

---

## I Am An Emotional Creature Eve Ensler

---

A Surprising Exploration into the Wonder of Consciousness

Necessary Targets

Little Guides for All My Emotions

Writings to Stop Violence Against Women and Girls

Emotional

A Warm Children's Picture Book About Sibling's Emotions and Feelings (Jealousy, Anger, Children Emotional Management Illustration Book)

The Theory of Moral Sentiments

Julián Is a Mermaid

The Soul of an Octopus

The Secret Life of Girls Around the World

The Girls Who Went Away

Klara and the Sun

Frankenstein

Vagina Warriors

A Memory, a Monologue, a Rant, and a Prayer

The Apology

A Guide to Emotional Wellness

The Treatment

Picture Book About Anger Management And Dealing With Kids Emotions (Preschool Feelings) (World of Kids Emotions)

I Am A Big Sister Now

My Little Box of Emotions

I Am Stronger Than Anger

Descartes' Error

The Vagina Monologues

The Zones of Regulation

How Feelings Shape Our Thinking

The Case for Rational Compassion

In The Body of the World

I Am an Emotional Creature

What Am I Feeling?

The Book Thief

Emotion, Reason, and the Human Brain

Structophis

What is an Emotion?

How to Stop Controlling Others and Start Caring for Yourself

I Am an Emotional Creature

Emotional Creature

Ratha's Creature

How to be a Good Creature

A Memoir

*I Am An Emotional Creature Eve Ensler*

Downloaded from [archive.imba.com](http://archive.imba.com) by guest

---

### NICHOLSON RANDALL

---

[A Surprising Exploration into the Wonder of Consciousness](#) Algonquin Books

A Belletrist Book Club Selection "Van Meter's debut is an unwavering triumph . . . A coming-of-age that's as human as it is wild." —The New York Times Book Review On the eve of Evangeline's wedding, on the shore of Winter Island, a dead whale is trapped in the harbor, the groom may be lost at sea, and Evie's mostly absent mother has shown up out of the blue. From there, in this mesmerizing, provocative debut, the narrative flows back and forth through time as Evie reckons with her complicated upbringing in this lush, wild land off the coast of Southern California. Evie grew up with her well-meaning but negligent father, surviving on the money he made dealing the island's world-famous strain of weed, Winter Wonderland.

Although her father raised her with a deep respect for the elements, the sea, and the creatures living within it, he also left her to parent herself. With wit, love, and bracing flashes of anger, *Creatures* probes the complexities of love and abandonment, guilt and forgiveness, betrayal and grief—and the ways in which our childhoods can threaten our ability to love if we are not brave enough to conquer the past. Lyrical, darkly funny, and ultimately cathartic, *Creatures* exerts a pull as strong as the tides.

[Necessary Targets](#) First Emotions

A book designed to dispel the myths we have about emotions, showing how to treat them in such a way that they no longer become a burden... We are often faithful to emotions, feeling somehow owned by them, when in fact emotions depend on us. We need not cling to them or take them so seriously. They are energy movements, which would not exist if we were not here to witness them. This book aims to show that we need not label our emotions in any way. We need not regulate or police ourselves. We can relinquish suppressing something because we believe it is "wrong" to feel a certain way - this is all just conditioning. We can stop distinguishing between good and bad emotions, right or wrong feelings, feelings "I should have" or "should not have," what is "spiritual" or "not spiritual," and instead return to pure experience, which is untarnished by story-telling, resistance or personal attachment. From here we become aware of the deeper peace available prior to emotional movement, where emotions can not stick, which is also the source of all useful action.

**Little Guides for All My Emotions** Elizabeth Cole

Emotional CreatureThe Secret Life of Girls Around the WorldDramatists Play Service Inc

*Writings to Stop Violence Against Women and Girls* Bloomsbury Publishing USA

A monster assembled by a scientist from parts of dead bodies develops a mind of his own as he learns to loathe himself and hate his creator.

Shelley's suspenseful and intellectually rich gothic tale confronts some of the most important and enduring themes in all of literature—the power of human imagination, the potential hubris of science, the gulf between appearance and essence, the effects of human cruelty, the desire for revenge

and the need for forgiveness, and much more.

