

# The Inmate A Gripping Psychological Thriller By Freida Mcfadden

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 Health and Incarceration  
 Confinement (Book #1 in the Love and Madness series)  
 Prisoners' Self-Help Litigation Manual

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## NEAL CASSIUS

*The Prisoner* Red Lightning Books  
 From Alan Gratz, the #1 New York Times bestselling author of *Refugee*, comes this wrenching novel about one boy's struggle to survive ten concentration camps during the Holocaust. Based on the inspiring true life story of Jack Gruener. 10 concentration camps. 10 different places where you are starved, tortured, and worked mercilessly. It's something no one could imagine surviving. But it is what Yanek Gruener has to face. As a Jewish boy in 1930s Poland, Yanek is at the mercy of the Nazis who have taken over. Everything he has, and

everyone he loves, have been snatched brutally from him. And then Yanek himself is taken prisoner -- his arm tattooed with the words PRISONER B-3087. He is forced from one nightmarish concentration camp to another, as World War II rages all around him. He encounters evil he could have never imagined, but also sees surprising glimpses of hope amid the horror. He just barely escapes death, only to confront it again seconds later. Can Yanek make it through the terror without losing his hope, his will -- and, most of all, his sense of who he really is inside? Based on an astonishing true story.

**Introduction to Forensic Psychology**  
 Bantam

With *Behind Closed Doors*, New York

Times bestselling author B. A. Paris took the psychological thriller to shocking new heights. Now she'll hold you captive with *THE PRISONER*—a stunning new thriller about one woman wed into a family with deadly intentions. Amelie has always been a survivor, from losing her parents as a child in Paris to making it on her own in London. As she builds a life for herself, she is swept up into a glamorous lifestyle where she married the handsome billionaire Ned Hawthorne. But then, Amelie wakes up in a pitch-black room, not knowing where she is. Why has she been taken? Who are her mysterious captors? And why does she soon feel safer here, imprisoned, than she had begun to feel with her husband Ned? In the vein of

Behind Closed Doors and *The Therapist*, multimillion-copy bestseller B. A. Paris is back with a gripping new suspense novel. *A Handbook for Correctional Psychologists* Academic Press

Thirty-one-year-old Natalie Price has a tough job. A superintendent in the Massachusetts prison system, she rules over inmates' lives just before they get released. She's had to fight hard to be taken seriously in this harsh world, a world that is mostly male--on both sides of the bars. But she believes in what she's doing, and she's good at it. Now, however, she gets the biggest challenge of her six-year career when a good friend, a college professor who was teaching one of Natalie's charges, is brutally murdered. Natalie had gone out on a limb to give this inmate, a convicted rapist named Dean Walsh, this opportunity, and it looks like Dean certainly made the most of it: He's the prime suspect. But he's not the only one, and Natalie's job--maybe even her life--rides on the investigation. Peppered with the gritty details of prison life, *Title* delivers a gripping, atmospheric story bursting with authenticity. All in all, *Killing Time* is an ambitious beginning to what promises to be an outstanding new crime fiction series.

#### **The Captives** CreateSpace

From the Amazon charts bestselling author of *The Snow Killer* comes a shocking thriller inspired by the true stories of a male prison officer in a women's prison. *Prisoner* is about how far the inmates will go to survive behind bars, and the temptations and trials the prisoner officers deal with every day. Join Ross Greenwood for an insider's glimpse into a secret world. Prison Officer Jim Dalton is used to walking the landings on the male side of Peterborough Prison. It's a dangerous place, fuelled by testosterone-driven violence, but he's done the job for a long time. He understands the unwritten rules, and he has the prisoners' respect. When a relative is sent to the jail, Dalton is transferred to the female side of the prison. His next shift is so easy, he can't believe that the officers over there get paid the same wages. He sleeps well for the first time in years. But when he is assigned to the young offenders' wing, dealing with female prisoners no longer seems so simple. As every day passes, and he gets to know the women better, he is slowly drawn in to new traps and a new nightmare. One which could destroy everything. Ross Greenwood returns with this shocking, page-turning and utterly compelling glimpse behind the bars of a women's prison. From a man who walked the landings himself... Praise for Ross

Greenwood: 'Move over Rebus and Morse; a new entry has joined the list of great crime investigators in the form of Detective Inspector John Barton. A rich cast of characters and an explosive plot kept me turning the pages until the final dramatic twist.' author Richard Burke 'Master of the psychological thriller genre Ross Greenwood once again proves his talent for creating engrossing and gritty novels that draw you right in and won't let go until you've reached the shocking ending.' Caroline Vincent at Bitsaboutbooks blog 'Ross Greenwood doesn't write clichés. What he has written here is a fast-paced, action-filled puzzle with believable characters that's spiced with a lot of humour.' author Kath Middleton

*Fish* Springer Science & Business Media The story of inmate, Jimmy Dorio, who is about to be released after more than three decades in a psychiatric prison, toggles back and forth from his life in prison to a brief stretch of his childhood, providing you with a unique view into the heart and mind of a complex, brilliant, and twisted individual. Jimmy's interactions with his doctors, fellow inmates and family members transports you deep into his world and is both deadly serious and wildly hysterical at the same time. Jimmy's voice will resonate with just about all of us, forcing you to reexamine your understanding of yourself, your daily reality and your role in society. Oh, and read carefully, because the story is never what it appears to be.

