

Basic Soccer Strategies For Successful Player And Program Development

A Coach's Guide to Successful Soccer Practices
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ANGIE DECKER

A Coach's Guide to Successful Soccer Practices Human Kinetics Publishers
 This book provides a comprehensive overview of the terms, principles & strategies of modern soccer & the roles of all players in both the defensive & offensive phases. In his discussion of offense, the author addresses the role of the player with the ball & his various options as well as the players without the ball & their necessary supporting movements. Defensively, the role of the player defending the man in possession is analyzed as well as the organization of the defenders not marking the ball. The concepts of depth, penetration & encompassing movements on offense & forcing, covering & marking on defense are explained & clearly diagrammed. This is a valuable coaching reference for both new & experienced coaches. :
101 Great Youth Soccer Drills Abiproduct Pty Limited

Train like the World Champions! Over the past few years, a new trend has become ever more prominent in the soccer world: passing often, fast, and including all players in the game. Combining this with their own personal style, we have seen teams reach new heights of success from FC Barcelona to Bayern Munich and Borussia Dortmund and, most recently, the German National Team at the 2014 World Cup in Brazil. But what does it take to learn this 'art' of passing? What are the methodological and technical requirements for becoming the new Schweinsteiger, Messi, or Neuer? In this book, the only of its kind, two German League certified coaches have created the ultimate guide to passing. Using the "Hyballa-te Poel-Passing-Puzzle," they present every type of pass there is in modern soccer, with lots of drills for each type. From the goalkeeper to the center forward, everyone can learn passing with these exercises.
Soccer Routledge
 Presents progressive instruction on soccer techniques and team tactics, providing illustrated descriptions and over 155 drills.
Creative Soccer Training Tetsuya T. Yamamoto

The key to successful coaching is getting your players to make successful decisions on the field. Skills and Strategies for Coaching Soccer gives you the tools to do just that. You'll have access to 120 drills for teaching skills and techniques; more importantly, you'll know how to develop these skills in realistic game situations with beginning, intermediate, and advanced players. Essential skills are presented, including collecting and controlling, passing, dribbling, kicking, heading, goalkeeping, and the throw in. But the unique feature of this book is for each skill presented, you'll find drills for players at different levels of development. And no one knows the importance of skill development better than Alan Hargreaves--one of England's top soccer coaches. He has coached 5-year-olds to pros, using the same skills and techniques presented in this book. With Skills and Strategies for Coaching Soccer, you'll learn the what, how, and why of soccer through: - offensive moves and countering defensive moves, - 120 drills for beginning, intermediate, and advanced players, - coaching points for each drill, - a fitness program for soccer, - sample game situations and how to coach in those situations, - 246 high-quality illustrations of field diagrams and skill execution, and - methods of coaching that are appropriate for individuals or groups. You'll also find

information on how the modern systems of soccer play have evolved since 1870 as well as how to be effective with your pre-game, half-time, and post-game talks. Skills and Strategies for Coaching Soccer is essential for: - Beginning coaches - will receive a comprehensive introduction to soccer and soccer coaching. - Team coaches - will have immediate access to new drills, new tactics, and fitness tests used with Olympic players, as well as advice on team management and systems of play. This hands-on guide will also prove useful for: - College and university students - will learn all the essentials of coaching soccer effectively. - Teachers and lecturers - will gain a detailed reference source for new skills and drills to use when preparing their lessons. Skills and Strategies for Coaching Soccer presents all of this information in a style that combines the concern for the dignity of the individual with a love for the manner in which the game is played. Alan Hargreaves believes in this coaching philosophy--a philosophy that through experience has proven to be effective in producing winning teams. It's all part of the time-tested formula that makes Skills and Strategies for Coaching Soccer an indispensable guide for soccer coaches in any setting.

Fun Soccer Drills That Teach Soccer Skills to 5, 6, and 7 Year Olds Human Kinetics

The key to successful coaching is preparing your players to make intelligent decisions on the field. For years, the best-selling Skills & Strategies for Coaching Soccer has helped coaches of every level do just that. Now, soccer's premier coaching resource has been updated and expanded to provide you with more insights into developing individual talent, team tactics, and winning play. Skills & Strategies for Coaching Soccer provides you with over 125 drills for teaching skills and techniques. You'll also learn how to develop these skills in realistic game situations with beginning, intermediate, advanced, and all-star players. Essential skills are presented, including collecting and controlling, passing, dribbling, kicking, heading, and goalkeeping. You'll then apply those individual skills with attacking and defensive tactics, team formations, and set pieces. With Skills & Strategies for Coaching Soccer, you'll learn the what, how, and why of soccer through these essentials: Over 125 drills for beginning, intermediate, advanced, and all-star players Progressing basic drills into realistic, competitive situations Tactics in attack and defense Tactics in set plays Team management Mental and physical preparation for games Handling problem players and parents Fitness and conditioning Preparing and developing coaching sessions Establishing a coaching philosophy Skills & Strategies for Coaching Soccer is an invaluable guide for coaching any team in any setting. The best team doesn't always win—but it usually does.