**Emotional** Open Road Media

Selections from the “Until the Violence Stops” Festival Featuring writings by Abiola Abrams • Edward Albee • Tariq Ali • Maya Angelou • Periel Aschenbrand • Patricia Bosworth • Nicole Burdette • Kate Clinton • Kimberle Crenshaw • Michael Cunningham • Edwidge Danticat • Ariel Dorfman • Mollie Doyle • Slavenka Drakulic • Michael Eric Dyson • Dave Eggers • Kathy Engel • Eve Ensler • Jane Fonda • Carol Gilligan • Jyllian Gunther • Suheir Hammad • Christine House • Marie Howe • Carol Michèle Kaplan • Moisés Kaufman • Michael Klein • Nicholas Kristof • James Lecesne • Elizabeth Lesser • Mark Matousek • Deena Metzger • Susan Miller • Winter Miller • Susan Minot • Robin Morgan • Kathy Najimy • Lynn Nottage • Sharmeen Obaid-Chinoy • Sharon Olds • Hanan al-Shaykh • Anna Deavere Smith • Diana Son • Monica Szlekovics • Robert Thurman • Betty Gale Tyson • Alice Walker • Jody Williams • Erin Cressida Wilson • Howard Zinn This groundbreaking collection, edited by author and playwright Eve Ensler, features pieces from “Until the Violence Stops,” the international tour that brings the issue of violence against women and girls to the forefront of our consciousness. These diverse voices rise up in a collective roar to break open, expose, and examine the insidiousness of brutality, neglect, a punch, or a put-down. Here is Edward Albee on S&M; Maya Angelou on women’s work; Michael Cunningham on self-mutilation; Dave Eggers on a Sudanese abduction; Carol Gilligan on a daughter witnessing her mother being hit; Susan Miller on raising a son as a single mother; and Sharon Olds on a bra. These writings are inspired, funny, angry, heartfelt, tragic, and beautiful. But above all, together they create a true and profound portrait of this issue’s effect on every one of us. With information on how to organize an “Until the Violence Stops” event in your community, *A Memory, a Monologue, a Rant, and a Prayer* is a call to the world to demand an end to violence against women. “In the current era, it takes some brain racking to think of anyone else doing anything quite like Ensler. She’s a countercultural consciousness-raiser, an empowering figure, a truth-teller.” –Chicago Tribune

*A Warm Children's Picture Book About Sibling's Emotions and Feelings (Jealousy, Anger, Children Emotional Management Illustration Book)* Mariner Books

"Five Tuesdays in Winter moved me, inspired me, thrilled me. It filled up every chamber of my heart. I loved this book." —Ann Patchett By the award-winning, New York Times bestselling author of *Writers & Lovers*, Lily King's first-ever collection of exceptional and innovative short stories *With Writers & Lovers* and *Euphoria*, Lily King's books catapulted onto bestseller and best-of-the-year lists across the country and established her as one of our most "brilliant" (New York Times Book Review), "wildly talented" (Chicago Tribune), and beloved authors in contemporary fiction. Now, for the first time ever, King collects ten of her finest short stories—half published in leading literary magazines and half brand new—opening fresh realms of discovery for avid and new readers alike. Told in the intimate voices of unique and endearing characters of all ages, these tales explore desire and heartache, loss and discovery, moments of jolting violence and the inexorable tug toward love at all costs. A bookseller's unspoken love for his employee rises to the surface, a neglected teenage boy finds much-needed nurturing from an unlikely pair of college students hired to housesit, a girl's loss of innocence at the hands of her employer's son becomes a catalyst for strength and confidence, and a proud nonagenarian rages helplessly in his granddaughter's hospital room. Romantic, hopeful, brutally raw, and unsparingly honest, some even slipping into the surreal, these stories are, above all, about King's enduring subject of love. Lily King's literary mastery, her spare and stunning prose, and her gift for creating lasting and treasured characters are on full display in this curated selection of short fiction. *Five Tuesdays in Winter* showcases an exhilarating new form for this extraordinarily gifted author writing at the height of her career.

**The Theory of Moral Sentiments** Villard

THE STORY: This two-character drama delves into the layers of power, fear and intimacy that exist between a traumatized soldier (and former military interrogator) and the female psychologist colonel who is assigned to give him routine treatment. TH

**Julián Is a Mermaid** Grove Press

“A remarkably well-researched and accomplished book.” —The New York Times Book Review “A wrenching, riveting book.” —Chicago Tribune In this deeply moving and myth-shattering work, Ann Fessler brings out into the open for the first time the astonishing untold history of the million and a half women who surrendered children for adoption due to enormous family and social pressure in the decades before *Roe v. Wade*. An adoptee who was herself surrendered during those years and recently made contact with her mother, Ann Fessler brilliantly brings to life the voices of more than a hundred women, as well as the spirit of those times, allowing the women to tell their stories in gripping and intimate detail.