#### *Introduction to Forensic Psychology* Independently Published

When seventeen-year-old T. J. Parsell held up the local Photo Mat with a toy gun, he was sentenced to four and a half to fifteen years in prison. The first night of his term, four older inmates drugged Parsell and took turns raping him. When they were through, they flipped a coin to decide who would "own" him. Forced to remain silent about his rape by a convict code among inmates (one in which informers are murdered), Parsell's experience that first night haunted him throughout the rest of his sentence. In an effort to silence the guilt and pain of its victims, the issue of prisoner rape is a story that has not been told. For the first time Parsell, one of America's leading spokespeople for prison reform, shares the story of his coming of age behind bars. He gives voice to countless others who have been exposed to an incarceration system that turns a blind eye to the abuse of the prisoners in its charge. Since life behind bars is so often exploited by television and movie re-enactments, the real story has yet to be

told. *Fish* is the first breakout story to do that.

*The Inmate Of The Dungeon* Penguin WINNER OF THE NATIONAL BOOK CRITICS CIRCLE AWARD FOR NONFICTION • An acclaimed journalist sets a new standard for bold, in-depth reporting in this first-hand account of life inside the penal system at Sing Sing. "Newjack is about as good as it gets—by turns gripping, funny, frightening, and sad." —The Washington Post Book World When Ted Conover's request to shadow a recruit at the New York State Corrections Officer Academy was denied, he decided to apply for a job as a prison officer himself. The result is an unprecedented work of eyewitness journalism: the account of Conover's year-long passage into storied Sing Sing prison as a rookie guard, or "newjack." As he struggles to become a good officer, Conover angers inmates, dodges blows, and attempts, in the face of overwhelming odds, to balance decency with toughness. Through his insights into the harsh culture of prison, the grueling and demeaning working conditions of the officers, and the unexpected ways the job encroaches on his own family life, we begin to see how our burgeoning prison system brutalizes everyone connected with it. An intimate portrait of a world few readers have ever experienced, *Newjack* is a haunting journey into a dark undercurrent of American life.

#### **Mentor the Kid and the CEO** Cambridge University Press

*Prison Time*, the sequel to *Hard Time*, is the story of Shaun Attwood's journey through the Arizona Department of Corrections and his deportation to England. Sentenced to nine years in Arizona's state prison for distributing Ecstasy, 'English Shaun' Attwood finds himself living among gang members, sexual predators and drug-crazed psychopaths. After being attacked by a 20-stone California biker in for stabbing a girlfriend, Shaun writes about the prisoners who befriend, protect and inspire him. They include T-Bone, a massive African American ex-Marine who risks his life saving vulnerable inmates from rape, and Two Tonys, an old-school Mafia murderer who left the corpses of his rivals from Tucson to Alaska. They teach Shaun how to turn incarceration to his advantage, and to learn from his mistakes. Resigned to living alongside violent, mentally-ill, and drug-addicted inmates, Shaun immerses himself in psychology and philosophy to try to make sense of his past behaviour, and begins applying what he learns as he adapts to prison life. Encouraged by Two Tonys to explore

fiction as well, Shaun reads over a thousand books which, with support from brilliant psychotherapist Dr. O, speed along his personal development. As his ability to deflect daily threats improves, Shaun begins to look forward to his release with optimism and a new love waiting for him. Yet the words of Aristotle from one of Shaun's books will prove prophetic: 'We cannot learn without pain'.  
**Behind Bars** Minotaur Books  
 Correctional psychology is an area of specialization that has recently enjoyed explosive growth along with the burgeoning United States prison population and the renewed interest in providing correctional rehabilitation programs that reduce inmate recidivism. This completely revised and updated second edition continues to provide an overview of empirical findings and practices in the field. The text focuses specifically on the psychologist's role within a correctional setting and clarifies the differences in working with inmates and correctional staff from populations more commonly encountered.

