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 Paperback - June 20, 2017  
 by Karen Gravelle  
 (Author)  
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 Book is a reassuring must-  
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 ways girls change as they  
 go through puberty,  
 particularly when they get  
 their period. It starts by  
 describing obvious  
 external changes, such as  
 growing breasts and pubic  
 hair, and then explains  
 internal changes.  
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 Emma Cline is an American writer and novelist, originally from California. She published her first novel, "The Girls", in 2016, to positive reviews. The book was shortlisted for the John Leonard Award from the National Book Critics Circle and the Center for Fiction's First Novel Prize.  
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Emma Cline is an American writer and novelist, originally from California. She published her first novel, "The Girls", in 2016, to positive reviews. The book was shortlisted for the John Leonard Award from the National Book Critics Circle and the Center for Fiction's First Novel Prize.

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