[Create a World Class Soccer Defense](#) Meyer & Meyer Verlag

The A Coach's Guide to Successful Soccer Practices: Drills and Activities to Create Champions is comprised of eight chapters with over eighty drills covering basic skills, small complete games, and fitness activities. Also included are skill ideas for youngsters, warm-up activities, circuit training information, and more. The drills and activities can benefit an experienced coach, an interested parent, or an assistant coach. The drills/activities: * Are coded by the number of players needed—a concept omitted in most soccer books* Are great for players of all skill levels* Have diagrams that are clear, uncluttered, and explained in everyday language* Can be used inside or outside and require small areas * Are ideal for coaching young players* Includes ideas for teaching skill techniques* Are ideal for today's electronic devices. * Provides challenging and competitive soccer drills that make even novice coaches' practices successful* Keep a players interested thus giving an additional benefit of freeing the coach for individual guidance and instruction Suppose this happens to you. "Mommy, Daddy, if you don't coach us, then we can't have a team." The words bring terror to a parent's heart. You don't know anything about coaching soccer. Or you might think, "I played some soccer when I was a kid, but coaching—where do I start?" Now instead of feeling frustrated, you have A Coach's Guide to Successful Soccer Practices: Drills and Activities to Create Champions, which can give you direction and guidance in coaching Soccer Systems and Strategies Xsports.com

Meyer & Meyer Premium—At Meyer & Meyer we make no compromises to present the best in sports content. Go for Gold! Creative Soccer Training includes 350 modern practical games and drills that build on basic playing skills. Foregoing theoretical introductions, the authors focus on presenting comprehensive exercises and particular skills that go beyond standard training. This book includes a great variety of creative training exercises that will form intelligent soccer players. Numerous graphics help soccer coaches implement training content with their own team in a simple and fast way. The practice-oriented design additionally makes this compilation an optimal resource for training players at advanced levels.

The Baffled Parent's Guide to Coaching 6-and-Under Soccer Lulu.com

This book provides 117 drills for teaching soccer skills through fun, easy to use games. The drills

are designed to teach the fundamentals of soccer in an enjoyable, positive manner that keeps children focused, engaged, and entertained. Your team will get a great workout, maximum touches on the ball, and develop the basic soccer skills needed to be successful soccer players. Whether you have never coached soccer before or are an experienced coach, you will find useful drills in this book to hold the attention of 5, 6, and 7 year olds! In addition to the 117 soccer drills found in this book you will find 107 variations so there is always a fresh way to teach or reinforce a skill. Topics covered: Warm up, Dribbling, Defending, Passing, Receiving, Long Kicks, Shooting, Team Play, Throw-ins

[Create a World Class Soccer Defense](#) Human Kinetics

Are you tired of your opponents running circles around you? Do you wish you could score more goals? Whether you want to (1) have better soccer skills, (2) kick the ball with more force and accuracy, or (3) be a valued member of your team, this book will teach you everything you need to know. Don't let the other team embarrass you on the field. Soccer can be one of the most rewarding games in the world. It is an extremely fun and exciting game filled with strategy, intrigue and action. Being good at soccer can be a long road of blood, sweat and tears, but it is all worth it when you can perform to the best of your abilities and help your team win! You will be amazed at how far a few basic skills will carry you once they have been totally mastered. Learn how to build up incredible soccer skills by following the easy to follow and detailed instructions in this book. Keep yourself physically poised to play. Physical conditioning is the foundation for any sport, but especially for the fast-moving game of soccer. Your physical fitness level will determine how long you can play at a high level without risking injury. The better your cardiovascular and muscular strength is, the better your overall playing ability will be. I wrote this book so that you would have the nutritional knowledge and the training wisdom to prepare yourself physically and mentally for the game. In this book you will find the best exercises and training plans to get and keep yourself at the top of your game, both in season and off season. Develop your soccer brain. Soccer can be very complicated and difficult to master, especially as the competition increases. The tougher the competition, the more important it is to have your head on straight before you hit the field. You will find in this book a host of strategies you can easily apply to shape your thinking and build your confidence, strategies that can set you up to play at your very best. Because the game relies on physical skill, it is easy to overlook the mental skills that make it possible to instantaneously assess and adjust your strategy to meet the split-second needs of the game. Sharpen your mental game and watch your game play improve. Boost your positional skills. Whatever position you play, there are essential skills you must have under your belt that are specific to that position. I have provided targeted exercises and tactical notes for each position on the field. Focus on those skills and playing tactics, and you will soon be striking fear into the hearts of your opponents. What will you learn about soccer? Professional mental strategies to boost your game. How to improve your striking skills. The best nutrition, supplements and foods for soccer players. Success strategies for each soccer position. Exercises and drills that will increase both your skill and strength. You Will Also Discover: How to prepare for games the right way. How to play soccer intelligently and strategically to maximize your success potential. How to be an overall better player. How to be a highly valued team member. Boost your soccer skills and be the star player! Buy It Now!