**The Environmental Psychology of Prisons and Jails** Da Capo Press

A gripping, twisty thriller from Freida McFadden, the New York Times and USA Today bestselling author of *The Housemaid* and *The Housemaid's Secret!* There are three rules Brooke Sullivan must follow as a new nurse practitioner at a men's maximum-security prison: 1) Treat all prisoners with respect. 2) Never reveal any personal information. 3) Never EVER become too friendly with the inmates. But none of the staff at the prison knows Brooke has already broken the rules. Nobody knows about her intimate connection to Shane Nelson, one of the penitentiary's most notorious and dangerous inmates. And they certainly don't know that Shane was Brooke's high school sweetheart--the star quarterback who is now spending the rest of his life in prison for a series of grisly murders. Or that Brooke's testimony was what put him there. But Shane knows. And he will never forget.

**Newjack** Vintage

What happens to a successful woman when her world falls apart and she is faced with betrayal, breast cancer, and prison? What happens when her pain is unimaginable and her choices look bleak. When all this happened to Sue Ellen Allen, she chose to turn her pain into power. The death of Gina, her young roommate, coupled with an atmosphere of darkness and negativity, led her to find her passion and purpose behind the bars. Her experience of cancer, prison, and Gina's

death is an inspirational story of courage, wisdom, and choices.

**One By One** Springer Nature

Stranded on Mars with seven other convicts, one man must fight for survival on a planet where everyone's a killer in this edge-of-your-seat science fiction thriller for fans of *The Martian*. Former architect Frank Kittridge is serving life for murdering his son's drug dealer, so when he's offered a deal by the corporation that owns the prison -- he takes it. He's been selected to help build the first permanent base on Mars. Unfortunately, his crewmates are just as guilty of their crimes as he is. As the convicts set to work on the frozen wastes of Mars, the accidents multiply. Until Frank begins to suspect they might not be accidents at all . . .  
**Dr. S. J. Morden** trained as a rocket scientist before becoming the author of razor-sharp, award-winning science fiction. Perfect for fans of Andy Weir's *The Martian* and Richard Morgan, *One Way* takes off like a rocket, pulling us along on a terrifying, epic ride with only one way out.

**Eight by Ten** Poisoned Pen Press

One by one, they will get what they deserve... "I stayed up all night reading this book and loved it!" --Amazon  
 A night spent sleeping on dirt and leaves is not how Claire Matchett expected to spend her vacation. She thought this would be a break from the stresses of work and raising her young children. A chance to repair her damaged marriage. A week of hiking and hot tubs with two other couple friends. It sounded like heaven. Then Claire's minivan breaks down on a lonely dirt road. With no cell reception, the group has no choice but to hike the rest of the way to their hotel. But it turns out the woods aren't as easy to navigate as they thought. Hours later, they are lost. Hopelessly lost. And as they navigate deeper into the woods, the members of their party are struck down mysteriously one by one. Has a wild animal been hunting them? Or is the hunter one of them? But as more time passes, one thing becomes clear: Only one of them will return home alive.

**Prisoner** Random House

DigiCat Publishing presents to you this special edition of "The Inmate Of The Dungeon" (1894) by W. C. Morrow. DigiCat Publishing considers every written word to be a legacy of humankind. Every DigiCat book has been carefully reproduced for republishing in a new modern format. The books are available in print, as well as ebooks. DigiCat hopes you will treat this work with the acknowledgment and passion it deserves as a classic of world literature.

**Prison Time** Independently Published  
 Encyclopedia of Mental Health, Second Edition, Four Volume Set tackles the subject of mental health, arguably one of the biggest issues facing modern society. The book presents a comprehensive overview of the many genetic, neurological, social, and psychological factors that affect mental health, also describing the impact of mental health on the individual and society, and illustrating the factors that aid positive mental health. The book contains 245 peer-reviewed articles written by more than 250 expert authors and provides essential material on assessment, theories of personality, specific disorders, therapies, forensic issues, ethics, and cross-cultural and sociological aspects. Both professionals and libraries will find this timely work indispensable. Provides fully up-to-date descriptions of the neurological, social, genetic, and psychological factors that affect the individual and society. Contains more than 240 articles written by domain experts in the field. Written in an accessible style using terms that an educated layperson can understand. Of interest to public as well as research libraries with coverage of many important topics, including marital health, divorce, couples therapy, fathers, child custody, day care and day care providers, extended families, and family therapy.

