Through these nurturing relationships, children will be freed to understand and process emotional pain.

#### **IN SEARCH OF SELF** Routledge

This resource is designed for practitioners, students, and play therapy supervisors. It describes the fundamental skills of building a therapeutic relationship by providing written exercises, case study examples with correct and incorrect dialogue interactions, and video review and reflection exercises.

#### *Play Therapy* Elsevier Health Sciences

The first book of its kind to provide exhaustive, in-depth coverage of play therapy research *Child-Centered Play Therapy Research: The Evidence Base for Effective Practice* offers mental health professionals, school district administrators, community agency administrators, judges, lawyers, child protection caseworkers, and medical professionals a comprehensive discussion of play therapy research studies. Guidance is provided on evidence-based methods, as well as on how future play therapy research should be conducted. Edited by renowned experts in the field of play therapy, this rich compilation features contributions by child-centered play therapy researchers, with relevant discussion of: The history of play therapy research A synopsis of current

empirical support Play therapy research on chronically ill children, child witnesses of domestic violence, and victims of natural disasters, among many other topics With coverage of important practice guidelines, *Child-Centered Play Therapy Research* identifies the most prominent and current play therapy research studies, as well as research directions for clinicians to design evidence-based research studies of their own.

*The Therapeutic Powers of Play* Guilford Publications

The purpose of this text is to present a resource to students and practitioners of play therapy that addresses topics beyond the training level. It provides advanced knowledge on the three main areas of play, child development, and play therapy and integrates them to help the play therapist gain a holistic understanding of how play therapy works.

**Becoming and Being a Play Therapist** Taylor & Francis  
*Becoming and Being a Play Therapist: Play Therapy in Practice* presents a rich and illuminating account of current play therapy practice, with an emphasis on becoming and being a play therapist and on some of the varied clinical contexts in which play therapists work. Written by members of British Association of Play Therapists, this book highlights the current complexity of play therapy practice in the UK and reflects the expertise of the collected authors in working with emotional, behavioural and mental health challenges in children and young people. Divided into three parts, the book is designed to build on and consolidate the principles and professional/personal competences of play therapy practice. Key topics include: Training and establishing

oneself as a play therapist in the UK, a comprehensive guide. The improvisational practitioner; therapist responses to resistance and aggressive play. Systemic considerations in play therapy with birth families and adopters; advantages and challenges. Case-study based explorations of play therapy across a range of service user groups, including childhood trauma, bereavement and sexual abuse, and agency contexts, including school and CAMHS settings. *Becoming and Being a Play Therapist* will be relevant both for play therapy trainees and for qualified play therapists as well as for related professionals.

*A Therapist's Guide to Mapping the Girl Heroine's Journey in Sandplay* Ballantine Books

Tally Jo and Tempest Trimble are mirror twins, so alike they were almost born the same person. Inseparable, but more than that. Connected. That is, until this summer. The twins are traveling with Pa Charlie's carnival just like always, but there's a new distance between them. Tempest is so caught up in her own ideas, she doesn't seem to have space left in her life for Tally. And, more than that, Tally's started to notice there's something between them. Something real, growing with the phases of the moon, pushing them apart. Sparking, sputtering, wild. Dangerous. With the full moon approaching, Tally knows it's up to her to find out what's going on—and to beat it. If she can't, she might just lose her sister. Forever. For fans of *Savvy* and *A Snicker of Magic*, this is a spellbinding story of friendship and family—a poignant ode to both what's worth holding on to and what we have to let go.

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