Soccer is a Thinking Game Human Kinetics

This third volume in the best-selling "Dutch Soccer School Drills" series focuses on individual skill development, conditioning, and match situation training. These drills will improve your players in every facet of their games and make your practice sessions both stimulating and effective. Each drill features a clear diagram and description, an objective, coaching points, and possible variations.

Soccer McGraw Hill Professional

In order to achieve the result you're aiming for, you have to have a plan. In soccer, you need a match plan. Some of the most successful soccer coaches devise match plans for every one of their team's matches. A match plan describes a strategy that is used to be ideally prepared for the next match and be able to react to shifts in tactics or to particular match situations. This book aims to provide every soccer aficionado with a practical insight into the topics of match ideas, tactics, match systems and match plans using easy-to-understand language. On that basis, the author identifies advantages and disadvantages of various formations utilized by top teams and then uses match plans to analyze how those formations can be defeated in play.

Successful German Soccer Tactics Reedswain Inc.

A collection defensive and offensive soccer strategies.

Advanced 8v8 Soccer Allyn & Bacon

Soccer Strategies for Sustained Coaching Success is a unique book about coaching soccer. In it, Ashu Saxena shares successful secrets for long-term player development, which is a current hot topic in the soccer world. This is a special resource that combines credibility, experiences of a coach who has coached U9-U19 age groups, and comprehensive coverage of coaching soccer.

Essential Soccer Skills Reedswain Inc.

"I wish that this book had been published several years ago when I was assistant coaching my daughter's team. It has a wealth of useful insights for both the nonsoccer coach as well as the seasoned one." -Katy Hwostow, recreational soccer player turned soccer mom, Centreville, Virginia Now you can take your coaching—and your team—to the next level with this innovative and down-to-earth approach to coaching youth soccer. Most soccer coaching guides are nothing more than a boring encyclopedia of soccer drills that do little to help you become successful. Seasoned youth soccer coaches Darren McKnight and Radovan Pletka combine their experience to examine issues critical to your success, including teaching techniques, organization, and communication. They also deliver helpful tips for managing expectations and dealing with many types of parents and personalities. Soccer-specific topics focus on evolutionary, results-driven drills, skills improvement, positioning, teamwork, and the overarching axiom that what you do without the ball is more important than what you do with the ball. Written for novice parents whose kids are begging them to coach their team, this must-have guide also provides fresh ideas for long-time soccer coaches. With Soccer Is a Thinking Game, you'll be ready to kick off a winning season!

[Understanding Soccer](#) Soccertactics.com

An Olympic coach tells how to lead the team to victory. This is the first and best handbook for mastering both the "soft" conceptual skills of coaching youth soccer—such as good sportsmanship and dealing with parents—to the tactical skills of executing winning offensive and defensive strategies.

How To Improve Your Soccer Team Players - Elite Book For Elite Player Penguin

A PAPERBACK ORIGINAL A games-based alternative to tedious rote exercises, guaranteed to keep practices fun, engaging, and productive Great Soccer Drills provides soccer coaches with a great way to make every soccer practice active, fun, and productive. Coaches get 125 games guaranteed to keep kids moving and excited while teaching them basic skills, sharpening their reflexes, and building their confidence and decision-making ability. Written by two of North America's foremost names in youth soccer coaching, it also includes guidelines on how to create just the right blend of drills to hold the attention of six- to twelve-year-old players. Great Soccer Drills can be used in conjunction with the bestselling Coaching Youth Soccer: A Baffled Parent's Guide or as an excellent stand-alone resource for spicing up any practice.