**The Prisoner** Mentor Hope Publishing  
 Bestselling author Sebastian Fitzek sends you on an ingeniously disturbing journey with his brand new psychological thriller. A missing child. A desperate father. A terrible secret. Guido T has already confessed to two horrific child murders and led Berlin police to the bodies. The police are sure he is also the kidnapper and murderer of six-year-old Max, who disappeared without trace a year ago. But now the killer is staying silent. The investigators have no reliable evidence, so Max's parents have no certainty and are unable to say goodbye to their son. Everything changes when one investigator makes an unbelievable offer: he can have Max's father placed in the psychiatric prison hospital where Guido T is imprisoned -- as a fake patient. Max's father agrees. He plans to force the child killer into a confession. Because nothing is worse than uncertainty. Or so he thinks. Until he, as an inmate, learns the gruesome truth... Reviewers on Sebastian Fitzek: 'Fitzek's thrillers are breathtaking, full of wild twists' Harlan Coben 'Fitzek is without question one of the crime world's most evocative storytellers' Karin Slaughter

**Introduction to Forensic Psychology**

Ecco

A stunning account of life behind bars at the federal penitentiary in Leavenworth, Kansas, where the nation's hardest criminals do hard time. "A page-turner, as compelling and evocative as the finest novel. The best book on prison I've ever read."—Jonathan Kellerman The most dreaded facility in the prison system because of its fierce population, Leavenworth is governed by ruthless clans competing for dominance. Among the "star" players in these pages: Carl Cletus Bowles, the sexual predator with a talent for murder; Dallas Scott, a gang member who has spent almost thirty of his forty-two years behind bars; indomitable Warden Robert Matthews, who put his shoulder against his prison's grim reality; Thomas Silverstein, a sociopath confined in "no human contact" status since 1983; "tough cop" guard Eddie Geouge, the only officer in the penitentiary with the authority to sentence an inmate to "the Hole"; and William Post, a bank robber with a criminal record going back to when he was eight years old—and known as the "Catman" for his devoted care of the cats who live inside the prison walls. Pete Earley, celebrated reporter and author of *Family of Spies*, all but lived for nearly two years inside the primordial world of Leavenworth, where he conducted hundreds of interviews. Out of this unique, extraordinary access comes the riveting story of what life is actually like in the oldest maximum-security prison in the country. Praise for *The Hot House* "Reporting at its very finest."—Los Angeles Times "The book is a large act of courage, its subject an important one, and . . . Earley does it justice."—The

Washington Post Book World "[A] riveting, fiercely unsentimental book . . . To [Earley's] credit, he does not romanticize the keepers or the criminals. His cool and concise prose style serves him well. . . . This is a gutsy book."—Chicago Tribune "Harrowing . . . an exceptional work of journalism."—Detroit Free Press "If you're going to read any book about prison, *The Hot House* is the one. . . . It is the most realistic, unbuffed account of prison anywhere in print."—Kansas City Star "A superb piece of reporting."—Tom Clancy **Criminal Psychology** Scholastic Inc.

The past fifteen years have seen dramatic growth in imprisonment in the UK, yet our understanding of the lives and experiences of prisoners remains limited. Drawing on in-depth interviews with prisoners, this book aims to redress this by providing insight into various aspects of the lives of prisoners and their experiences of incarceration.

*Write A Prisoner Orbit*

"A haunting and harrowing indictment . . . [a] significant achievement." —The New York Times Book Review L.A. Times Book Prize Finalist \* New York Times Book Review Paperback Row \* Time Best New Books July 2020 *Waiting for an Echo* is a riveting, rarely seen glimpse into American jails and prisons. It is also a damning account of policies that have criminalized mental illness, shifting large numbers of people who belong in therapeutic settings into punitive ones. Dr. Christine Montross has spent her career treating the most severely ill psychiatric patients. This expertise—the mind in crisis—has enabled her to reckon with the human stories behind mass incarceration. A father

attempting to weigh the impossible calculus of a plea bargain. A bright young woman whose life is derailed by addiction. Boys in a juvenile detention facility who, desperate for human connection, invent a way to communicate with one another from cell to cell. Overextended doctors and correctional officers who strive to provide care and security in environments riddled with danger. Our methods of incarceration take away not only freedom but also selfhood and soundness of mind. In a nation where 95 percent of all inmates are released from prison and return to our communities, this is a practice that punishes us all.

[Encyclopedia of Mental Health](#) Oxford University Press

*A Grip of Time* (prison slang for a very long sentence behind bars) takes readers into a world most know little about—a maximum-security prison—and into the minds and hearts of the men who live there. These men, who are serving out life sentences for aggravated murder, join a fledgling Lifers' Writing Group started by award-winning author Lauren Kessler. Over the course of three years, meeting twice a month, the men reveal more and more about themselves, their pasts, and the alternating drama and tedium of their incarcerated lives. As they struggle with the weight of their guilt and wonder if they should hope for a future outside prison walls, Kessler struggles with the fiercely competing ideas of rehabilitation and punishment, forgiveness and blame that are at the heart of the American penal system. Gripping, intense, and heartfelt, *A Grip of Time: When Prison Is Your Life* shows what a lifetime with no hope of release looks like up-close.

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