*The Soul of an Octopus* Dramatists Play Service Inc

THE STORY: With *THE GOOD BODY*, Eve Ensler, author of *The Vagina Monologues*, turns her unique eye to the rest of the female form. Whether undergoing botox injections or living beneath burqas, women of all cultures and backgrounds feel compell

**The Secret Life of Girls Around the World** Pantheon

From her place in the store, Klara, an Artificial Friend with outstanding observational qualities, watches carefully the behaviour of those who come in to browse, and of those who pass in the street outside. She remains hopeful a customer will soon choose her, but when the possibility emerges that her circumstances may change for ever, Klara is warned not to invest too much in the promises of humans. In 'Klara and the Sun', Kazuo Ishiguro looks at our rapidly-changing modern world through the eyes of an unforgettable narrator to explore a fundamental question: what does it mean to love?

**The Girls Who Went Away** Knopf Books for Young Readers

Finalist for the National Book Award for Nonfiction \* New York Times Bestseller \* Starred Booklist and Library Journal Editors’ Spring Pick \* A Huffington Post Notable Nonfiction Book of the Year \* One of the Best Books of the Month on Goodreads \* Library Journal Best Sci-Tech Book of the Year \* An American Library Association Notable Book of the Year “Sy Montgomery’s *The Soul of an Octopus* does for the creature what Helen Macdonald’s *H Is for Hawk* did for raptors.” —New Statesman, UK “One of the best science books of the year.” —Science Friday, NPR Another New York Times bestseller from the author of *The Good Good Pig*, this “fascinating...touching...informative...entertaining” (The Daily Beast) book explores the emotional and physical world of the octopus—a surprisingly complex, intelligent, and spirited creature—and the remarkable connections it makes

with humans. In pursuit of the wild, solitary, predatory octopus, popular naturalist Sy Montgomery has practiced true immersion journalism. From New England aquarium tanks to the reefs of French Polynesia and the Gulf of Mexico, she has befriended octopuses with strikingly different personalities—gentle Athena, assertive Octavia, curious Kali, and joyful Karma. Each creature shows her cleverness in myriad ways: escaping enclosures like an orangutan; jetting water to bounce balls; and endlessly tricking companions with multiple “sleights of hand” to get food. Scientists have only recently accepted the intelligence of dogs, birds, and chimpanzees but now are watching octopuses solve problems and are trying to decipher the meaning of the animal’s color-changing techniques. With her “joyful passion for these intelligent and fascinating creatures” (Library Journal Editors’ Spring Pick), Montgomery chronicles the growing appreciation of this mollusk as she tells a unique love story. By turns funny, entertaining, touching, and profound, *The Soul of an Octopus* reveals what octopuses can teach us about the meeting of two very different minds.

**Klara and the Sun** Graywolf Press

"... a curriculum geared toward helping students gain skills in consciously regulating their actions, which in turn leads to increased control and problem solving abilities. Using a cognitive behavior approach, the curriculum's learning activities are designed to help students recognize when they are in different states called "zones," with each of four zones represented by a different color. In the activities, students also learn how to use strategies or tools to stay in a zone or move from one to another. Students explore calming techniques, cognitive strategies, and sensory supports so they will have a toolbox of methods to use to move between zones. To deepen students' understanding of how to self-regulate, the lessons set out to teach students these skills: how to read others' facial expressions and recognize a broader range of emotions, perspective about how others see and react to their behavior, insight into events that trigger their less regulated states, and when and how to use tools and problem solving skills. The curriculum's learning activities are presented in 18 lessons. To reinforce the concepts being taught, each lesson includes probing questions to discuss and instructions for one or more learning activities. Many lessons offer extension activities and ways to adapt the activity for individual student needs. The curriculum also includes worksheets, other handouts, and visuals to display and share. These can be photocopied from this book or printed from the accompanying CD."--Publisher's website.

*Frankenstein* Penguin

National Book Award finalist Sy Montgomery reflects on the personalities and quirks of 13 animals--her friends--who have profoundly affected her in this stunning, poetic, and life-affirming memoir featuring illustrations by Rebecca Green.

**Vagina Warriors** Dramatists Play Service Inc

*I Am A Big Sister Now: A Warm Children's Picture Book About Sibling's Emotions and Feelings (Jealousy, Anger, Children Emotional Management Illustration Book)* Curated by Jacqueline Belanger, PhD - *An Awesome Storybook to Help Little Kids Learn about Sisterhood, Family Love and New Beginnings!* Learn through this sweet story the meaning of sisterhood, changes and taking care of someone you love. Explore the challenges and blessings that come with a new baby on the way. A sister is a best friend for life! Enjoy this story through beautiful pictures and this amazing new journey for the family. - Produced and created by professional writers native in the English language. - Cool and fun hand drawn illustrations in every page! - Tons of fun for everyone in the family Order Now and Enjoy the Best Stories about Family, Sisterhood, and New Challenges!