Soccer International Marine/Ragged Mountain Press

America's best soccer coaches share their favorite drills with you in >Select Soccer Drills>. Widely known soccer coaches John Reeves and Malcolm Simon have compiled 125 drills from successful male and female coaches--national champions, coaches of the year, national and international leaders. The result is a convenient, easy-to-use guide for every coach, whether you're a novice or a seasoned pro.>Select Soccer Drills> gives you a wealth of new ideas to help keep practices productive and players motivated, whether you're supplementing your current drills or building a complete program. The 125 drills cover every aspect of the game, and many include variations that you can use to prepare for different situations or to adapt the difficulty to your players' abilities. The drills develop not only your players' basic skills, but also their ability to handle real game situations. These drills will help them start to think like soccer players.>Select Soccer Drills> is easy for coaches from youth to college leagues to use. Each drill is fully diagrammed and presented in an easy-to-read manner that shows you at a glance:- what skills or movements are emphasized,- the recommended playing area,- how many players are needed, and- what equipment is necessary. Plus, the book's unique Drill Finder chart that makes it fast and easy to find exactly the drills you need to emphasize important skills.>Select Soccer Drills> is an invaluable reference that makes it easy for you to plan practices and helps you develop strong, well-rounded players.

Coaching Little Kid Soccer BornIncredible.com

101 Great Youth Soccer Drills is an exhaustive collection of the very best drills available, providing a solid foundation for you to build your players' skills. Filled with simple step-by-step instructions and diagrams, plus a sample practice program, this encyclopedia of drills provides you with solid

skill-building fundamentals as well as the advanced techniques you need to get your players in top form.

Skills and Strategies of Successful Soccer Randal Erman

"Scott and David have done a fantastic job getting into the psyche of these very young players. What I really love is their emphasis on FUN, and that kids learn by DOING. This book will make a great extra assistant as you prepare for your season."—Bobby Clark, Head Soccer Coach, University of Notre Dame; author of the best-selling Coaching Youth Soccer: The Baffled Parent's Guide Coach. You're the new coach of your child's soccer team, and you're not sure how to teach your players the fundamentals of soccer while also ensuring they have fun. Don't panic—Coaching 6-and-Under Soccer is here to help. Coaching 6-and-Under Soccer offers straightforward advice, tips, and techniques, including reward-based games and drills; your first six practices in an easy-to-photocopy format; and how to teach soccer basics to 4-, 5-, and 6-year-olds in ways that are fun for you and your players. This complete tool kit for a new coach includes: The twelve easy-to-run drills that work best with young soccer players How to keep your young players happy and active while they learn How to make parents your best assistants and supporters How to keep the focus where it belongs—not on winning or losing, but on having fun How to have a terrific time coaching

young players "Coaching 6-and-Under Soccer shows you how to teach your young players the right way—through lively games that encourage kids to use their creativity and self-expression when playing."—Brandi Chastain, Olympic and World Cup Soccer Champion; author of It's Not About the Bra: Play Hard, Play Fair, and Put the Fun Back into Competitive Sports "I have no doubt that young players will come to love the game of soccer if their coaches follow the simple, straightforward advice in this book."—Anson Dorrance, Head Women's Soccer Coach, University of North Carolina; author of The Vision of a Champion: Advice and Inspiration from the World's Most Successful Women's Soccer Coach "I highly recommend this terrific book to coaches who want to instill good sportsmanship and the love of the game in their young players while building a solid foundation in basic soccer skills and teamwork."—Jeremy Gunn, Head Men's Soccer Coach, Fort Lewis College

Basic Soccer Drills for Kids International Marine/Ragged Mountain Press

Do you want to learn how to improving your defensive game? Or looking for ways to solidify your team's defense? This book is your answer. As was said by a great soccer manager, 'Offense wins games; defense wins titles'. This is the case with every level of the professional and amateur game in all countries across the globe. Although there is a correlation between scoring the most goals and winning leagues, it does not seem to be quite as strong as having a watertight defense. So, we

might conclude that while scoring goals thrills the crowd and helps a team to win, to be a champion it is even more important that the defense is as strong as it can possibly be. We hope that we have made our case. Defense is key to a team's success. But there is another important reason for this coaching book on a team's defensive unit. We can coach attacking play; set moves, individual skills and so forth can all help a team to create and score chances. However, goals often result from a touch of magic. The thirty-yard screaming shot; the piece of dribbling brilliance, the through pass hit with precision and vision. These are hard attributes to train. Or they can result from an error by the opposition. A mishit clearance, a goal keeping mistake, a positional defect or communication lapse. Consistent training and coaching can make a bigger impact with defense than can be with offensive players. Movement that becomes second nature, knowledge, technique, experience and positional awareness - allied to teamwork and communication - these are the elements that come together to produce a defense hard to breach. They are all factors which the coach can improve with their team through drills, team and individual coaching. It is true, if not often said, that attackers thrill the crowd while defenders win matches, at whatever level we play the game, from professional to Under ten teams playing on a Sunday morning. And it is there, with the match winning defense, that a coach earns his salt.

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