*A Memory, a Monologue, a Rant, and a Prayer* Dramatists Play Service Inc

In this daring book, internationally acclaimed author and playwright Eve Ensler offers fictional monologues and stories inspired by girls around the globe. Fierce, tender, and smart, *I Am an Emotional Creature* is a celebration of the authentic voice inside every girl and an inspiring call to action for girls everywhere to speak up, follow their dreams, and become the women they were always meant to be. This edition features new material about starting a discussion group based on the book.

*The Apology* Dramatists Play Service Inc

In an exuberant picture book, a glimpse of costumed mermaids leaves one boy flooded with wonder and ready to dazzle the world. While riding the subway home from the pool with his abuela one day, Julián notices three women spectacularly dressed up. Their hair billows in brilliant hues, their dresses end in fishtails, and their joy fills the train car. When Julián gets home, daydreaming of the magic he’s seen, all he can think about is dressing up just like the ladies in his own fabulous mermaid costume: a butter-yellow curtain for his tail, the fronds of a potted fern for his headdress. But what will Abuela think about the mess he makes — and even more importantly, what will she think about how Julián sees himself? Mesmerizing and full of heart, Jessica Love’s author-illustrator debut is a jubilant picture of self-love and a radiant celebration of individuality.

*A Guide to Emotional Wellness* Penguin

One brave feline, exiled from her clan, must fight to survive in this PEN Award-winning author’s epic fantasy adventure about a tribe of prehistoric cats. Twenty-five million years in the past, a clan of sentient, prehistoric big cats called “the Named” have their own language, traditions, and law. Led by Meoran, the Named herd horses and deer for food. They keep order and peace, fending off predatory raiders—the UnNamed—from all sides. But, the battle has taken its toll, and the Named are skirting the edge of survival. Much to the displeasure of Meoran, a young female named Ratha discovers a powerful defense against the UnNamed. She calls it “the Red Tongue,” and it is a creature of incredible power. Red Tongue is fire, a force of both life and destruction that must be at once nurtured and tamed. Sensing that Ratha’s mastery of fire threatens his power, Meoran banishes her from the clan. As she travels out amongst the savage UnNamed, Ratha learns about both them and herself. But, her tribe needs her. Can she return? Will the Named survive constant attacks without the Red Tongue? Will the power of the Red Tongue change the clan forever? Acclaimed author Clare Bell crafts a serious coming-of-age story filled with adventure, triumph, and heartbreak. Perfect for readers of Jean M. Auel’s *The Clan of the Cave Bear*, Ratha’s Creature will have readers hooked and clamoring for more stories of these big, noble cats.

*The Treatment* Penguin

THE STORY: In *NECESSARY TARGETS*, two American women, a Park Avenue psychiatrist and an ambitious young writer, travel to Bosnia to help women refugees confront their memories of war. Though the two have little in common beyond the methods they use

**Picture Book About Anger Management And Dealing With Kids Emotions (Preschool Feelings) (World of Kids Emotions)** Simon and Schuster

On the island of Habit lives a very big creature who does the exact same things in the exact same order every day, but when a small creature comes along who wants to do something different every day, the creature of habit must learn to adapt.

[I Am A Big Sister Now](#) Candlewick Press

Can show-and-tell day be saved? It's show-and-tell day at school, and Sam and his friends are feeling lots of emotions. He wonders why he feels flippy in his tummy. And why is Alex stomping his feet? And does Hudson usually have such a big grin? After several unchecked feelings threaten to ruin the

big day, Sam and his friends start to learn how to give each emotion a name and ask God to help them remember that "a feeling is just a feeling—it's not in charge of you." In a world where kids are dealing with everything from sibling rivalry to bullying, divorce to tragedy, *What Am I Feeling?* offers a biblically grounded way for children to verbalize their feelings, develop empathy and self-control, and understand their wonderful God-given emotions. BONUS! Also includes a pull-out feelings chart for your wall! Go to [bhkids.com](http://bhkids.com) to find this book's Parent Connection, an easy tool to help moms and dads (or anyone else who loves kids) discuss the book's message with their child. We're all about connecting parents and kids to each other and to God's Word.

Related with I Am An Emotional Creature Eve Ensler:

- Toa Physical Therapy One City : [click here](#)